

Autumn Meeting 2024

20 - 22 November

Excel, London & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. **Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.**

2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at @GeriSoc and use the hashtag #BGSConf.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

With grateful thanks to our sponsors:

Flynn Pharma, Eli Lilly

Flynn Pharma and Eli Lilly have provided a sponsorship grant towards this independent programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the Flynn Pharma and Eli Lilly sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of London with you. We hope this Autumn Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights that East London has to offer. Please see the below timetable to help plan your time.

SOCIAL PROGRAMME * This social programme is self funded, independent from our sponsor's support.		
WEDNESDAY 20 November	THURSDAY 21 November	FRIDAY 22 November
<p>17.00 - 18.00 Group meetups Room 1&2</p> <p>Join colleagues after the sessions. We will have meet up points for specific interests as well as a meetups with our Arts and Humanities group.</p>	<p>13.15 Trainees Meetup Room 5/6/7</p> <p>17.00 - 18.00 Drinks and Canapes Room 1&2</p> <p>Join colleagues over a drink and canapes after the sessions. All are welcome to attend, for a chance to catch up with colleagues before exploring the delights that London has to offer.</p>	<p>13.45 NAHP Meetup Room 5/6/7</p>



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online (www.bgs.org.uk/Autumn24) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the **'Sign in for CPD today'** button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.



Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

Guest Lecturer

Professor Chris Whitty

Chief Medical Officer and DHSC Chief Scientific Adviser, Department of Health and Social Care (DHSC)

Professor Chris Whitty is Chief Medical Officer (CMO) for England, the UK government's Chief Medical Adviser and head of the public health profession.

Chris is also Chief Scientific Adviser for the Department of Health and Social Care (DHSC), with overall responsibility for the department's research and development, including the National Institute for Health Research (NIHR), the government's major funder of clinical, public health, social care and translational research. He represents the UK on the Executive Board of the World Health Organization.

Chris is a practising NHS Consultant Physician at University College London Hospitals (UCLH) and the Hospital for Tropical Diseases, and Gresham Professor of Physic at Gresham College.

Chris is an epidemiologist and has undertaken research and worked as a doctor in the UK, Africa and Asia. He was Professor of Public and International Health at the London School of Hygiene and Tropical Medicine (LSHTM) before becoming CMO.

KEYNOTE: Thursday 21 Nov 15.45



Chris was the interim Government Chief Scientific Adviser from 2017 to 2018, including during the Novichok poisonings. Before that, he was the Chief Scientific Adviser at the Department for International Development (DFID), which included leading technical work on the West Africa Ebola outbreak and other international emergencies.

KEYNOTE: Friday 22 Nov 12.45



Trevor Howell Guest Lecturer

Professor Ken Rockwood

Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health

Kenneth Rockwood, MD, FRCPC, FRCP, is Professor of Medicine (Geriatric Medicine & Neurology) and Clinical Research Professor of Frailty and Aging at Dalhousie University. A leading authority on frailty, he has key roles on numerous studies in Canada and elsewhere. Ken received his MD from Memorial University in St. John's, NL, completed training in Internal Medicine at the University of Alberta, and in Geriatric Medicine from Dalhousie University. He is also an Hon Professor of Population Health and Experimental Medicine at UCL.



Accommodation in recent years has increased in costs and this year keeping costs low is important.

To secure the best accommodation within your budget we recommend you book as early as possible, other events are taking place at ExCel during the week and hotels are busy.

[Click here to see available options and rates via Hotel Map](#) for available options and rates

Other sites and booking directly with the hotels may be cheaper - please do shop around.
BGS members can also access preferential rates at the Hilton chain using the details below.

HILTON

- Log on to www.hilton.com
- Put in the location and dates
- Click on advanced search
- Click on 'Add a special rate code'
- In the corporate account box, type in **113011292**



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Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Room 3	STREAM 2 Room 4	STREAM 3 Room 5,6,7
8.30	Registration		
9.15	KEYNOTE President's Opening Address		
9.30 - 11.00	Community and Primary Care Proactive care in Primary Care	Stroke	AI and MedTech in Geriatric Medicine In collaboration with RCP
11.00	Free time		
11.30 - 13.00	Community and Primary Care Population Data, Digital and Care Homes	Stroke	Wellbeing
13.00	Lunch and posters		
13.00	Group Meetups Join colleagues over lunch to catch up Rooms 1 & 2. Look out for the signs indicating where to meetup.		
13.30	Sponsored symposium - Room 4 This is a promotional symposium sponsored and organised by Flynn Phama intended for GB HCPs only		
14.00 - 15.00	Community and Primary Care Proactive Care in Action	Stroke	Clinical Quality Session
15.00	Free time		
15.30-16.30	Community and Primary Care Masterclass	Stroke	Nurse and Allied Health Professional Community of Practice
16.30	The power of story in medicine		
17.00	Social programme: Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Rooms 1 & 2		

