

# Frailty and Urgent Care Meeting 2025

## 14 March

### Glasgow & Online (Hybrid meeting)

#### Five top tips for getting the most out of your meeting:

#### 1. Record your attendance

**Online:** Record by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name. Each day you attend you will need to scan in.

You will receive a CPD certificate for the days you have joined ‘live’ online only. **Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.**

#### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

#### 3. Visit our sponsors

Please review the symposia in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

#### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGScnf](#).

#### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

#### With grateful thanks to our sponsors:

Our sponsors have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

## Why this conference?

This event is intended for clinicians and healthcare professionals working with older people with frailty in acute and community settings.

The day will include keynote presentations from experts on identifying frailty, as well as prevention and treatment approaches for those with frailty,

The day will include interactive sessions demonstrating how services are developing to best meet older people's healthcare needs and work within the confines of resources available. best practice approaches available

We hope you will make contacts and start collaborations which will continue on from this meeting.

## Who should attend?

The meeting will be of benefit to all healthcare professionals involved in emergency medicine, acute medicine and geriatric medicine, as well as those delivering healthcare of older people.

- Consultants in Geriatric Medicine
- SAS grade Doctors
- Resident doctors in particular Specialist Registrars (StRs) in Geriatric Medicine and related specialties
- Nurses including Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Pharmacy professionals
- Researchers into ageing and age-related conditions
- Medical Students

## Aims

Further attendee's overall knowledge and understanding of best practice in urgent and proactive care for older people living with frailty

- Improve attendee's skills in the urgent treatment and care of older people living with frailty
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

## KEYNOTE



### Guest Lecture

#### Professor Ken Rockwood

Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health

Kenneth Rockwood, OC, MD, FRCPC, FRCP, is Professor of Medicine (Geriatric Medicine & Neurology) and Clinical Research Professor of Frailty and Aging at Dalhousie University. A leading authority on frailty, he has key roles on numerous studies in Canada and elsewhere. Ken received his MD from Memorial University in St. John's, NL, completed training in Internal Medicine at the University of Alberta, and in Geriatric Medicine from Dalhousie University.

Recently Ken was honoured by being made an Officer of the Order of Canada, awarded to people who have demonstrated outstanding service to Canada and Canadians.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

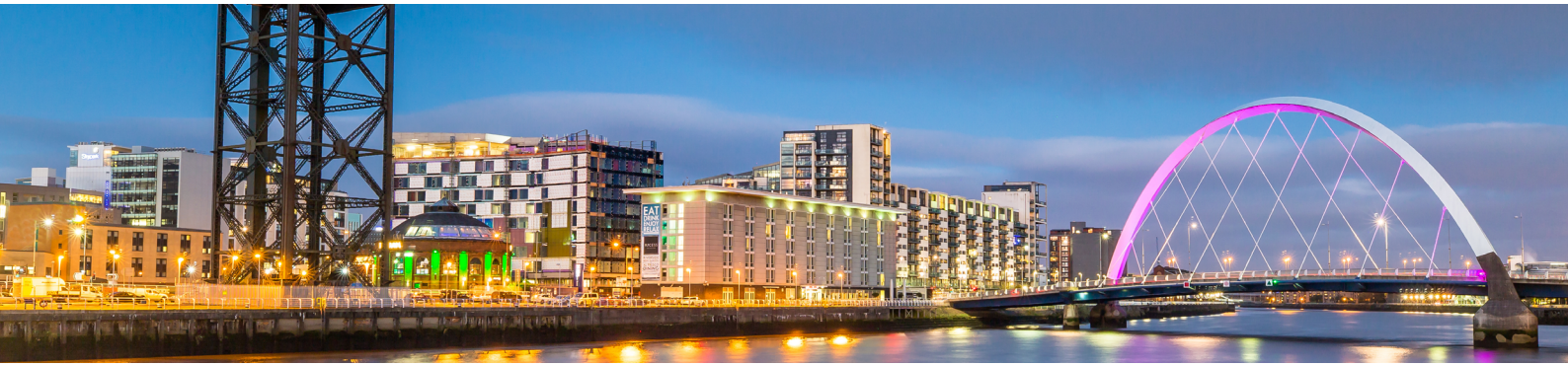
- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online ([www.bgs.org.uk/25UFC](http://www.bgs.org.uk/25UFC)) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



## Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.



Accommodation in recent years has increased in costs and this year keeping costs low is important.

To secure the best accommodation within your budget we recommend you book as early as possible, other events are taking place in Glasgow during the week and hotels are busy.

[Click here to see available options and rates](#) for available options and rates

Other sites and booking directly with the hotels may be cheaper - please do shop around.  
BGS members can also access preferential rates at the Hilton chain using the details below.

## HILTON

- Log on to [www.hilton.com](http://www.hilton.com)
- Put in the location and dates
- Click on advanced search
- Click on 'Add a special rate code'
- In the corporate account box, type in **113011292**

Use the table below to help plan how you will spend your time at the conference. More detailed information about the sessions in each stream can be found on the following pages.

