

Improving Continence in Older People 2023

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in

this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

15 September

Online only

Virtual meeting**START****Opening address**09.25 **Opening words from BGS Bladder and Bowel Health chair****Neurological Conditions and Continence****Moderator:** Dr Alasdair MacRae

09.30 **Continence Challenges and Management in Dementia**
Asma Pandor, Clinical Nurse Specialist, Dementia UK

9.30 - 10.30
09.55 **Evidence-based implementation of “Structured urinary Continence Assessment and Management Plan” practice change package to improve continence assessment, diagnosis and management on wards admitting patients post-stroke**
Dr Dianne Marsden, Manager of Projects and Education, Hunter Stroke Service | Hunter New England Local Health District

10.20 **Discussion**

10.30 **Free time****Urinary and Bowel Incontinence Treatments****Moderator:** Dr Aine McGovern

10.45 **Medical treatments for Over-active bladder**
Dr Charlotte Mahoney, Consultant Urogynaecologist, The Warrell Unit, St Mary’s Hospital

10.45 - 12.00
11.15 **Faecal incontinence**
Dr Scott Macdonald, West of Scotland General Surgery Registrar and Research Fellow, Royal Alexandra Hospital, Paisley

11.45 **Discussion**

12.00-12.15 **Lunch**

12.15 - 12.30
**Sponsored Spotlight on Session:
Novel Male and Female Incontinence Device Solutions that enable an effective CAUTI Reduction Strategy in an acute care setting**
Darren Breen, MD, iMEDicare - Pelvic Health Naturally

Virtual meeting**Workshops****Moderator:** Dr Alasdair MacRae

	<p>12.30 Continence and Frailty Suzanne Ryder, Continence nurse, Professional Lead - MFT Bladder & Bowel Services South Manchester Bladder & Bowel Service</p>
12.30 - 14.00	<p>13.00 How physiotherapy can improve urinary and faecal continence Maria Oldfield, Continence physiotherapist, Clinical Specialist Physiotherapist/Team Leader in Pelvic Health, Rehabilitation Unit, St Mary's Hospital</p> <p>13.30 Devices to assist with continence Julie McHale and Pauline Griffin Adult Continence Nurse Advisors, St Helen's and Knowsley Trust</p>
14.00	Free time

Platform presentations**Moderators:** Dr Mike Horner and Dr Lucy Carpenter

14.15-15.15	<p>14.15 The "Aberdeen Home Continence Stress Test": a novel objective assessment tool for female stress urinary incontinence Catriona Young University of Aberdeen</p> <p>14:30 Abstract 1819: The use of admission pelvic radiographs to assess and manage constipation in elderly patients with hip fracture, Nura Hanife</p> <p>14.45 Abstract 1732: Audit in urinary catheter management pathway in admitted geriatric patients, Tashnuva Anjum</p> <p>15.00 Abstract 1824: Improving treatment for urinary tract infections for older adults in the health and aging unit, Sachan Maruthan</p>
15.15	Free time

Updates on**Moderator:** Dr Aine McGovern

	<p>15:30 'We tend to get pad happy': a qualitative study of health practitioners' perspectives on the quality of continence care for older people in hospital Dr Nikki Cotterill, Professor in Continence Care, UWE</p> <p>15:55 Ethical dilemmas with continence care in dementia Dr Catherine Murphy, Principal Research Fellow, University of Southampton</p> <p>16:20 Case scenario The frail older patient in hospital, having undergone surgery. Dr Mark Johnston, Consultant Geriatrician, POPS Lead (Peri-Operative care for Older People undergoing Surgery/OncoGeriatrics), Royal Liverpool University Hospital</p>
17.20	Closing words

British Geriatrics Society
Improving healthcare for older people

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for older people

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