

# Spring Meeting 2024

22 -24 May

Vox, Birmingham & Online (Hybrid meeting)

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. **Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.**

### 2. Give feedback

Please take the time to fill out the feedback form after each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including a Bear Grylls Adventure, conference dinner and meet ups.

## With grateful thanks to our sponsors:

AstraZeneca, The Body Doctor, Abbott Nutrition, Nova Scotia Health.

AstraZeneca have provided a sponsorship grant towards this independent programme. AstraZeneca have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the AstraZeneca sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.



Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.

- We aim to use environmentally and socially responsible venues. You can read about the Vox, and NEC's [position here](#).
- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- The meeting recordings will be **accessible online** for you to watch on demand for 12 months, for all those attending in person.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as at catering points.
- Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online ([www.bgs.org.uk/Spring24](http://www.bgs.org.uk/Spring24)) for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration, or use the 'Sign in for CPD today' button on the online platform.
- We will be displaying **paperless posters** in place of traditional physical posters at the meeting. Please look at the poster platform (<https://posters.bgs.org.uk>) in advance and use the onsite computers and screens at the venue to browse and comment.



## Flexible attendance options: In person or online

There is no difference in registration fees for in person and online meeting attendance. The registration fee provides access to the conference or online platform for the days you are registered. On demand viewing post event will be limited to the days for which you have registered and paid.

There is a flexible transfer from in person to online attendance as clinical service and life balance require. Please check our [FAQs](#) first for any queries you may have about attendance or on demand watching.

## #BGScnf

## Trainees Council

### 1

#### DEMENTIA AND NUTRITION

DAY 1  
WEDNESDAY 22ND  
MAY  
11:30-13:00  
STREAM 1 VOX 1&2



### 2

#### MEDICINES OPTIMISATION

DAY 1  
WEDNESDAY 22ND MAY  
09:30-11:00  
STREAM 3 VOX 5



### 3

#### TIPS FOR PASSING SCE

DAY 1  
WEDNESDAY 22ND  
MAY  
14:00-15:00  
STREAM 3 VOX 5



### 4

#### DOLS

DAY 2  
THURSDAY 23RD  
MAY  
09:30-09:55  
STREAM 2: VOX 4



### 5

#### FALLS & SYNCOPES

DAY 3  
FRIDAY 24TH MAY  
09:30-11:00/11:30-12:30  
STREAM 1 VOX 1 & 2



COME AND SAY HELLO TO THE TRAINEES COUNCIL!  
YOU CAN FIND US AT THE BGS STAND DURING BREAKS AND TAKE  
PART IN OUR FRAILTY CIRCUIT  
OR YOU CAN JOIN US DURING LUNCH ON THURSDAY FOR THE  
TRAINEES MEETUP AT 13:15 VOX 5



Dr Victoria O'Brien  
Co Chair, Trainees Council



Dr Julianaa Raghu  
Co Chair Trainees Council



Dr Grace Pearson  
Education and Training Rep



Dr Joyce Lau (Yun Yee)  
Meetings and Events Rep



Dr Anirudh Kumar  
Education and Training Rep

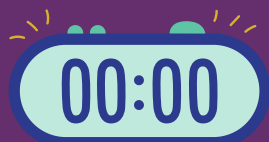


Dr Sabrina Costa  
Meetings and Events Rep

Take part in the Frailty Circuit  
Visit us in Vox 3 in the exhibition area to

# Frailty Circuit instructions

Compete  
to be the  
fastest



## 1

### DON EQUIPMENT

Participant will don all equipment (not timed)



## 2

### SIT TO STAND

Go from sitting to standing position.

## 3

### WALK

Walk to the next station.

## 4

### DRESS

Pick up and put on shirt, do up at least 5 buttons.



## 5

### Return to Start: Take a Seat

Go back to chair and sit-down ending the circuit.



