

24th International Conference on Falls and Postural Stability 2023

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

29 September

Catalyst, Newcastle & Online (Hybrid meeting)

With grateful thanks to our sponsors who have sponsored a symposia. Flynn Pharma have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the Flynn Pharma sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

Hybrid meeting**START****Opening address**09.45 **Opening words from BGS Falls and Bone SIG chair****Falls: Fainting and Balance****Moderator:** Dr James Frith

10.00 **Falling for syncope. When is a fall a faint?**
Dr Steve Parry, Consultant Geriatrician, Newcastle upon Tyne NHS Foundation Trust

9.45 - 11.00 **10.30 Vestibular Systems**
Dean Metz, Falls and Vestibular Specialist Physiotherapist South Tyneside and Sunderland NHS FT

11.00 **Free time****The World Falls Guidelines in practice****Moderators:** Professor Tahir Masud

11.30 **Multifactorial falls from the World Falls Guideline (WFG)**
Professor Nathalie Van Der Velde , Internist-geriatrician, Amsterdam UMC

11.30 - 12.30 **11.50 World Falls Guidelines: Deprescribing**
Dr Lotta Seppala, Postdoctoral researcher, Amsterdam UMC (remote) and Professor Sirpa Hartikainen, Professor in Geriatric Pharmacotherapy, , University of Eastern Finland

12.10 Falls and Parkinson's from the World Falls Guideline (WFG)
Dr Rob Skelly, Consultant Physician, University Hospitals of Derby and Burton

13.00 **Sponsored Symposium:
New approaches for the optimal management of hypovitaminosis D**
Dr Thomas Barber, Consultant Endocrinologist and Associate Clinical Professor, UHCW and University of Warwick

Sponsored by Flynn Pharma Ltd12.30 - 13.30 **Lunch**

Hybrid meeting**Workshops**

Delegates will be able to choose 1 of the workshops below

13.30 - 14.30	<p>13.30 Workshops</p> <p>Workshop 1: How to assess gait clinically in fallers TED Theatre (Ground floor) Lisa Alcock, Senior Research Associate, Translational and Clinical Research Institute, Newcastle University Facilitator: Professor Tash Masud, Consultant Geriatrician, Nottingham University Hospitals NHS Trust</p> <p>Workshop 2: The NHS Patient Safety Incident Response Framework – how to investigate fall related incidents. (Gorgon, Level One) Facilitator: Joan-Marie Sutherland, HIS Julie Windsor, Patient Safety Clinical Lead Medical Specialties & Older People, NHS England (remote) Michael Papa, Falls Prevention Charge Nurse, County Durham and Darlington NHS Foundation Trust Dr Julie Whitney, Academic Physiotherapist, Kings College Hospital NHS Foundation Trust Victoria Davidson, Matron, South Tees Hospitals NHS Foundation Trust (remote)</p> <p>Workshop 3: Bedside vestibular tests (Faraday, Level One) Dean Metz, Falls and Vestibular Specialist Physiotherapist South Tyneside and Sunderland NHS FT and Hillary Cox, Physiotherapist, Falls and Syncope Service - Newcastle Upon Tyne Hospitals</p>
14.30	Return to plenary presentation room
Platform presentations	
Moderators: Dr Jane Youde and Professor Dawn Skelton	
14.30 - 15.30	<p>14.30 Abstract 1683 The development of a multi-level predictive model and internal validation in older adults who fall or are at risk of falls. D Robinson</p> <p>14.45 Abstract 1711 Preventable deaths involving falls in England and Wales, 2013-2022: a systematic case series of coroners? reports F Dernie</p> <p>15.00 Abstract 1757 Lived Experiences of Falls during the COVID-19 Pandemic in Middle-aged and Older Adults T Hall</p> <p>15.15 Abstract 1795 Older adults' frailty, falls and balance predict onset of activity restriction due to concerns about falling at 1 year follow-up E Kal</p>
15.30	Free time
Community	
Moderator: Dr Alasdair MacRae and Dr Sam Olden	
15:45	<p>National and local community-based falls prevention initiatives? Daniel MacIntyre, Consultant in Public Health, West Sussex County Council</p>

British Geriatrics Society
Improving healthcare for older people

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in improving healthcare
for older people

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Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

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BGS

They say the best
things in life are

FREE!

SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants

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