

# Wales Autumn Meeting 2024

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

**12 - 13 September**

**Novotel, Cardiff & Online (Hybrid meeting)**

Thursday **12 September**

Morning

# Trainees Meeting, Welsh Town Hall, Dragons Den and Dinner

START

## Trainees' Session

Trainees

Room West 3

10.00 -  
15.30

Organised by HEIW  
For those in Geriatric Medicine training posts  
Held at Novotel West 3

15.30

Tea and Coffee refreshments

BGS Wales Town Hall Meeting

Room West 3

**Moderators:** Karl Davis and Nicky Leopold

16.00 -  
17.00

16.00 All BGS Wales members invited to attend to discuss service delivery, work force matters and research in Wales. Online attendance possible  
Held at Novotel West 3

- Council Changes to format
- Use of Welsh BGS Funds
- Welsh BGS and AHP expansion

18.30 -  
22.00

**Evening Dinner and Dragons Den**

18.30 Drinks and Dragon's Den - West 3  
20.00 Dinner - Restaurant  
Tickets £35 per person covering a 2 two course meal and drinks

**Hybrid meeting****START****Opening address**

09.00	Registration Reception
<b>Session 1 Stroke Update</b> Room West 1 and 2 <b>Moderator:</b>	
09.10 - 11.00	<b>09.30 Update on Stroke Management</b> Dr Benjamin Jelley Consultant in General, Geriatric and Stroke Medicine Research Lead for Clinical Gerontology, University Hospital, Llandough  <b>10.00 Altered States in ITU</b> Dr Martyn Stones, Clinical Research Fellow Clinical Research Fellow, Cardiff University  <b>10.15 Poster Lightning Round</b> Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted. See later in the programme for timings and authors.
10.45	<b>Free time</b>
<b>Session 2 OncoGeriatrics and the role of the Medical Examiner</b> Room West 1 and 2 <b>Moderators:</b>	
11.15 - 12.30	<b>11.15 Oncogeriatrics Update</b> Dr Juliette Lewis, Consultant, University Hospital of Wales, Cardiff  <b>11.45 The Role of ME and Death Certification</b> Dr Jason Shannon, Lead Medical Examiner for Wales, Cwm Taf University Health Board  <b>12.20 Discussion</b>
12.30 - 13.45	<b>Lunch - Will be served in the Restaurant on Ground Floor</b>

**Hybrid meeting**

Session 3 Essential Updates Room West 1 and 2	
<b>Moderators:</b>	
13.45 - 15.00	13.45 <b>BGS: Where now? Where next?</b> Sarah Mistry, CEO, British Geriatrics Society
	14.00 <b>Physician Assisted Dying - the current landscape</b> Dr Stephanie Wells, Consultant Geriatrician, University Hospital of Wales
	14.25 <b>6 Lives Update</b> Dr Siobhan Lewis, Consultant in Geriatric and General Medicine, Cardiff and Vale UHB
	14.40 <b>Falls update - Update on Fracture Liaison Service Progress and Welsh Government support</b> Dr Inderpal Singh, Consultant Physician & Geriatrician with interest in Falls and Bone Health and National Clinical Lead, Falls and Frailty (Wales), Aneurin Bevan University Health Board
15.00	<b>Free time</b>
Session 4 Lightning Poster Round and Cognition Room West 1 and 2	
15.15- 16.30	15.15 <b>Poster Lightning Round</b> Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted. See next page for timings and authors.
	16.00 <b>The Future of Cognitive Care</b> Dr Cherry Shute, Consultant Geriatrician, UHW
	16.30 <b>Closing words</b>
16.40	<b>Conference close</b>

**Hybrid meeting**

## Session 4 Lightning Poster Round Details

## Room West 1 and 2

<p><b>10.15 - 10.45</b></p>	<p><b>10.15 Poster Lightning Round</b> Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted. See next page for timings and authors</p> <p>10.20 2693 <b>Improving the quality of discharge summaries in the geriatric wards</b> A Roy; HDNM Samaranayake; WW Kyi;K Chand; A ElMustafa; T Sivagnanam; SP Sheriff</p> <p>10.25 2697 <b>Higher sRAGE levels predict mortality in frail older adults with diabetes</b> Lee Butche; Jorge D Erusalimsky</p>
<p><b>15.15- 16.00</b></p>	<p>10.30 2705 <b>Enhancing Physical Rehabilitation to Prevent Hospital-Acquired Deconditioning: A Quality Improvement Project</b> S Gowda; S Jayaram; T Eke</p> <p>15.20 2708 <b>Venous thromboembolism prophylaxis following acute stroke: it?s complicated.</b> A Nelmes; B Jelley</p> <p>15.25 2721 <b>How does a ‘Do Not Attempt CPR’ decision impact clinical management of CPR during anaesthesia and hip fracture surgery?</b> A Collins; I Hughes; K Tan; A Johansen</p> <p>15.30 2725 <b>Decisions on escalation and palliation: a randomised, double-blind trial among Geriatricians in Wales</b> YK Tham; A Johansen; D Brooks</p> <p>15.35 2736 <b>The Impact of introducing ‘What Matters to Me’ meetings in a community hospital setting.</b> E Roohi; L Easton; Dr A Puffett</p> <p>15.40 2602 <b>Evaluation of Osteoporosis Treatment and Its Impact on Fragility Fractures in People with Parkinson’s Disease.</b> R Sequeira; O Silgram; A Eagles</p>

**British Geriatrics Society**  
Improving healthcare for older people

# Join us

in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

**And more!**

## Join the BGS for FREE as a student!

**BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.**

Simply visit [www.bgs.org.uk/join](http://www.bgs.org.uk/join) to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

**Discounts** on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



# BGS

Become a member today! Join online at [www.bgs.org.uk/join](http://www.bgs.org.uk/join)

# BGS

## SPREAD THE WORD:

Many BGS members are eligible to apply for a Fully Funded Place at our upcoming meetings. There are limited spaces to apply for in person or online attendance.



Find out more at:

[www.bgs.org.uk/funded](http://www.bgs.org.uk/funded)

A promotional graphic for the BGS G4J (Geriatrics 4 Juniors) 2024 event. It features the BGS logo on the left, the AEME logo on the right, and a central text box with event details. The text includes the date "9 November 2024", the format "Online only", and a list of programme highlights: "Registrar panel session: 'Being the med reg'", "Stroke", "Frailty", "Palliative Care", "Falls in older people", "Orthogeriatrics", "Parkinson's disease", "Geriatrics in primary care", and "Heart failure in older people". It also mentions "CotE Champions' poster competition". The registration fee is listed as £30. The background shows a blurred image of people in a meeting.

**BGS** **G4J (Geriatrics 4 Juniors)** **2024**

**9 November 2024**  
Online only

Updated in Geriatric Medicine for FF, FF & GP/11 Doctors, Students, Specialist Nurses and Allied health professionals

**Association for Elderly Medicine Education (AEME)**

**Programme highlights:** Registrar panel session: "Being the med reg"

Stroke Frailty Palliative Care Falls in older people

Orthogeriatrics Parkinson's disease Geriatrics in primary care

Heart failure in older people

Registration £30 @ [www.bgs.org.uk/24G4J](http://www.bgs.org.uk/24G4J) [www.aeme.org.uk](http://www.aeme.org.uk) @ElderlyMedEd  
CotE Champions' poster competition #G4J24

# BGS

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