## Meet up with other Nurse and Allied Health Professional colleagues during the conference.

<b>WEDNESDAY</b> 22 May	<b>THURSDAY</b> 23 May	<b>FRIDAY</b> 24 May
<p><b>13.00-14.00 Group meetups</b> Vox 3</p> <p>Join colleagues over lunch to catch up</p>	<p><b>08.30 Policy breakfast</b> Vox 5</p> <p>Join the BGS Policy Manager to learn more about how and why BGS influences in the lead up to the general election focusing on workforce issues in healthcare of older people.</p> <p>Suitable for policy novices and old hands alike – all welcome!</p>	<p><b>13.30-14.00 Join the Nurse and AHP Meetup</b> Vox 5</p> <p>Join colleagues over lunch to catch up in Vox 5. Those joining online can attend via Zoom. See below for the link</p>
<p><b>FRIDAY</b> 24 May</p> <p><b>14.30-16.00 Join the Nurse and AHP Community of Practice</b> Vox 5 <b>Nursing and Allied Health Community of Practice</b></p> <p>The Importance of Kindness in Leadership</p> <p>The session will involve interactive discussions exploring the meaning of Kindness and why it is a critical component of effective leadership.</p> <p>This session is a BGS communities of practice online meeting. This meeting will focus on developing future Nurse and Allied Health professional leaders' skills and abilities.</p>		



# About the speakers

# Information

## Guest Lecturer

**Professor Janet Lord**

**Professor of Immune Cell Biology, Director of the MRC-Versus Arthritis Centre for Musculoskeletal Ageing Research University of Birmingham**

Her primary research focus is on the effect of ageing upon immune function and how this limits the ability of older adults to resolve inflammation occurring in response to infectious challenge or injury. This has led her to research neutrophil function in healthy elders and also after hip fracture and during infections such as pneumonia. She also researches the link between chronic systemic inflammation and physical frailty in old age and has published papers showing that much of the increased systemic inflammation and sarcopenia associated with ageing can be prevented by high levels of physical activity in adulthood.

Professor Lord has a particular interest in the role played by stress (physical and psychological) and the altered HPA axis in modulating immunity and frailty in old age and following an injury such as hip fracture. She has published several papers showing that a heightened HPA axis (increased cortisol:DHEAS ratio) is associated with poor outcomes after hip fracture.

More recently she has carried out research into the impact of critical injury on the rate of biological ageing and how ageing

**KEYNOTE: Thursday 23 May, 15.45**



processes influence outcomes such as sepsis and scarring after trauma and burn injury. She aims to develop new therapies to improve outcomes after injury. In this context, she has also worked on the factors driving scarring after burn injury, bringing in her experience from the fields of inflammation and cell senescence.

In 2013 she was awarded the Lord Cohen of Birkenhead medal for her outstanding research in human ageing by the British Society for Research on Ageing. She was elected a Fellow of the Academy of Medical Sciences in 2015 and was awarded a CBE in the New Years Honours list in 2023.

**KEYNOTE: Friday 24 May, 12.45**

## Marjory Warren Guest Lecturer

**Professor Andrew Elder**

**President RCPE, Consultant Physician, Honorary Professor, University of Edinburgh**



Andrew Elder is the first geriatrician to be elected as President of the Royal College of Physicians of Edinburgh. His career outside clinical care has been devoted to medical education and he is recognised as expert in the teaching and assessment of bedside clinical skills. He has taught and lectured in over twenty countries including the USA, with visiting professorships at Stanford Medicine, UAB, WUSTL, Johns Hopkins and a one year fellowship at the Centre for the Advanced Study of the Behavioral Sciences at Stanford in 2018, where his interest in new technology in the care of older people developed. In 2021 he was awarded Mastership of the American College of Physicians - the first doctor practising in Scotland to attain this honour since its inception in 1923. He believes that compassion, communication and core bedside clinical skills remain fundamental to high quality care and therefore have prime importance in contemporary medical education.



Accommodation in recent years has increased in costs and this year keeping costs low is important. Study leave budgets are always under pressure and never seem to go far enough. BGS has identified hotels near the Vox conference centre which are low cost.

Please visit <https://zannaevents.vbookings.co.uk/b/bgs> for available options and rates

The most affordable hotels are located in Birmingham City Centre and a short walk to Birmingham New Street Station. From here delegates can catch a direct train to the NEC train station. These rates are variable so please do book soon to avoid disappointment. These hotels have a cancellation window of 24 hours before the meeting (please double check!) so book your accommodation now.