STREAM 1: Room 3

KEYNOTE **President's Opening address**

09.00	Opening words from BGS President, Professor Jugdeep Dhesi
<p>Community and Primary Care Proactive care LEFT SHIFT OF CARE: how do we become proactive in a system focused on reactive care? Moderator: Deb Gompertz</p>	
9.30 - 11.00	<p>09.30 Left Shift of Care: How do we get the right care first time? Reflections on the Frailty Blueprint Dr Tom Downes, National Clinical Director for Older People, NHSE</p> <p>09.55 Proactive Care for Older People: Meat on the bones of proactive care blueprint Dr Eileen Burns, BGS Past President, Retired Geriatrician, formerly Leeds NHS Teaching Hospitals</p> <p>10.20 What does Care Closer to Home mean? How can primary care and community integrate? Dr Adrian Hayter: RCGP Medical Director, RCGP</p> <p>10.45 Discussion</p>
11.00	Free time
<p>Community and Primary Care Population Data, Digital and Care Homes What's Digital got to do with it? Lessons from the South West Moderators:</p>	
11.30 - 13.00	<p>11.30 ICGA in the Community: Evidence for Proactive Care: Using this to commission services Dr David Attwood, GP and Associate Medical Director, Livewell Southwest, Plymouth, Devon</p> <p>12.00 Digital Integrated Neighbourhood Teams : Using Brave AI to deliver targeted Personalised Care in Somerset Dr Matthew Dolman, Chief Clinical Information Officer (CCIO), and Helen Rostron, Occupational Therapist NHS Somerset</p> <p>12.30 Panel Discussion</p>
13.00	Lunch
13.00	<p>Group Meetups Join colleagues over lunch to catch up. Rooms 1 & 2. Look out for the signs indicating where to meetup.</p>

STREAM 2: Room 4

<p>Stroke Cerebrovascular disease / Stroke Moderators: Jane Masoli and Chakravarthi Rajkumar</p>	
<p>9.30 - 11.00</p>	<p>09.30 Developments in Stroke Care - Setting the Scene Professor Chakravarthi Rajkumar - Chair of Geriatric & Stroke Medicine, Brighton & Sussex Medical School; Consultant in Geriatric and Stroke Medicine, University Hospitals Sussex NHS Foundation Trust; Member of Intercollegiate Stroke Working Party; Member of NICE Chronic Heart Failure Committee</p>
	<p>09.40 Evidence-based Stroke Care: The new UK Clinical Guideline for Stroke Professor Martin James, Consultant Stroke Physician/Associate Professor, Royal Devon & Exeter Hospital/University of Exeter Medical School</p>
	<p>10.10 Innovations in stroke care Dr David Hargroves, Consultant Stroke Physician, East Kent Hospitals University Foundation Trust (EKHUFT) & National Clinical Director for Stroke Medicine – NHS England</p>
	<p>10.40 Haemorrhagic stroke, aetiology and difficulties with management Professor David Werring, Professor of Clinical Neurology and Honorary Consultant Neurologist at the Stroke Research Centre, UCL Queen Square Institute of Neurology and the National Hospital for Neurology and Neurosurgery; Chair of the Association of British Neurologists Stroke Advisory Group</p>
<p>11.10</p>	<p>Free time</p>
<p>Stroke Cerebrovascular disease / Stroke Moderators: Khalid Ali</p>	
<p>11.30 - 13.00</p>	<p>11.30 Anticoagulants for all older patients? Prof. Francesco Mattace-Raso, Head Division of Geriatric Medicine, Department of Internal Medicine, Erasmus MC University Medical Center, Rotterdam</p>
	<p>12.00 Recent advances in the management of atrial fibrillation resistant to conventional treatments Dr Riyaz Kaba, Consultant Cardiologist and Cardiac Electrophysiologist, St George's Hospital London and Ashford and St Peter's Hospitals, Surrey</p>
	<p>12.30 Transient retinal ischaemia, does it matter? Dr Fiona Humphries – Consultant in Stroke Medicine and Geriatric Medicine, University College London Hospitals NHS Trust</p>
<p>13.00</p>	<p>Lunch</p>
<p>13.00</p>	<p>Group Meetups Join colleagues over lunch to catch up. Rooms 1 & 2. Look out for the signs indicating where to meetup.</p>

STREAM 3: Room 5/6/7

AI and MedTech in Geriatric Medicine

In collaboration with RCP

Moderators: Professor Miles Witham and Professor Tom Solomon:

09.30 - 11.00	<p>09.30 In this “Dragon’s Den” style symposium, three speakers will each present one AI or MedTech approach which they think offers the most promise to geriatric medicine in the future. This might be something coming on the horizon, or already being used, or even something they have been involved with developing. They will have ten minutes to present their case, followed by five minutes QnA from the “Dragon’s Den” panel, which will include the BGS president, a medtech enthusiast, and someone who is more sceptical. Following the three presentations and panel critique, the floor will be opened to questions from the audience (in-person and online), before the audience finally votes on the approach they think has the most promise."</p> <ul style="list-style-type: none"> • Potential benefits of remote monitoring (including wearable tech) • Potential benefits of predictive analysis (e.g. early warning scores) • Potential benefits of AI and Large Language Models <p>Platform presentations</p> <p>10.30 Abstract 2886 Video-based patient records for supporting care delivery for older adults with frailty: the Isla for Frailty Feasibility Study</p> <p>10.45 Abstract 2793 Virtual Wards for People With Frailty? Evidence To Think Anew?</p>
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11.00	Free time
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Wellbeing
Moral Injury

11.30 - 13.00	<p>At a time where resources are stretched, healthcare professionals cannot always provide the quality of care they want to, and this has a negative impact on them as well as patients. Coping with pressures to deliver (potentially) substandard care, rushing assessments in ED, discharging people to free up beds before all issues are sorted out is challenging. The impact on doctors’ health from moral distress and moral injury can be significant, being linked to severe mental health conditions such as depression and PTSD.</p> <p>This session will discuss this challenge and suggest support mechanisms and approaches to mitigate.</p> <p>Platform presentations</p> <p>12.30 Abstract 2747 The Impact of Specialized Geriatric 5M Education on Mobilization of Older Adult Patients in Acute Care in 5 Hospitals in New Brunswick</p> <p>12.45 Abstract 2795 Using the dynamics of the frailty index to assess population health across different countries</p>
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13.00	Lunch
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13.00	<p>Group Meetups Join colleagues over lunch to catch up. Rooms 1 & 2.</p>
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STREAM 1: Room 3

