

# East Anglia & Thames Valley

## Region Meeting 2024

“Pushing the Boundaries”

### Five top tips for getting the most out of your meeting:

#### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

#### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

#### 3. Visit our poster site

Please review the posters for this meeting and consider watching the short videos each author group have prepared. Challenge yourself to spend 5 minutes during the conference to comment or ask a question.

#### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at **@GeriSoc** and use the hashtag **#BGSConf**.

#### 5. Get social

Come to a future BGS meeting in person - not only will you gain CPD and updates on clinical practice but you can interact with other attendees, join a socialising event or interact in a group discussion.

**12 July**

Online (Virtual Meeting)

**Virtual meeting****START****Opening address**

09.30	<b>Opening words</b>
<b>Session 1</b>	
9.45- 10.45	09.45 <b>Frailty Virtual Wards</b> Dr Deyo Okubadejo, Consultant Geriatrician, North West Anglia NHS Foundation Trust
	10.15 <b>Emerging Diagnostics and Therapies in Memory Clinic</b> Dr Renate Claassen, Consultant Geriatrician, Cambridge University Hospital
10.45	<b>Break</b>
<b>Session 2</b>	
11.00 - 12.30	11.00 <b>Cancer Update in Older People</b> Dr Ankit Rao FRCP PhD, Consultant Medical Oncologist (Colorectal, HPB and NET) North West Anglia NHS Foundation Trust
	11.30 <b>Pacing in Frail Patients</b> Dr Ashwin Reddy, Consultant Cardiologist, Queen Elizabeth Hospital, King's Lynn
	12.00 <b>ICU access: availability and futility</b> Dr Peter Young, ITU Consultant, The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust
12.30 - 13.00	<b>Lunch</b>

British Geriatrics Society  
Improving healthcare for older people

10 CPD Distance Learning Credits

**2023 Frailty- Identification and Interventions** Updated for 2023

eLearning course worth 10 CPD credits  
FREE to all Healthcare Professionals

Four modules covering

- Understanding and Communicating Frailty
- Identifying Frailty
- Managing those living with Frailty
- Building Systems Fit for Frailty

Visit [www.bgs.org.uk/2023E-IE](http://www.bgs.org.uk/2023E-IE)

Friday **12 July 2024**

Afternoon

## Virtual meeting

Session 3	
13.00-14.15	13.00 <b>Difficult Conversations Relating to Frailty</b> Jo Birrell, Specialist Nurse Consultant for Older People, Buckinghamshire Hospitals NHS Trust
	13.30 ITU Q&A  13.45 <b>Update in Orthogeriatrics</b> Dr Kate Dean, Orthogeriatric Consultant and Emily Clarke, Physican Associate, Royal Berkshire NHS Foundation Trust
14:15	<b>Closing words</b>
14.30	<b>Conference close</b>



**BGS** **FULLY FUNDED PLACES**  
FOR ELIGIBLE BGS MEMBERS AT BGS MEETINGS

Many BGS members are eligible to apply for a fully funded place (FFP) at our upcoming meetings. There are limited spaces to attend either in person or online.

Find out more at: [www.bgs.org.uk/funded](http://www.bgs.org.uk/funded)

**British Geriatrics Society**  
Improving healthcare for older people

# Join us

in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

**And more!**

## Join the BGS for FREE as a student!

**BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.**

Simply visit [www.bgs.org.uk/join](http://www.bgs.org.uk/join) to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

**Discounts** on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



**BGS**

Become a member today! Join online at [www.bgs.org.uk/join](http://www.bgs.org.uk/join)

# BGS

## SPREAD THE WORD:

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# BGS

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