## Hotels Added:

- IBIS Birmingham New Street (4 min walk to New Street Station)
- IBIS Budget Birmingham around (12 min walk to New St Station)
- Holiday Inn Express Birmingham Snow Hill (12 min walk to New St Station )
- PentaHotel Birmingham (12 min walk to New St Station)

Upon searching, hotels will appear in an ascending order and show the hotels with the best rates first despite distance to the VOX. While not as convenient as staying on site it's hopefully much more affordable, and offers evenings in Birmingham City centre.



**Updated in 2023**

## Frailty- Identification and Interventions

Self-paced elearning course  
FREE to all Healthcare Professionals

Four modules covering

- Understanding and Communicating Frailty
- Identifying Frailty
- Managing those living with Frailty
- Building Systems Fit for Frailty

**10 distance learning CPD Credits**

**Sign-up for FREE until June 2024** [www.bgs.org.uk/2023F-IF](http://www.bgs.org.uk/2023F-IF)

We are excited to welcome delegates back to in-person conferences and we can't wait to share the delights of Birmingham with you. We hope this Spring Meeting will offer you the opportunity to refresh, relax and refocus. Please take time during the conference to reflect, sit a while or catch up with colleagues.

We have organised a number of social activities throughout the conference which we encourage you to take part in, as well as explore the delights the West Midlands has to offer. Please see the below summary to help you plan your time.

SOCIAL PROGRAMME		
This social programme is self funded, independent from our sponsor's support.		
WEDNESDAY 22 May	THURSDAY 23 May	FRIDAY 24 May
<p><b>13.00-14.00 Group meetups</b> Vox 3</p> <p>Join colleagues over lunch to catch up</p>	<p><b>08.30 Policy breakfast</b> Vox 5</p> <p>Join the BGS Policy Manager to learn more about how and why BGS influences in the lead up to the general election focusing on workforce issues in healthcare of older people.</p> <p>Suitable for policy novices and old hands alike – all welcome!</p>	<p><b>13.30-14.00 Group meetups</b> Vox 3</p> <p>Join colleagues over lunch to catch up</p> <p><b>Sign up during registration</b></p>
	<p><b>17.30 - 18.30 Drinks and Canapes</b> Vox 3</p> <p>Join colleagues over a drink and canapes after the sessions. We will be acknowledging demitting Editor in Chief of Age and Ageing, Professor Rowan Harwood and hearing from our Arts and Humanities group.</p>	
<p><b>17.00-18.00 Welcome drinks</b> Vox 3</p> <p>Join colleagues over a drink at the end of the day. We will also have meet up points for specific interests.</p> <p>This social programme is self funded, independent from our sponsor's support.</p> <p><b>Sign up during registration</b></p>	<p><b>19.30 Conference Dinner and Dancing</b> Vox entertaining space</p> <p>Arrival drinks at 7pm, dinner served from 8pm. The conference dinner returns. Sign up for a ticket during registration. Limited places. £35 per ticket.</p> <p>This social programme is self funded, independent from our sponsor's support.</p> <p><b>Sign up during registration</b></p>	



Use the table below to help plan how you will spend your first day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	<b>STREAM 1</b> VOX 1 & 2	<b>STREAM 2</b> VOX 4	<b>STREAM 3</b> VOX 5
8.30	<b>Registration</b>		
9.15	<b>KEYNOTE</b> President's Opening Address		
9.30-11.00	<b>Dementia and Nutrition</b> Prevention and Brain Health Service Development	<b>Improving Continence in older people</b> Bladder Health	<b>Medicines Optimisation</b>
11.00	<b>Free time</b>		
11.30-13.00	<b>Dementia and Nutrition</b> Nutrition for those living with Dementia	<b>Improving Continence in older people</b> Bladder Health	<b>Platform Presentations and Poster Lightning Round</b>
13.00	<b>Lunch and posters</b>		
13.00	<b>Group Meetups</b> Join colleagues over lunch to catch up in <b>Vox 3</b> and the <b>Foyer</b> . Look out for the signs indicating where to meet up.		
14.00-15.00	<b>Dementia and Nutrition</b> Novel Therapies	<b>Improving Continence in older people</b> Bowel Health	<b>SCE</b> Exam update and preparation session
15.00	<b>Free time and dedicated poster viewing time</b>		
15.30-16.30	<b>Dementia and Nutrition</b> Nutrition and advanced dementia	<b>Improving Continence in older people</b> UTIs and Urodynamics	<b>Clinical Quality Session</b>
16.30	<b>Sponsored symposium - Vox 4</b> <b>Connecting the skin, eye and brain with nutrition: A new vision!</b> Professor John Nolan, Director Nutrition Research Centre Ireland, South East Technological University, Ireland  <i>This is a promotional symposium sponsored and organised by Body Doctor intended for GB HCPs only</i>		
17.00	<b>Social programme: Welcome drinks</b> Join colleagues over a drink at the end of the day. We will also have meet up points for specific interests. <b>Vox 3</b>		

