

2023 Trainees Meeting

6 - 7 July

ETC Venues, Manchester and Online (Hybrid Meeting)

Helpful hints:

Attendance

Online: Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD via the RCP diary.

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider watching. Spending 5 minutes during the next 2 days to speak to a sponsor.

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in via the Ask function on the platform or by a microphone in the room.

For the tweeters @GeriSoc using #BGScnf.

Get Social

Socialise: Chat with attendees, join the conference dinner on Manchester's famous Curry Mile or interact in with peers during the breaks.

About

Welcome back to in-person conference attendance!

We aim for the 2023 Trainees meeting to be an opportunity to refresh, relax and refocus. During the conference - please take time to reflect, sit a while or catch up with colleagues.

After day one of the conference we will hold a dinner, on Manchester's renowned Curry Mile. We encourage you to take part, connecting with colleagues old and new.

This annual 2 day weekend meeting is organised by geriatric medicine trainees, for geriatric medicine trainees to identify and address key training and learning points within the speciality. Built around the current curriculum needs and experiences of junior doctors training for a career in Geriatric Medicine, it will see a mix of plenary presentations and workshops, a mock SCE exam, and practice consultant interviews.

Who should attend?

The meeting will be of benefit to all registrars training in geriatric medicine, and is targeted at them. It may also benefit other specialist trainees who will come into regular contact with older people and are interested in the speciality:

- Registrars in Geriatric Medicine & General Internal Medicine
- Junior doctors training in related specialties
- GP trainees
- Core medical trainees considering a career in geriatric medicine

Accommodation

BGS have identified some good value rates at hotels.

[Click here to see available options and rates](#)

Other sites and booking directly with the hotels may be cheaper - please do shop around.

BGS members can find preferential rates at the Hilton chain using the details below as well.

Hilton

Log on to www.hilton.com

Put in the location and dates

Click on advanced search

Click on Add a special rate code

In the corporate account box, type in 113011292

Sustainability

This part of the programme contains information about attending the meeting in person and the changes to event delivery with sustainability in mind.

We are continuing with the use of digital platforms as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.

The meeting recordings will be accessible online, for you to watch on-demand for 12 months, for all those attending in person. Please walk, cycle or travel by public transport where possible.

Try and remember to bring a reusable water bottle with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle the containers (Put the empties in the correct recycling point).

We are offering a greater choice of sustainable, meat-free options as part of our catering for the event.

Paperless meeting - We are not printing hard copies of the programme. Please consult the programme online for session details and timings: Its accessible online via your devices before and during the conference. Programmes will be posted on boards around the venue to consult.

CPD certificates are also emailed rather than printed. Remember to scan in each day you are attending at registration, or using the "Sign in for CPD today" on the online platform.

Paperless posters : We won't have physical posters at the meeting. Please look at the poster platform in advance and use the onsite computers and screens at the venue to browse and comment. Visit the poster site in advance of the meeting:

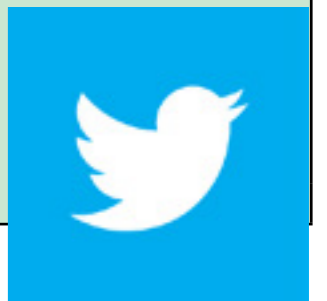
Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins

Flexible attendance options: In person or online

Registration for in-person attendance provides access to the online platform as well as the on-demand recordings from the whole event. Registering to watch online is a flat fee, meaning you are able to access the whole meeting live as well as watch back on demand.

There is a flexible transfer from in-person to online attendance as clinical service and life balance require.

