

# Geriatrics 4 Everyone 2023

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

**Online:** You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Take a breather

It’s been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at **@GeriSoc** and use the hashtag **#BGSConf**.

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

**14 October**

Stormont Hotel, Belfast & Online (Hybrid meeting)

**Hybrid meeting**

**START**

**Opening address**

**08.45** Opening words from BGS President Professor Adam Gordon

**Approaching the patient with...**

**Moderators:** James Irvine & Kat Williamson

<b>9.00-10.20</b>	<b>09.00 Frailty</b> Dr William McKeown, ST7 Geriatric Medicine, Ulster Hospital
	<b>09.30 Falls and Trauma</b> Dr Jenny Thompson, ST5, Belfast Health and Social Care Trust
	<b>10.00 Polypharmacy</b> Carmel Darcy, Pharmacist, Western Health and Social Care Trust

**10.20** Free time - Tea, Coffee and review of posters submissions.

**Approaching the patient with...**

**Moderators:** James Irvine & Katherine Williamson

<b>10.50 - 12.00</b>	<b>10.50 Delirium and dementia</b> Dr Katherine Patterson, Consultant, Belfast Health and Social Care Trust
	<b>11.20 Ethical Challenges</b> Dr Jenny Thompson, ST5, Belfast Health and Social Care Trust

**12.00 - 13.00** Lunch

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**BGS Forum**

- Join the conversation with other HCPs
- Share or seek information
- Network with peers
- Discuss, comment, ask



**Hybrid meeting****Stroke Medicine****Moderators:** Jayne Lynch & Jenny Thompson

13.00 - 14.30	13.00 <b>Mastering the Art of Saving Brain: Advances in Ischaemic Stroke Reperfusion</b> Dr Timothy Atkinson, ST5 Geriatric and General Internal Medicine Registrar, Royal Victoria Hospital, Belfast
	13.30 <b>Mechanical Thrombectomy in Northern Ireland</b> Gillian Hinchley, Interventional Radiology Clinical Educator, Belfast Health and Social Care Trust
	13.45 <b>How to Assess the Dizzy Patient</b> Dr David McShane, ST5 Geriatric Medicine, Belfast Health and Social Care Trust
	14.15 <b>Training opportunities and question Panel</b> Dr James Irvine, Dr Kat Williamson and Dr Roisin Trainor Facilitated by Dr Patricia Gordon, Stroke Clinical Lead, Belfast Health and Social Care Trust and Dr Louise Alexander, Stroke Medicine TPD
14.30	<b>Free time - Tea, Coffee and Poster Winner Announcement</b>

**Why geriatric medicine?****Moderators:** Jenny Thompson & Kat Williamson

14.45 - 16.00	14.45 <b>Ask the Geris Reg panel</b> A panel of Geriatric Medicine registrars will answer all of your questions on fulfilling the role of the Geriatric Medicine and General Medical Registrar, helping you to appreciate the associated highs and lows, and ultimately why they are incredibly rewarding and enjoyable job roles.
	15.15 <b>“Hart to Heart”</b> Dr Dominic Hart, Consultant Geriatrician, Downe Hospital and TPD Geriatric Medicine Northern Ireland
15.45	<b>Closing Remarks</b>

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**Become a member of the BGS**

- Network with specialists and experts
- Access to best practice guidance
- Accreditation for CPD
- Discounted fees for BGS events
- Latest news and events



## Dr James Irvine

James entered ST5 training in Geriatric medicine in August 2023. He has an interest in Stroke medicine and clinical education. He has recently completed the ADEPT Clinical Leadership Fellowship where he led a project in the development of interprofessional simulation-based education in the management of hyperacute stroke patients. He is excited to continue this project during his ST5 training year and to explore how simulation-based education can contribute to enhancing the experience of specialty trainees in Geriatric medicine. Please come and chat to him if you're interested in hearing more.

## Dr Jayne Lynch

Jayne is currently on maternity leave and is a less than full time trainee (80%). She has completed ST5 and will complete a few months of ST6 on return to work, then plans to undertake a PhD on the assessment of memory clinic for the biomarker age at Queen's University, Belfast in September 2024. She has an interest in dementia, community geriatrics, and clinical education. She went to medical school in Liverpool so has experience in moving to Northern Ireland for training. She is BGS NI secretary (role suspended while on maternity leave). She's happy to chat if you're keen to hear more.

## Dr Kat Williamson

Kat is currently ST6 in Geriatric Medicine working in NI. She is interested in various aspects of geriatric medicine, including stroke, and is currently a BIASP Take Up Stroke Fellow. She enjoys mentoring others as well as teaching, and has completed a postgraduate certificate in medical education. She has worked less than full time, and likes to encourage more women into medication training, especially those with families. She has two young children and tries to balance work and family life. She'd be very happy to chat further.

## Dr Jenny Thompson

Jenny is currently ST5 in geriatric medicine. She has worked in Northern Ireland and also completed her internal medicine training in East Midlands, so she has experience of moving back to the region for higher speciality training. She is interested in managing acute presentations in older adults living with frailty and end of life care, as well as having an interest in mentoring and clinical education. She is one of the NI representatives on the BGS Trainees Council, as well as being a member of the NI BGS council (acting as secretary during Jayne's maternity leave) and recently put together a FAQ resource on applying to and interviewing for geriatric medicine training, which is available on the BGS website. She would love to talk to anyone considering applying to the speciality, particularly those who may have trained elsewhere.

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## 2023 Frailty- Identification and Interventions

eLearning Module

Free to all Healthcare Professionals

Four modules covering

- Understanding and Communicating Frailty
- Identifying Frailty
- Managing those living with Frailty
- Building Systems Fit for Frailty

10 CPD Distance Learning Credits

Visit [www.bgs.org.uk/2023E-IE](http://www.bgs.org.uk/2023E-IE)

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# Join us

in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

**And more!**

## Join the BGS for FREE as a student!

**BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.**

Simply visit [www.bgs.org.uk/join](http://www.bgs.org.uk/join) to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

**Discounts** on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



**BGS**

Become a member today! Join online at [www.bgs.org.uk/join](http://www.bgs.org.uk/join)

# BGS

They say the best  
things in life are

# FREE!

**SPREAD THE WORD:**

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at [www.bgs.org.uk/grants](http://www.bgs.org.uk/grants)

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