## STREAM 1: VOX 1 &amp; 2

## KEYNOTE

## President's Opening address

9.00 Opening words from BGS President, Professor Adam Gordon

**Dementia and Nutrition**

## Prevention and Brain Health Service Development

**Moderator:** Tomas Welsh and Samrah Ahmed

- 9.30 - 11.00
- 9.30 **Brain Health Services**  
Professor Dorota Religa, Senior Consultant, Deputy Head of Division for Clinical Geriatrics Department of Neurobiology, Care Sciences and Society (NVS), Karolinska Institut
- 10.00 **PROMED-EX: Testing a protein enriched Mediterranean diet, with and without exercise, for improved nutritional status and cognition in older adults**  
Dr Claire McEvoy, Senior Lecturer Nutrition and Ageing Research, QUB
- 10.20 **Aphasia in dementia: What interventions work?**  
Anna Volkner, SLT and Senior Research Fellow, Language & Cognition, UCL
- 10.50 **Discussion**

11.00 Free time

**Dementia and Nutrition**

## Nutrition in Acute settings for those living with Dementia

**Moderators:** Rachel Thompson and Karl Davis

- 11.30 - 13.00
- 11.30 **Supporting people living with dementia to have positive eating and drinking experiences: The role of the Speech and Language Therapist**  
Dr Lyndsey Collins, Associate Professor, The Centre for Applied Dementia Studies, University of Bradford
- 12.00 **Supporting good hydration in older patients living with Dementia in acute settings**  
Ms Vittoria Romano, Advanced Specialist Dietitian, Central London Community Healthcare Trust and Mrs Alison Smith, Prescribing Support Consultant Dietitian, Herts Valleys CCG
- 12.30 **Dietary modulation of adult hippocampal neurogenesis: Implications for cognitive ageing and dementia**  
Professor Sandrine Thuret, Professor of Neuroscience, King's College London
- 12.50 **Discussion**

13.00 Lunch

13.00 **Group Meetups**  
Join colleagues over lunch to catch up in **Vox 3** and the **Foyer**. Look out for the signs indicating where to meet up.

## STREAM 2: VOX 4

**Improving Continence in older people**

## Bladder Health

**Moderators:** Aine McGovern and Alasdair MacRae

9.30 - 11.00	<p>09.30 <b>The Ageing process of the Bladder</b> Dr Pallavi Latthe, Consultant Urogynaecologist, Birmingham Women's and Children's NHS Foundation Trust</p> <p>09.55 <b>The pharmacological treatment of Overactive Bladder in older adults</b> Professor Adrian Wagg, Chair in Healthy Ageing, University of Alberta</p> <p>10.20 <b>Stress incontinence management</b> Karen Guerrero, Urogynaecologist, National Health Research Senior Fellow, Honorary Senior Clinical Lecturer, Queen Elizabeth University Hospital, Glasgow</p> <p>10.50 <b>Discussion</b></p>
11.00	Free time

**Improving Continence in older people**

## Bladder Health

**Moderators:** Aine McGovern and Alasdair MacRae

11.30 - 13.00	<p>11.30 <b>Nocturia</b> Dr Vikky Morris, Consultant Geriatrician, Musgrove Park Hospital</p> <p>11.55 <b>Dementia and Continence issues: Approaching Challenging behaviour</b> Dr Cathy Murphy, Principal Research Fellow, University of Southampton (<i>remote</i>)</p> <p>12.20 <b>Pessary use for pelvic organ prolapse in older adults</b> Professor Carol Bugge, Professor of Nursing, Glasgow Caledonian University</p> <p>12.45 <b>Discussion</b></p>
13.00	Lunch
13.00	<p><b>Group Meetups</b> Join colleagues over lunch to catch up in <b>Vox 3</b> and the <b>Foyer</b>. Look out for the signs indicating where to meet up.</p>