Community and Primary Care

Proactive Care in Action

Moderators: Liz Lawn

14.00 - 15.00	<p>14.00 The Integrated Frailty Unit at the Jean Bishop Centre, Hull Dr Dan Harman, Consultant Community Geriatrician, Clinical Lead, and Dr Anna Folwell Consultant Physician in Elderly Medicine, ICC Frailty Team City Health Care Partnership CIC, Jean Bishop ICC</p> <p>14.30 Stories from the Frontline: LEEDS INTs - where health meets care George Winder, GP, Oakwood Lane Medical Practice, Joanna Quigley and Rebecca Long Proactive Care Practitioners, Seacroft PCN</p>
15.00	<p>Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform</p>

Community and Primary Care

Community and Primary Care Clinical Masterclass

Moderators: Philly O’Riordan and Mandy Waldon

15.30 - 16.30	<p>15:30 Top tips for community clinicians: A rundown Dr Sean Ninan, Consultant Geriatrician, Leeds Teaching Hospitals NHS Trust</p> <p>16.00 Delirium- Community management lifelines Jennifer Stone, Mental Health ACP, Royal Berkshire NHS Trust</p> <p>16.15 Heart failure at home Becky Hyland, Heart Failure Nurse Consultant Practitioner, Wiltshire Health and Care</p>
16.30	<p>The power of story in medicine Dr Rachel Clarke, Palliative Care physician, Katharine House Hospice, Oxford Room 3</p>
17.00	<p>Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Room 2</p>

STREAM 2: Room 4

<p>Stroke Latest Developments and Guidelines Moderators: Jane Masoli and Chakravarthi Rajkumar</p>	
<p>14.00 - 15.00</p>	<p>14:00 Hypertension in the stroke patient Professor Mike Okorie, Consultant Physician and Associate Medical Director for Medicines Safety and Prescribing; Professor of Clinical Pharmacology and Therapeutics, Brighton and Sussex Medical School; RCP Regional Specialty Adviser for Clinical Pharmacology in Kent, Surrey & Sussex</p> <p>14:30 Ethnicity and Stroke Professor Pankaj Sharma, Professor of Neurology, Royal Holloway College, University of London; Director, Institute of Cardiovascular Research; Consultant neurologist, Imperial College Healthcare NHS Trust t</p>
<p>15.00</p>	<p>Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.</p>
<p>Stroke Latest Developments and Guidelines Moderator: Khalid Ali</p>	
<p>15.30 - 16.30</p>	<p>15.30 Rehab Guidelines in Stroke Dr Elizabeth Warburton, Consultant physician in stroke medicine, Neurology Unit, School of Clinical Medicine, University of Cambridge</p> <p>15.55 Caring for the Stroke Patients Ms Chandrika Kaviraj, Carer</p> <p>16.10 Discussion</p>
<p>16.30</p>	<p>The power of story in medicine Dr Rachel Clarke, Palliative Care physician, Katharine House Hospice, Oxford Room 3</p>
<p>17.00</p>	<p>Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Room 1 & 2</p>

STREAM 3: Room 5/6/7

Clinical Quality Session

Facilitators: Tom Bartlett

<p>14.00 - 15.00</p>	<p>14.00 Rising Star Presentation: Clinical Quality Dr Alexanra Burgess, ST6, Morriston Hospital</p> <p>14.20 PALLUP Professor Caroline Nicholson, Professor of Palliative Care and Ageing, HEE/NIHR Senior Clinical Lecturer, Honorary Nurse Consultant St Christopher’s Hospice Academic Lead End of Life SIG British Geriatrics Society</p> <p>Platform Presentations</p> <p>14.40 Abstract 2753 Prioritising patient experience: a multidisciplinary, quality improvement project using patient feedback and co-design.</p> <p>14.55 Abstract 2829 Improving door to needle times in stroke thrombolysis through simulation-based training in a district general hospital.</p>
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<p>15.10</p>	<p>Free time</p>
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Nursing and Allied Health Professional Community of Practice

DGM

Moderators: Jo Jennings and Claire Prior

<p>15.30 - 16.30</p>	<p>This session is a BGS communities of practice online meeting. This is an interactive supportive session for people who are interested in the DGM to find out more, understand it, explore the process, and ask questions. It will cover the written and clinical exam set up.</p> <p>It will include;</p> <ul style="list-style-type: none"> • What the DGM is and what the benefits are to the people you look after, you, and your team • The written and clinical exam set up • Top tips • FAQs
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<p>16.30</p>	<p>The power of story in medicine Dr Rachel Clarke, Palliative Care physician, Katharine House Hospice, Oxford Room 3</p>
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<p>17.00</p>	<p>Networking Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Room 2</p>
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Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Room 3	STREAM 2 Room 4	STREAM 3 Room 5,6,7
9.30 - 10.30	Comprehensive Geriatric Assessment Why CGA?	Mental Health Anxiety and Depression in older adults	Research Association of Academic Geriatric Medicine (AAGM) symposium - Small vessel disease (SVD)
10.30	Free time		
11.00 - 12.00	Comprehensive Geriatric Assessment Embedding CGA within other acute based specialties	Mental Health Anxiety and Depression in older adults	Research Applying clinical research in clinical practice
12.20	President's poster round - Room 3		
13.15	Lunch and dedicated poster viewing time		
13.15	Trainees Meetup - Room 5/6/7		
14.00	Sponsored symposium - Room 4 This is a promotional symposium sponsored and organised by Eli Lilly, intended for GB HCPs only		
14.30 - 15.30	Old Age Psychiatry MCA Dementia	Mental Health Anxiety and Depression in older adults; Engaging with Third Sector	Lightning Round
15.30	Head to Room 3 for Guest Lecture at 15.45		
15.45	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block; border-radius: 15px;">KEYNOTE</div> Guest Lecture: Health in an ageing society Professor Chris Whitty, Chief Medical Officer and DHSC Chief Scientific Adviser, Department of Health and Social Care (DHSC)		
16.30	Sponsored symposium - Room 4 This is a promotional symposium sponsored and organised by Astrazeneca, intended for GB HCPs only		
17.00	Social programme: Drinks and Canapes Meet and engage with colleagues over light snacks and drinks - All welcome and we will host meeting points for those wishing to meet colleagues with similar roles: SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce Room 2		