Tweet @GeriSoc and use #BGSCConf



09:00:00	Registration In-person attendees can register from 09.00. Online attendees should record attendance.
09:15:00	Welcome and Introduction; Dr Sangam Malani, Trainees Council Chair
Time	Session 1 Stroke and the older patient
09:30	<p>09.30 Organising stroke pathways to meet the needs of older people Dr Deb Lowe, Consultant Stroke Physician and National Clinical Director for Stroke NHSE&I, Wirral University Teaching Hospital</p> <p>10.00 Diagnosis, acute and longer term management of the older stroke patient Dr Chris Taylor, Consultant Stroke Physician, Northumbria Healthcare</p> <p>Chris graduated from Newcastle University in 2011, and after Foundation training in the North East he relocated to South West London to undertake CMT before completing a teaching fellowship at Bart's Health Trust. He is now an ST6 Geriatric medicine registrar in the North East pursuing a career in stroke medicine.</p> <p>10.30 The assessment and management of cognitive impairment of older people with acute stroke Dr Kirsty Harkness, Consultant Neurologist, Sheffield, South Yorkshire</p>
11:00	Free time Grab a drink, visit our sponsors, or go for a quick walk, stretch or just relax.
11:30	Session 2 Rehabilitation of the older stroke patient
	<p>11.30 World Stroke Organisation guidance for stroke rehabilitation-how do they apply to older people? Prof Gillian Mead, Professor of Stroke and Elderly Care Medicine, University of Edinburgh</p> <p>12.00 Looking forward: what is on the horizon for rehabilitation of older people with stroke? Prof Arshad Majid, Professor of Cerebrovascular Neurology, Consultant Neurologist, Royal Hallamshire Hospital, Director, Comprehensive Cerebrovascular Research Unit and Stroke Theme Lead, Yorkshire and Humber LCRN</p> <p>12.30 Discussion</p>
12:45	Lunch Grab lunch and a drink, visit our sponsors, or go for a quick walk, stretch or just relax.

Time	Session 3 Stream 1 Stroke, Frailty and Palliative Care	Session 3 Stream 2 Surgical liaison Vascular Surgery
14:00	<p>14.00 The impact of comorbidity and frailty on outcomes after stroke in the older person Dr Terry Quinn, Reader and Honorary Consultant Glasgow Royal Infirmary</p> <p>14.45 End of life care in older stroke patients Dr Kirsten Baron, Consultant in Palliative Medicine, Lancashire Teaching Hospitals NHS Foundation Trust</p>	<p>14.00 Surgical liaison for the older patient undergoing surgery Angeline Price, Advanced Practitioner, Salford Royal and Dr Scott Mather, Consultant Geriatrician, Manchester University NHS Foundation Trust</p> <p>14.45 Carotid endarterectomy Dr Nicholas Evans, Consultant Stroke Physician, Addenbrooke's Hospital Director of Studies in Pre-Clinical Medicine Wolfson College, University of Cambridge</p>
15:30	<p>Free time Grab a drink, visit our sponsors, or go for a quick walk, stretch or just relax.</p>	
16:00	<p>Session 4 Quality Improvement</p>	
	<p>What makes a good clinical quality project? Dr Alison Cracknell, Consultant in Elderly Medicine, Leeds teaching Hospitals NHS Trust</p> <p>Dr Ali Cracknell is a Consultant in Medicine for Older People and Associate Medical Director for Quality Improvement at Leeds Teaching Hospitals NHS Trust, and Clinical Lead for the Yorkshire and Humber Patient Safety Collaborative. She has a passion for patient safety, using data for improvement, and implementing innovations into frontline clinical practice.</p> <p>She has worked over recent years on successful frontline QI projects including reducing harm from misplaced nasogastric feeding tubes, reducing falls, improving Parkinson's medications on time and reducing cardiac arrests. Ali and her team have received HSJ Patient Safety awards in 2018 and 2019 for leading innovative improvements in care. In 2014 she was named as one of the HSJ Top Innovators in Healthcare. Ali is also an active researcher within patient safety for The Yorkshire Quality and Safety Research Group and a member of the RCP QI Faculty.</p> <p>This session will look at the key principles of good Quality improvement and use recent high quality examples from work presented at national BGS conferences.</p> <p>Improving hydration in elderly patients on outlier wards at Newham University Hospital (NUH) Dr Catherine Smith, Junior Clinical Fellow, Newham University Hospital</p>	
17:00	<p>Closing Words Day One</p>	
18.00 - 22.00	<p>Conference dinner: Tickets required 18.00 for drinks in the restaurant, dinner starting at 18.30</p>	