## STREAM 3: VOX 5

**Medicines Optimisation**

## Reconciliation and reduction

Moderator: Đula Alicehajic-Bećić and Diyva Tiwari

9.30 - 11.00	<p>09.30 <b>Medicines Reconciliation in older patients- Evidence and Best Practice</b>  Louise Organista , Advanced Clinical Pharmacist on Frail Elderly Assessment Team Royal Derby Hospital and Dr Tamasine Grimes, Associate Professor, Pharmacy, Trinity College Dublin</p> <p>10.00 <b>Deprescribing towards the end of life</b>  Rosie Marchant, Frailty Pharmacist, North Bristol NHS Trust</p> <p>10.30 <b>Medicines Related Harms in older adults</b>  Dr Jen Stevenson, Consultant Pharmacist/Honorary Senior Lecturer, King's College London and Guy's and St. Thomas' NHS Foundation Trust</p>
11.00	Free time
<b>Platform Presentations</b> <b>Moderator:</b> Mary Ni Lochlainn and Sarah Richardson	
11.30 -12.00	<p>11.30 <b>Abstract 2234 Temporal Trends in Parkinson's Disease-Related Mortality from 1999-2020: A Nationwide Cohort Study</b>  <b>Balamrit Singh Sokhal;</b> Sowmya Prasanna Kumar Menon; Thomas Shepherd; Sara Muller; Amit Arora; Christian Mallen</p> <p>11.45 <b>Abstract 2235 National Trends in Motor Neurone Disease-Associated Mortality from 1999-2020</b>  <b>Delaram Imantalab;</b> Balamrit Singh Sokhal; Sowmya Prasanna Kumar Menon; Seema Kara; Sara Muller; Christian Mallen</p>

**BGS**

**Leadership and Management in Geriatric Medicine 2024**

**2-3 November 2024**  
In Person Only - Jubilee Hotel, Nottingham

**ATTEND IN PERSON** [www.bgs.org.uk/24LM](http://www.bgs.org.uk/24LM)



## STREAM 3: VOX 5

**Posters Lightning Round****Moderator:** Mary Ni Lochlainn and Sarah Richardson

12.00 – 13.00	<p>Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted.</p> <ul style="list-style-type: none"> <li>12.00 Abstract 2146 Evaluation of pulmonary hypertension by echocardiogram in geriatrics patients with SARSCOV2 from a Latin American cohort</li> <li>12.05 Abstract 2192 Implementation of 4AT and Delirium Bundle in Patient Management: a Quality Improvement Project <b>Alaa Ahmed</b> (<i>remote</i>)</li> <li>12.10 Abstract 2211 Improving the proportion of patients &gt;65 years presenting with delirium who have appropriate bloods checked within 12 hours <b>Anna Marshall and Preethi Saravanan</b></li> <li>12.15 Abstract 2229 A review of CT Head Scans in Elderly Patients admitted to hospital with Falls and adherence to the NICE Guidelines. <b>Sugeevan Savarimuthu</b> (<i>remote</i>)</li> <li>12.20 Abstract 2256 Assessing vision as part of the CGA in frail patients admitted with fractures <b>Rachel Knox and Shyaam Balakrishnan</b> (<i>remote</i>)</li> <li>12.25 Abstract 2280 A QIP to Improve Pain Management in Elderly Patients presenting with Falls to A&amp;E and being referred to the OPAL Team <b>Mahajabeen Rahman</b></li> <li>12.30 Abstract 2303 Improving the assessment and management of osteoporosis in a district general hospital. <b>Ben Darcy and Samuel Rose</b></li> <li>12.35 Abstract 2289 The association of heart rate and cholinesterase inhibitor use among elders living with dementia: A retrospective cohort study <b>Smuch Siramongkholkarn</b></li> <li>12.40 Abstract 2238 How can effective teaching about dementia be integrated into the undergraduate medical curriculum? A realist review <b>Linda Lee</b></li> <li>12.45 Abstract 2252 Competencies Required By All Hospital Doctors Caring for Older Adults: A Group Concept Mapping Study <b>Emily Buckley</b> (<i>remote</i>)</li> <li>12.50 Abstract 2217 Experiences of older residents in anticipation of transitioning to a new nursing home <b>Ivy Yau</b></li> <li>12.55 Abstract 2218 Experience of Family Caregivers for Older Patients with Delirium: A Qualitative Study <b>A Mahmoud</b></li> </ul>
13.00	<b>Lunch</b>
13.00	<b>Group Meetups</b> Join colleagues over lunch to catch up in <b>Vox 3</b> and the <b>Foyer</b> . Look out for the signs indicating where to meet up.

