

Joint BGS and Northern Ireland Frailty Network Meeting 2023



Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

Online: You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Take a breather

It’s been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSconf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

13 October

Stormont Hotel, Belfast & Online (Hybrid meeting)

We encourage anyone with an interest in older people and ageing well to attend, including third sector, patient and public representatives. Healthcare professionals, both specialist and non-specialist in older people care are particularly encouraged.

Hybrid meeting**START****Opening address**

09.30 **Opening words**
Ann Murray, Age NI and Chair of Consultative Forum

The older patient in Northern Ireland**Moderators:** Sandra Aitcheson

09.35 **Developing Healthful Cultures**
Professor Tanya McCance, Mona Grey Professor of Nursing Research & Development, Ulster University

9.30-11.20 **10.20 Guest Lecture: 'Life is Movement'**
Lady Mary Peters, Lady Companion of the Order of the Garter and Ambassador for Age NI

10.40 Move More, Live More
Siobhan Casey, Age NI

11.00 **Free time - Tea, Coffee and Posters**

Advances in older people healthcare**Moderators:** Emma Cunningham

11.30 **Trauma and older people**
Dr Phillip Braude, Consultant Geriatrician, North Bristol Trust

12.00 **Perioperative frailty and delirium**
Dr Andrew Spence, STR anaesthetics, Royal Victoria Hospital, Belfast.

11.30 - 13.00 **12.15 Frailty - Why does it matter in Kidney Transplantation?**
Dr Ruth Fergie, Renal SpR, HSC R+D Doctoral Research Fellow, Belfast

12.30 Oncology and older people
Dr Conor O'Neill, Medical Oncology Consultant, Northern Ireland Cancer Centre in Belfast.

13.00 - 14.00 **Lunch**

British Geriatrics Society
Improving healthcare for older people

BGS Forum

- Join the conversation with other HCPs
- Share or seek information
- Network with peers
- Discuss, comment, ask

**BGS**

Hybrid meeting

Updates on...

Moderators: Alison Patterson and Jennifer Thompson

<p>14.00 - 15.15</p>	<p>14.00 Update on NI healthcare for Older People Mr Eddie Lynch, Commissioner for Older People for Northern Ireland</p> <p>14.15 Frailty and Palliative care Professor Max Watson, palliative care clinician and visiting professor, St Margaret's Hospice</p> <p>14.45 Discussion</p>
<p>15.00</p>	<p>Free time - Tea, Coffee and posters</p>
<p>Education and Training in Frailty Moderators: Jan Ritchie</p>	
<p>15.30 - 17.00</p>	<p>15.30 Frailty Education in NI Sarah Penney, Lecturer in Nursing, Ulster University</p> <p>15.50 1809 The Lived Experience of Frailty: Reframing Perceptions Towards a Holistic Understanding of Health in Older Adults Chenhui Chenhuichen¹; Aisling M. O'Halloran^{2,3}; Rose Anne Kenny^{2,3}; Roman Romero-Ortuno^{2,3}</p> <p>16.05 Delirium Prevention team Amy O'Donnell and Emma Sweeney, Delirium Prevention CoOrdinators, Belfast Health and Social Care Trust</p> <p>16.25 Caring for Care Homes- supporting care homes through complex times Caroline Lecky, Nurse Consultant Care Homes, Public Health Agency and Kevin Madden, Specialist Pharmacist - Care Homes, South Eastern Trust</p> <p>16.45 1827 Development Of Inter-Professional Simulation-Based Education In Geriatric Medicine J Irvine ¹; E Nelson²</p>
<p>17.00</p>	<p>Close of conference</p>

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



BGS

Become a member today! Join online at www.bgs.org.uk/join

BGS

They say the best
things in life are

FREE!

SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants

BGS

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