

Geriatrics 4 Juniors

2023



Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

You will receive a CPD certificate if you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Take a breather

It’s been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at **@GeriSoc** and use the hashtag **#BGScnf**.

5. Get social in our online forum

Chat with attendees, join a room on a particular topic or interact in a 1 to 1 discussion

11 November

Online

We encourage anyone with an interest in older people and ageing well to attend. Foundation Doctors, IMT and GP trainees and allied healthcare professionals are particularly encouraged.

Hybrid meeting

START

Opening address

09.50

Welcome & Introduction

Dr Emma Fisken, Registrar, Gateshead NHS Foundation Trust

Session One

Moderator: Emma Fisken

10.00 -
11.00

10.00 **Top tips for managing Parkinson's disease**

Dr Claire Morris, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust

10.30 **Problem solving at the front door**

Dr Nick Saxton, Consultant Geriatrician, South Tyneside and Sunderland NHS Foundation Trust

11.00

2-minute silence for Armistice day

11.02

Free time - Tea, Coffee and Posters

Session Two

Moderator: Jonny Bunn

11.30 -
13.00

11.30 **Endocrine issues in the older adults**

Dr Su Ann Tee, Consultant Endocrinologist, Gateshead NHS Foundation Trust

12.00 **Oncogeriatrics**

Dr Carly Welch, Consultant Geriatrician, Guys and St Thomas' NHS Foundation Trust

12.30 **Stroke in Older Adults**

Dr Louise Southern, Consultant Geriatrician and Stroke Physician, Gateshead NHS Foundation Trust

13.00 -
14.30

Lunch and Optional Panel

Moderator: Kate Bennett

Ask the registrars: Ask our panel about their day-to-day work as a Geriatrics registrar, their on-calls as the Medical Registrar and about research as a geriatrics trainee SpR Panel

Hybrid meeting

Session Three	
Moderators: Lucy Ellard	
14.30 - 15.30	<p>14.30 Perioperative medicine in older adults Dr Mark Johnston, Consultant Geriatrician, Liverpool NHS Foundation Trust</p> <p>15.00 The older person and ITU Dr Alaa Dakak, Consultant Acute Medicine and Critical care Physician, South Tees NHS Foundation Trust</p>
15.30	Free time - Tea, Coffe and posters
Poster Prize Award Presentations	
Moderators: Christina Page	
15.45- 16.00	Join us for a review of the submitted posters and to hear the winner announced.
Session Four	
Moderators	
16.00 - 17.00	<p>16.00 Dementia and the Geriatrician Dr Alison Yarnall, Honorary Consultant Geriatrician and NIHR BRC Clinical Senior Lecturer, Newcastle NHS Foundation Trust</p> <p>16.30 Polypharmacy and deprescribing Dr Henry Woodford, Consultant Geriatrician, Northumbria NHS Foundation Trust</p>
1700	Close of conference

British Geriatrics Society
Improving healthcare for older people

10 CPD Distance Learning Credits

2023 Frailty- Identification and Interventions

eLearning Module
Free to all Healthcare Professionals

Four modules covering

- Understanding and Communicating Frailty
- Identifying Frailty
- Managing those living with Frailty
- Building Systems Fit for Frailty

Visit www.bgs.org.uk/2023F-IF

BGS

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



BGS

Become a member today! Join online at www.bgs.org.uk/join

BGS

They say the best
things in life are

FREE!

SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants

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Marjory Warren House
31 St John's Square
London EC1M 4DN

Telephone +44 (0)20 7608 1369
Email registrations@bgs.org.uk
Website www.bgs.org.uk