STREAM 1: Room 3

Comprehensive Geriatric Assessment

Why CGA?

Moderator:

<p>9.30 - 10.30</p>	<p>09.30 The importance of CGA: How and why to do it well Professor Jugdeep Dhesi, Consultant Geriatrician and BGS President Elect, Guy's and St Thomas's Hospital</p> <p>09.50 Using the whole MDT – what do the different professions bring to CGA Dr Nikola Baty, Locum Consultant in Geriatric Medicine, University Hospital Coventry and Warwickshire and Karen Zardin, Consultant Advanced Clinical Practitioner, Urgent Community Response</p> <p>10.10 Delivering CGA and frailty care in an advanced kidney care service Helen Hurst, Nurse Consultant and Professor of Nursing, University of Salford and Northern Care Alliance NHS Trust</p>
<p>10.30</p>	<p>Free time</p>

Comprehensive Geriatric Assessment

Embedding CGA within other acute based specialties

Moderator:

<p>11.00 - 12.00</p>	<p>11.00 Continence Dr Dipti Samani, Consultant Geriatrician, University Hospitals of Leicester NHS Trust</p> <p>11.15 Oncology Speaker tbc</p> <p>11.30 POPS - Vascular surgery Dr Catherine Meilak, Perioperative care of Older People undergoing Surgery (POPS Consultant), Kent and Canterbury Hospital</p> <p>11.45 Panel Discussion</p>
<p>12.20</p>	<p>President's poster round - Room 3</p>
<p>13.15</p>	<p>Lunch Trainees Meetup - Room 5/6/7</p>
<p>14.00</p>	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by Eli Lilly, intended for GB HCPs only Vox 4</p>

STREAM 2: Room 4

Mental Health

Anxiety and Depression in older adults

Moderators:

<p>9.30 - 10.30</p>	<p>09.30 Anxiety post-stroke Dr Ho-Yan Yvonne Chun, Honorary Senior Clinical Lecturer, Centre for Clinical Brain Sciences, University of Edinburgh, Consultant in Stroke Medicine, NHS Lothian & Borders General Hospital, NHS Scotland Innovation Fellow, Centre for Clinical Brain Sciences, University of Edinburgh</p> <p>10.00 A Freudian Slip: How fear and anxiety can increase the risk of falling Dr Toby Ellmers, Research Fellow Imperial College London</p>
<p>10.30</p>	<p>Free time</p>
<p>11.00 - 12.00</p>	<p>11.00 Making a difference: Think depression in older adults Dr Amanda Thompsell, Consultant Old Age Psychiatrist, West London NHS Trust and National Specialty Advisor older adults' mental health NHSE</p> <p>11.15 Appropriate Psychopharmacology in older people Professor Suzanne Reeves, Professor of Old Age Psychiatry and Psychopharmacology, University College London</p> <p>11.45 Patient and Carer perspectives: Management of anxiety and depression in people with dementia Catherine Sinnamon, PhD Student, Queens University Belfast</p>
<p>12.20</p>	<p>President's poster round - Room 3</p>
<p>13.15</p>	<p>Lunch Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform Trainees Meetup - Room 5/6/7</p>
<p>14.00</p>	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by Eli Lilly, intended for GB HCPs only Room 4</p>

STREAM 3: Room 5/6/7**Association of Academic Geriatric Medicine (AAGM) symposium**

Moderators: Atul Anand

	<p>This session will focus on recent research studies into Small vessel disease (SVD). Speakers will cover understanding risk and treatment targets.</p> <p>09.30 Vascular dysfunction and vascular reactivity in cerebral SVD, potential new therapeutic targets Dr Salim Elyas Honorary Senior Clinical Lecturer and Consultant Stroke Physician, University of Exeter Medical School</p> <p>09.45 'SVD syndrome' – clinical risk beyond stroke and dementia Una Clancy 'Senior Lecturer and Consultant Geriatrician, Centre for Clinical Brain Sciences, University of Edinburgh</p> <p>10.00 Clinical relevance of cerebral microbleeds and amyloid angiopathy in older adults Andreas Charidimou, Asst. Prof of in neurology at Boston University Medical Center, USA</p> <p>10.15 Discussion</p>
10.30	Free time

Research into Ageing

Applying research in clinical practice

Moderators:

	<p>11.00 Rising Star award: Scientific Research Dr Oly Todd, Consultant Geriatrician and Associate Professor, Bradford Teaching Hospitals and University of Leeds</p> <p>11.20 NIHR HealthTech Research Centres 11.20 NIHR HealthTech Research Centres: what they are and why should you get involved? Prof Gail Hayward, Clinical Director, NIHR Healthtech Research Centre in Community Healthcare General Practitioner Departmental Training lead Clinical Teaching Associate, Exeter College Oxford</p> <p>11.40 Diagnostics priorities in care homes: results of a scoping and consensus Professor Tim Hicks, Clinical Scientist, The Newcastle upon Tyne Hospitals NHS Foundation Trust, and Newcastle University</p> <p>12.00 Human factors in diagnostics: lessons from the COVID pandemic Prof Peter Buckle, Principal Research Fellow in Human Factors Department of Surgery & Cancer - Faculty of Medicine, Imperial</p>
12.20	President's poster round - Room 3
13.15	<p>Lunch & Dedicated poster viewing time Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform</p> <p>Trainees Meetup - Room 5/6/7 and Zoom</p>
14.00	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by Eli Lilly intended for GB HCPs only Room 4</p>

Room 3

President's Poster Round

Moderators: Jugdeep Dhesi and Miles Witham

These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.

