

South West, South East and North Thames region meeting 2024

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

6 June

Online (Virtual Meeting)

Virtual meeting

START

Opening address

09.30 **Opening words** Laura Ferrigan, SW Thames Co-Chair

Session 1 Medicine Optimisation Acute Settings

Moderator: Kumudhini Giridharan, SE Thames Co-Chair

9.45-10.45 **09.45 Medication errors in secondary care setting (Acute Geriatric Medicine Ward)**
Mukunda Timsina, Senior Pharmacist, Maidstone and Tunbridge Wells NHS Trust

10.15 Polypharmacy Action Learning Sets
Clare Howard, Senior Pharmacist and Clinical Lead for Health Innovation Network Polypharmacy Programme

10.45 **Break**

Session 2 Medicine Optimisation Acute Settings

Moderators: Wakana Teranaka, North Thames Secretary

11.00 - 12.45 **11.00 Review of tools used for deprescribing**
Sophie Blackburn, ST5 geriatric medicine trainee, Hillingdon Hospital, London and BGS North Thames junior doctor representative

11.30 Discussion

12.00 Lightning Round
Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted.

12.00 Abstract 2472 Care of the elderly simulation-based teaching for the multidisciplinary team A Fletcher; A Rogers
12.05 Abstract 2438 Optimising post-operative care and quality of life for patients with femoral fragility fractures. Nidhi Vivek, Mark Roussot
12.10 Abstract 2458 A cross-sectional analysis of aspirin prescriptions for cardiovascular prevention in the elderly population Utkarsh Ojha, Lilian Tredwin, Ruth A Mizoguchi
12.15 Abstract 2476 Improving frailty assessments on geriatric admissions to Elderly Care wards M Geyer; O Barton; Z Kallow; F Sheik; P Scolding; I Safiulova.
12.20 2482 Medicines Reconciliation and tackling polypharmacy in acute admissions to Geriatric Wards, a retrospective review K Giridharan; T Chigumba; Hira Mohammad; R Waters; K Rizwan

12.45 - 13.15 **Lunch**

Virtual meeting**Session 3 Medicine Optimisation End of life and Community****Moderator:** Lucy Abbott, SW Thames Co-Chair

13.15-14.15	13.15 Deprescribing at end of life Dr Cate Seton-Jones, Consultant in Palliative Medicine and Medical Director at Phyllis Tuckwell Hospice, Surrey 13.45 Challenges of polypharmacy in care home Sundus Jawad, Pharmacist and Frimley ICS lead for Medicines Optimisation in Care Homes.
Closing words Moderator: Laura Ferrigan, SW Thames Co-Chair	
14:15	Closing words
14.30	Conference close

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

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BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

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Discounts on fees for BGS events (saving up to £150 per event)

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BGS

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things in life are

FREE!

SPREAD THE WORD:

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BGS

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