STREAM 1	
8.30	Registration
9.15	Opening Address
9.30 - 11.00	Getting it Right (First Time?) How to best deliver Urgent Care of Older People Services
11.00	Free time
11.30 - 13.00	Developing our frailty knowledge and workforce skills
13.00	
13.00	<b>Lunch and posters</b> Join colleagues over lunch to catch up
14.00 - 15.00	<b>KEYNOTE</b> Professor Ken Rockwood
15.00	Free time
15.30- 17.00	Improving outcomes for older people with Frailty – Case Studies

09.15 Opening words from BGS Frailty in Urgent Care Settings SIG Chair

## Getting it Right (First Time?)

### How to best deliver Urgent Care of Older People Services

**Moderators:** Mike Azad

9.30 - 11.00	<p><b>09.30 A Frailty Overview in Scotland</b> Dr Lara Mitchell, Consultant Geriatrician, Queen Elizabeth University Hospital, Glasgow</p>
	<p><b>10.00 Panel discussion: Meeting the challenge of the NHS Long Term Plan in 2025- delivering the right integrated Frailty services</b> Dr Russell Mellor, Consultant Geriatrician and James Lee, Nurse Consultant, Older Persons and Frailty, Salisbury Hospital NHS Foundation Trust (TBC)</p>
	<p>Dr Rachael Morris - Smith, Consultant Emergency Frailty/Hospital at Home Frailty Pathway and Geriatric Emergency Medicine Service (GEMS), Weston General Hospital</p>
	<p>Louise Oliver, and Lauren Stenhouse, ED Advanced Clinical Practitioners, Kirkaldy Hospital, NHS Fife</p>
	<p>Dr Amy Armstrong, Consultant in Emergency Medicine and Frailty, Edinburgh Royal Infirmary/NHS Lothian</p>
	<p>Dr Siobhan Lewis, Consultant Physician and Geriatrician, Clinical Director Clinical Gerontology, Clinical lead for Urgent Care for Frail Older People, Cardiff and Vale UHB, Wales</p>
	<p>Dr Stephen Collins, Staff Grade (Care of the Elderly) Causeway Hospital, NHSCT</p>
11.00	<p><b>Poster viewing time</b> Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS Poster platform</a>.</p>

## Developing knowledge and workforce skills

11.30 - 13.00	<p><b>11.30 Overcoming barriers with Research</b> Dr Carly Welch, Consultant Geriatrician, Guy's and St Thomas' NHS Foundation Trust</p>
	<p><b>12.00 How to educate and upscale the frailty workforce</b> Jo Jennings, Course Director: Frailty &amp; Assistant Professor, Coventry University</p>
	<p><b>12.30 The Impact of a pharmacy professional as part of the ED Frailty team</b> Louise Organista Advanced Clinical Pharmacist on Frail Elderly Assessment Team Royal Derby Hospital</p>
13.00	<p><b>Lunch</b> Join colleagues over lunch to catch up. Look out for the signs indicating where to meet up. Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the <a href="#">BGS Poster platform</a>.</p>

**Guest Lecture****KEYNOTE**14.00 -  
15.00

14.00 **Professor Ken Rockwood**  
Professor of Geriatric Medicine,  
Dalhousie University & Nova Scotia Health



15.00

**Poster viewing time**

Visit the sponsored stands and poster viewing time: Authors will be able to take questions and provide more detail to questions submitted via the [BGS Poster platform](#).

**Improving outcomes for older people with Frailty – Case Studies**15.30 -  
17.00**15.30 Developing the right frailty team**

Dr Russell Mellor, Consultant Geriatrician and James Lee, Nurse Consultant, Older Persons and Frailty, Salisbury Hospital NHS Foundation Trust

**15.45 Supporting Medical Student's understanding of Frailty... when the workforce is stretched**

Dr Nathan Kelly, Clinical Development Fellow, Glasgow and Ffion Grainger McKnight, IMT, Glasgow

**16.00 Providing early comprehensive geriatric assessments**

Dr Stephen Collins, Staff Grade (Care of the Elderly) Causeway Hospital, NHSCT

**16.15 Preventing Urgent Care admission. Proactive care in the community**

Speaker tbc

**16.30 Safe admission avoidance**

Dr Amy Armstrong, Consultant in Emergency Medicine and Frailty, Edinburgh Royal Infirmary/NHS Lothian

16.45 Discussion

17.00

**Conference close**







**British Geriatrics Society**  
Improving healthcare  
for older people

Marjory Warren House  
31 St John's Square  
London EC1M 4DN

Telephone +44 (0)20 7608 1369  
Email [registrations@bgs.org.uk](mailto:registrations@bgs.org.uk)  
Website [www.bgs.org.uk](http://www.bgs.org.uk)