12.20 Abstract 2897 **Characterization of the local prevalence of hypertriglyceridemia in a city of northeastern Colombia during 2020-2022**

12.25 Abstract 2834 **Frailty in randomised controlled trials of glucose-lowering therapies for type 2 diabetes**

12.30 Abstract 2201 **Motivations for being informal carers of people living with dementia: An updated systematic review**

12.35 Abstract 2663 **Estimating the effect of frailty on long term survival following emergency laparotomy**

12.15-13.15

12.40 Abstract 2816 **Decision-making experiences with older adults following a cancer diagnosis: a systematic review**

12.45 Abstract 2830 **A Systematic Review of the Association Between Ethnicity and Frailty Prevalence, Incidence, Trajectories and Risks**

12.50 Abstract 2873 **Post Traumatic Stress Disorder in Older Adults After Delirium: A Systematic Review**

12.55 Abstract 2845 **Prevalence and Outcomes of Recorded Dementia: a Population-Based Study of 133,407 Older Adults using Linked Routine Data Sources**

13.00 Abstract 2856 **Prevalence and associated factors of mental-physical multimorbidity among Brazilian elderly people (ELSI-Brazil)**

13.05 Abstract 2882 **Frail2Fit study: a feasibility and acceptability study of an intervention delivered by volunteers to improve frailty**

13.15

Lunch & Dedicated poster viewing time

Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.

Trainees Meetup - Room 5/6/7

STREAM 1: Room 3

Old age psychiatry

MCA and Dementia

Moderators: Jugdeep Dhesi

<p>14.30 - 15.30</p>	<p>14.30 MCA case law and learning Dr Martin Curtice, Consultant in old age psychiatry Birmingham and Solihull Mental Health NHS Foundation Trust</p> <p>15.00 New treatments in Dementia and neuroimaging Professor Tarun Kuruvilla, Consultant Psychiatrist & Clinical Director for Research, Gloucestershire Health and Care NHS Foundation Trust</p>
<p>15.30</p>	<p>Transfer time for all delegates to move to Room 3 for Guest Lecture at 15.45.</p>
<p>KEYNOTE Guest Lecture: Health in an ageing society Moderator: Jugdeep Dhesi</p>	
<p>15.45</p>	<p>Guest Lecturer Professor Chris Whitty</p> <p>Chief Medical Officer and DHSC Chief Scientific Adviser, Department of Health and Social Care (DHSC)</p>
<p>16.30</p>	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by Astrazeneca, intended for GB HCPs only Room 4</p>
<p>17.00</p>	<p>Social programme: Drinks and canapes Meet and engage with colleagues over light snacks and drinks - All welcome and we will host meeting points for those wishing to meet colleagues with similar roles: SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce</p>

STREAM 2: Room 4

<p>Mental Health Anxiety and Depression in older adults Moderators:</p>	
14.30 - 15.30	<p>14.30 The state of mental health and older people in UK Tom Gentry, Senior Health and Care Policy Manager Age UK</p> <p>15.00 Identifying opportunities for early interventions in those experiencing Anxiety and Depression – evidence from Dorset ICS Emma Cookson, Senior Policy and Advocacy Officer, British Red Cross</p>
15.30	<p>Head to Room 3 for Guest lecture at 15.45</p>
16.30	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Room 4</p>
17.00	<p>Social programme: Drinks and canapes Meet and engage with colleagues over light snacks and drinks - All welcome and we will host meeting points for those wishing to meet colleagues with similar roles: SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce</p>

STREAM 3: Room 5/6/7

Research into Ageing

Platform Presentation and Lightning Round

<p>14.30 - 15.30</p>	<p>Platform Presentation 14.30 Abstract 2836 Age differences in efficacy of newer glucose lowering treatments for type 2 diabetes</p> <p>Lightning Round A selection of posters from submissions will be presented as oral presentations. in 3 minute vignettes. The authors will be able to take questions and provide more detail to the inperson and online audience.</p> <p>14.45 Abstract 2835 Evaluation Of PACEYCUFF As A Novel Treatment For Male Stress Urinary Incontinence: The first UK Experience</p> <p>14.50 Abstract 2678 Small vessel disease contributions to acute delirium: A Pilot Feasibility MRI Study</p> <p>14.55 Abstract 2776 Leveraging Technology for Delivery of Dementia Prevention Interventions Remotely: Through the Participant's Lens</p> <p>15.00 Abstract 2655 Abstract Risk factors for acute kidney injury in orthogeriatric trauma admissions: a retrospective cohort analysis</p> <p>15.05 Abstract 2844 "You are as frail as your arteries" - exploring the correlation between frailty, and chronological and vascular age parameters</p> <p>15.10 Abstract 2444 Abstract Prevalence and factors associated with depression and depressive symptoms among Chinese older persons: an integrative review</p> <p>15.15 Abstract 2526 Web-Based Compassion Interventions for Family Caregivers' Mental Well-being</p> <p>15.20 Abstract 2799 "Exploring the physiotherapy and exercise needs and preferences of nursing home residents with dementia: a qualitative study"</p>
<p>15.30</p>	<p>Stream close - Head to Room 3 for Guest lecture at 15.45</p>
<p>16.30</p>	<p><i>Sponsored Symposium</i> This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Room 4</p>
<p>17.00</p>	<p>Social programme: Drinks and canapes Meet and engage with colleagues over light snacks and drinks - All welcome and we will host meeting points for those wishing to meet colleagues with similar roles: SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce.</p>