09:30:00	Registration In-person attendees can register from 09.00. Online attendees should record attendance.	
09:55:00	Welcome and Introduction; Dr Sangam Malani, Trainees Council Chair	
Time	Session 1 Career development and effecting change	
10:00	<p>10.00 How to make a difference: Clinicians as Systems Leaders at a local, regional and national level Professor Adam Gordon, BGS President</p> <p>10.30 Developing the next generation of the electronic Frailty Index (EFI) - Research into practice Professor Andy Clegg, Professor of Geriatric Medicine, University of Leeds & Bradford Royal Infirmary</p> <p>11.00 Trainees Council Updates - Recruiting the new generation: Town Hall to discuss clinical, curriculum research and workforce topics Dr Sangam Malani and Trainees Council Committee members</p>	
11:30	Free time Grab a drink, visit our sponsors, or go a quick walk, stretch or just relax.	
12:00	Session 2 Themes for Service CIPS: Oncogeriatrics	Session 2 Specialty CIPs focus: Continence
	Dr Anthea Cree	<p>12.00 Incontinence and falls Dr Anil Mane, Consultant in Elderly Care, Llandudno General Hospital, Hon. Lecturer Cardiff University</p> <p>12.30 Urinary continence - frequent cases</p> <p>13.00 Improving continence services for older people with long term conditions and disability</p>
13:30	Lunch	

British Geriatrics Society
Improving healthcare for older people

2023 Spring Meeting

Hybrid, in person and online
17 - 19 May, EICC Edinburgh

- Perioperative Care of older people - Celebrating 20 Years
- Cardiovascular Health
- Frailty and Sarcopenia
- Dementia and Delirium
- Rehabilitation and Major Trauma
- Workforce



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Time	Session 3 Stream 1 Themes for Service CIPS	Session 3 Stream 2 SCE Preparation and mock questions
14:00	<p>14.00 Tissue Viability: How to do an ABPI and respond to the results TBC</p> <p>14.45 Dementia Services and the Memory clinic Professor Emma Vardy, Consultant Geriatrician, Salford Care Organisation, part of Northern Care Alliance</p>	<p>14.00 SCE preparation Dr Alexander Thomson, Consultant Geriatrician, Salford Royal Hospital Sandy Thomson is a Consultant Physician and Geriatrician at Salford Royal Hospital. He has strong links with medical education, with leadership roles in his Trust, at regional level, and with the Royal College of Physicians. This includes his role as education lead for the Geriatric Medicine registrar training days in the North-West of England, and the associated MSc in Geriatric medicine at the University of Salford.</p> <p>For over 10 years he has been a question writer for the SCE in Geriatric Medicine, and latterly Chair of the question-writing groups, and a member of the Standard Setting Group for the SCE.</p>
15:30	<p>Free time Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.</p>	
14.00 to 15.30	<p>Session 4 Careers Fair</p>	
	<p>Careers Fair: If you are currently a medical student, foundation year doctor or IMT with an interest in improving care for older people, you are invited to join us in the afternoon to meet our registrars and audience to hear about their career. You will need to register via the event page https://www.bgs.org.uk/events/2023-trainees-meeting</p> <p>You are also eligible for FREE membership with The British Geriatrics Society.</p> <p>The British Geriatrics Society is the association for professionals working in the healthcare of older people across the UK. We are the only society in the UK offering expertise in the health care of older people and providing a national voice for specialists working in this field.</p> <p>Membership with the BGS comes with a range of fantastic benefits including:</p> <ul style="list-style-type: none"> • Access to best practice guidance on topics such as frailty and care homes • Networking with other specialists and experts in the care of older people (in person and online). • Discounts on fees for BGS events • A programme of accredited CPD events • Digital subscription to our scientific journal, Age and Ageing. • Entitlement to apply for a grant for BGS educational activities. 	

BGS

They say the best things in life are

FREE!

SPREAD THE WORD:

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at www.bgs.org.uk/grants

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!



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Become a member today! Join online at www.bgs.org.uk/join

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