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 Room 3	STREAM 2 Room 4	STREAM 3 Room 5,6,7
9.30 - 11.00	Movement disorders Non motor symptoms	Intensive Care of Older Adults Admission and Treatment	Loneliness and Social Deprivation
11.00	Dedicated poster viewing time		
11.30 - 12.30	Movement disorders Deprescribing and End of Life	Intensive Care of Older Adults Patient perspective and post-discharge	Platform Presentations Lightning Poster Round
12.30	Transfer time for all delegates to move to Room 3 for Guest Lecture. Presentation of Awards		
12.45-13.30	<div style="background-color: #e91e63; color: white; padding: 5px; display: inline-block;">KEYNOTE</div> Trevor Howell Guest Lecture Professor Ken Rockwood, Professor Kenneth Rockwood, Dalhousie University & Nova Scotia Health		
13.30	Lunch and dedicated poster viewing round		
13.45	NAHP Meetup Room 5/6/7		
14.30 - 16.00	Policy In Conversation	Intensive Care of Older Adults Case based session	Impaired Vision in older adults
16.00	Closing Address Closing words from the President		
16.15	CONFERENCE CLOSE		

STREAM 1: Room 3

Movement disorders**Moderators:**

9.30 - 11.00	<p>09.30 Optimising non motor symptoms of PD Clare Johnson, Specialist Occupational Therapist Parkinsons, Florence Nightingale Community Hospital</p> <p>10.00 Progressive supranuclear palsy (PSP): Diagnosis and treatment update Dr Boyd Ghosh, Consultant Neurologist, Southampton and Salisbury</p> <p>10.30 Platform Presentations</p> <p>10.30 Abstract 2875 The association between multiple long-term conditions, person- and disease-related factors and adverse inpatient outcomes</p> <p>10.45 Abstract 2862 Multimorbidity and Subjective Cognitive Decline: Evidence from the ELSI-Brazil Study</p>
11.00	Free time

Movement disorders**MDT working and End of Life Care****Moderators:**

11.30 - 12.30	<p>11.30 SALT in Parkinsons' Disease: When to refer to a colleague? Caroline Bartliff, Speech & language therapist, University Hospitals of Derby & Burton NHS Foundation Trust</p> <p>12.00 End of life care and deprescribing in Parkinsons' Disease Dr Claire Morris, Consultant Geriatrician/General Internal Medicine, South Tyneside and Sunderland NHS Foundation Trust</p>
12.30 - 12.45	<p>Transfer time for all delegates to move to Room 3 for Guest Lecture. Presentation of Awards</p>

KEYNOTE**Trevor Howell Guest Lecture**

12.45	<p>Professor Kenneth Rockwood Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health</p>
13.30	<p>Lunch and dedicated poster viewing round Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform</p>

STREAM 2: Room 4**Intensive care of older adults**

Admission and Treatment

9.30 - 11.00	9.30 What are the main challenges and enablers in delivering quality critical care for older people? Dr Daniele Bryden, Dean, Faculty of Intensive Care Medicine, Consultant in ICM, Sheffield Teaching Hospitals
	9.50 Frailty assessment and shared decisions for admission of older patients to critical care Professor Nazir Lone, Royal Infirmary of Edinburgh and Dr Bronwen Warner, Medical Registrar and PhD candidate, Imperial College London
	10.20 The latest on avoiding muscle problems in critical care Dr Zudin Puthuchery, Clinical Senior Lecturer in Intensive Care Medicine, William Harvey Institute, Queen Mary, University of London, and Consultant, Royal London Hospital Adult Intensive Care Unit
	10.40 Panel Discussion

11.00 Free time

Intensive care of older adults

Patient perspective and post-discharge

11.30 - 12.30	11.30 Ensuring equal access to intensive care for older people Prof Natalie Pattison, Professor of Clinical Nursing, Nightingale Foundation Professorial Chair in Clinical Nursing Practice Research, University of Hertfordshire
	11.45 Rehabilitation post ICU for older patients Kate Tantam, Specialist Sister ICU, Rehabilitation Team Critical Care, University Hospitals Plymouth NHS Trust and Honorary Clinical Research Fellow, University of Plymouth, Faculty of Health, Deputy Chair of the National Rehabilitation Collaborative
	12.00 Delirium in step down from ICU Dr Nia Humphry, Consultant Perioperative Geriatrician, University Hospital of Wales, Cardiff
	12.15 Panel Discussion

12.30 - 12.45 Transfer time for all delegates to move to Room 3 for Guest Lecture. Presentation of Awards

12.45 **Room 3 Trevor Howell Guest Lecture**
Professor Kenneth Rockwood
Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health

13.30 **Lunch and dedicated poster viewing round**
Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform

STREAM 3: Room 5/6/7**Addressing Loneliness and Social Deprivation**

Moderators: Chris Hay

<p>9.30 - 11.00</p>	<p>09.30 Deprivation and dementia Professor Charles Marshall, Professor and Honorary Consultant Neurologist, Wolfson Institute of Population Health</p> <p>10.00 The Griffin Trust: befriending project Dr Kathryn Price, ST5, Guy's and St Thomas' NHS Foundation Trust and Dr Jamie Henderson, Foundation Year Doctor</p> <p>10.30 Platform Presentations 10.30 Abstract 2783 Addressing Depression and Loneliness in Older Adults: Findings from the BASIL+ Randomised Control Trial</p> <p>10.45 Abstract 2772 Poor appetite predicts worse health in community dwelling older adults</p>
<p>11.00</p>	<p>Free Time</p>
	<p>Platform Presentations and Lightning Round</p>
<p>11.30</p>	<p>Platform Presentations</p> <p>11.30 Abstract 2768 Needs of People with Dementia in the Perioperative Environment from the Perspective of Healthcare Professionals</p> <p>11.45 Abstract 2671 A Description of a Patient Navigator Program for Persons Living with Dementia in Canada</p> <p>A selection of posters from submissions will be presented as oral presentations. in 3 minute vignettes. The authors will be able to take questions and provide more detail to the inperson and online audience.</p> <p>12.00 Abstract 2828 The influence of ethnicity and social disadvantage on frailty in a United Kingdom (UK) population</p> <p>12.05 Abstract 2632 Determining the feasibility of a TCD-NIRS protocol to measure cerebral haemodynamics in dementia, delirium, and depression.</p> <p>12.10 Abstract 2749 'The Scavenger Hunt': A novel teaching programme for medical students</p> <p>12.15 Abstract 2808 Sociodemographic factors and comorbidities associated with mild cognitive impairment and dementia in Brazilian older adults</p> <p>12.20 Abstract 2644 Falls and Physical Function in Older Patients with Benign Paroxysmal Positional Vertigo (BPPV)</p> <p>12.25 Abstract 2672 Exploring Stakeholders? Experiences Implementing a Navigation Program for People Living with Dementia and their Carers</p>

STREAM 1: Room 3

12.30 - 12.45	Free time
12.45	Room 3 Trevor Howell Guest Lecture Professor Kenneth Rockwood Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health
13.30	Lunch and dedicated poster viewing round Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform
Policy Session “in conversation” Moderator: Sarah Mistry and Sally Greenbrook	
14.30 - 16.00	This session will include reflections from the demitting President, Professor Adam Gordon and the incoming President, Professor Jugdeep Dhesi looking forward to the future for the Specialty and BGS.
16.00	Closing words from BGS President, Professor Jugdeep Dhesi
16.15	Conference Close

STREAM 2: Room 4

12.30 - 12.45	Free time
12.45	Room 3 Trevor Howell Guest Lecture Professor Kenneth Rockwood Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health
13.30	Lunch and dedicated poster viewing round Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform
Intensive care of older adults Case studies of complex older laparotomy patients – a live MDT Moderators: Angeline Price	
14.30 - 16.00	Join a panel formed from Surgery, Intensive Care, and Anaesthesia and the Older people health care ward teams to discuss a series of case studies live. If you would like to submit scenarios please email conferences@bgs.org.uk before 8 November 2024. Clare Hughes, Consultant Geriatrician and General Physician, University Hospitals Birmingham NHS FT Irfan Chaudry, Consultant in Critical care medicine and anaesthesia, Lancashire Teaching Hospitals NHS Foundation Trust Sonia Lockwood Surgical Advisor, NELA David Saunders, Anaesthetic lead, NELA
16.00	Closing words from BGS President, Professor Jugdeep Dhesi
16.15	Conference Close

STREAM 3: Room 5/6/7

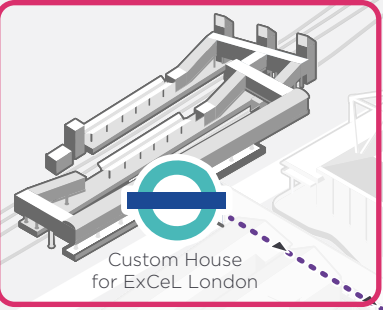
12.30 - 12.45	Free time
12.45	Room 3 Trevor Howell Guest Lecture Professor Kenneth Rockwood Professor of Geriatric Medicine, Dalhousie University & Nova Scotia Health
13.30	Lunch and dedicated poster viewing round Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform
Impaired Vision in older adults Overview of Visual Impairment support	
14.30 - 16.00	This session will cover the third sector support that is available for older patients, and practical useful education on what they as clinicians can do to support their patients outside of medication and surgical options. Facilitated by the Guide Dog Society.
16.00	Closing words from BGS President, Professor Jugdeep Dhesi
16.15	Conference Close

British Geriatrics Society Autumn Meeting **2024** Venue overview

Key

- Access Route from Prince Regent for ICC London DLR
- Access route from Custom House DLR
- Entrance Point (Level 1 Boulevard)

Getting to the Platinum Suite Exit DLR at Custom House



WEST ENTRANCE

The Crystal - Dinner venue
0.6 miles
(12 min walk)

Estimated walking time of **1 minute** from West entrance

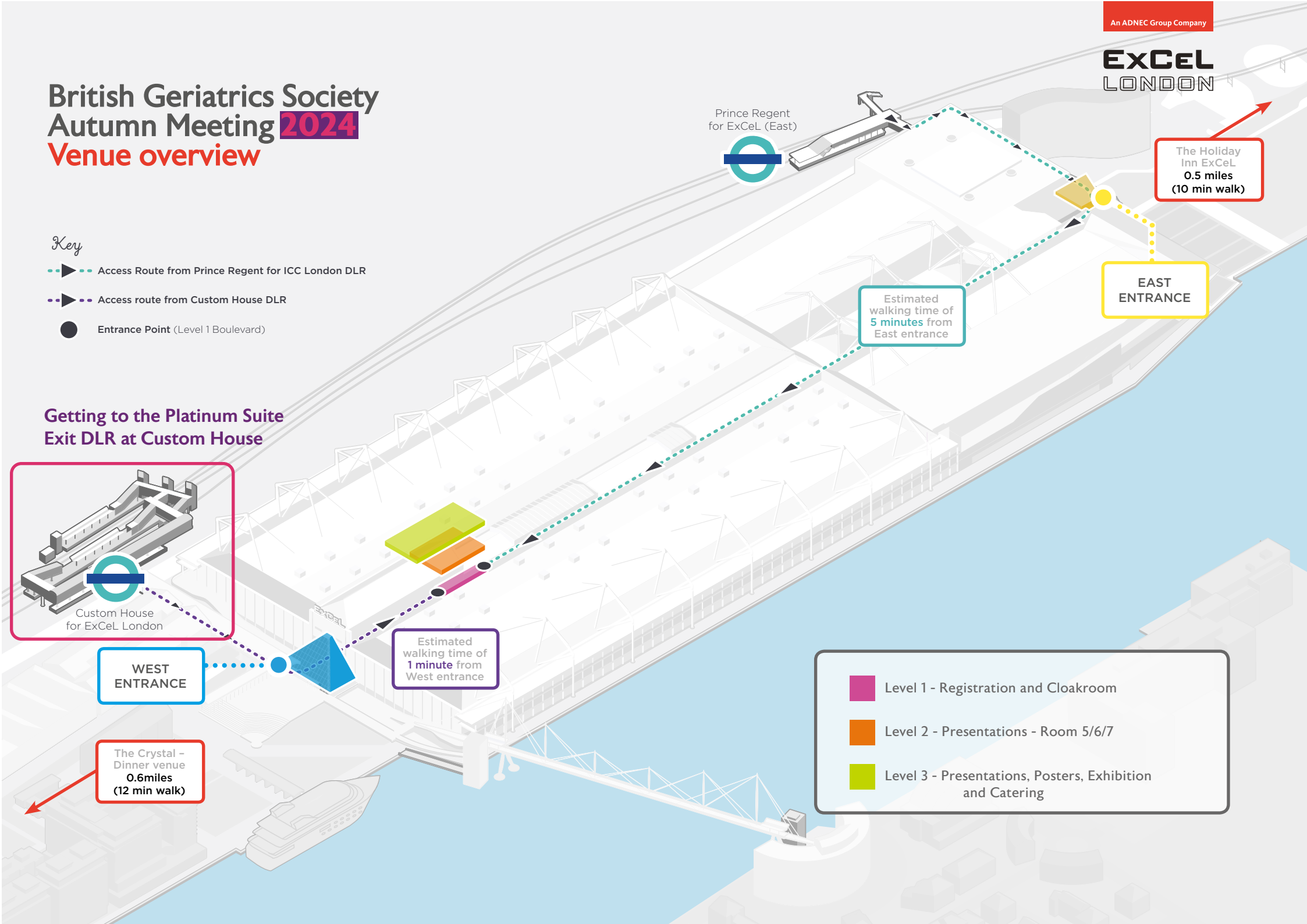
Estimated walking time of **5 minutes** from East entrance

EAST ENTRANCE

The Holiday Inn ExCeL
0.5 miles
(10 min walk)

Prince Regent for ExCeL (East)

- Level 1 - Registration and Cloakroom
- Level 2 - Presentations - Room 5/6/7
- Level 3 - Presentations, Posters, Exhibition and Catering

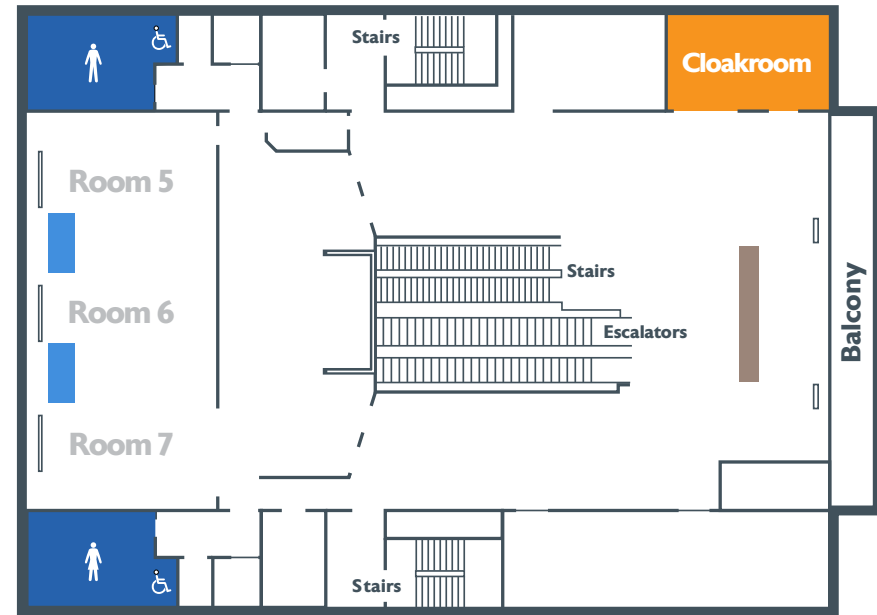


Platinum Suite

Level 2

Cloakroom and Presentations





-  Cloakroom
-  Catering



Platinum Suite

Level 3

Presentations, Posters, Exhibition and

-  Posters
-  Exhibition
-  Catering
-  Stage





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Improving healthcare
for older people

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