## STREAM 1: VOX 1 &amp; 2

**Dementia and Nutrition**

## Novel Therapies

**Moderators:** Tomas Welsh and Rachel Cowan

14.00 - 15.00	<p>14.00 <b>Current and Novel Therapies in Dementia Treatment</b> Dr Helena Dolphin, Geriatric Medicine Specialist Registrar, Tallaght University Hospital</p> <p>14.30 <b>Panel Discussion: Are further infrastructural changes needed before the approval and administration of novel treatments of novel treatments for Alzheimer's disease?</b> Professor Vanessa Raymont, Associate Professor and Honorary Consultant Psychiatrist, Department of Psychiatry, University of Oxford and R&amp;D Director, Oxford Health NHS Foundation Trust, Associate Director, Dementias Platform UK Joint Deputy Chair, NIHR Dementia Translational Research Collaboration, NIHR Clinical Research Network Dementia Lead, Thames Valley and South Midlands, Honorary Senior Clinical Research Fellow, Centre for Dementia Prevention, University of Edinburgh</p> <p>Professor Seán Kennelly, Consultant Physician in Geriatric Medicine, Director Institute of Memory and Cognition, Clinical Director of National Intellectual Disability Memory Service, Clinical Lead for Integrated Care Older Persons Services CHO7/TUH, Tallaght University Hospital and Clinical Associate Professor of Medical Gerontology, Trinity College Dublin.</p>
15.00	<p>Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster Platform.</p>

**Dementia and Nutrition**

## Nutrition and advanced dementia

**Moderators:** Rachel Thompson and Karl Davis

15.30 - 16.30	<p>15:30 <b>Identifying, managing and supporting eating and drinking in people with dementia through to the end of life</b> Professor Liz Sampson, Professor and Consultant, Royal London Hospital, Barts and the London School of Medicine and Dr Nathan Davies, Director of CAPS; Associate Professor of Ageing and Applied Health Research, UCL</p>
16.30	<p><b>SPONSORED SYMPOSIUM</b></p> <p><b>Connecting the skin, eye and brain with nutrition: A new vision!</b> Professor John Nolan, Director Nutrition Research Centre Ireland, South East Technological University, Ireland</p> <p><i>This is a promotional symposium sponsored and organised by Body Doctor intended for GB HCPs only</i></p>
17.00	<p><b>Social programme: Welcome drinks</b> Join colleagues in <b>Vox 3</b> and enjoy a drink at the end of the day. We will also have meet up points for specific interests.</p>

## STREAM 2: VOX 4

### Improving Continence in older people

#### Bowel Health

**Moderators:** Aine McGovern and Alasdair MacRae

14.00 - 15.00	<p>14:00 <b>The Ageing process of the Bowel</b> Professor Gareth Sanger, Professor of Neuropharmacology, QMUL</p> <p>14:25 <b>Management of Faecal incontinence</b> Ms Mahua Chakrabarti, Consultant Surgeon: General/ Colorectal/ Pelvic Floor, Wishaw General Hospital</p>
15.00	<p>Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.</p>

### Improving Continence in older people

#### UTIs and Urodynamics

**Moderator:** Aine McGovern and Alasdair MacRae

15.30 - 16.30	<p>15.30 <b>Recurrent UTIs in the Older Patient</b> Dr Bob Yang, Consultant Urologist Associate Lecturer Oxford University, Royal Berkshire NHS Foundation Trust</p> <p>15.55 <b>Interpretations and practicalities of urodynamics</b> Professor Paul Abrams, Honorary Professor of Urology, University of Bristol; Consultant Urological Surgeon, Bristol Urological Institute, Southmead Hospital</p>
16.30	<p><b>SPONSORED SYMPOSIUM</b></p> <p><b>Connecting the skin, eye and brain with nutrition: A new vision!</b> Professor John Nolan, Director Nutrition Research Centre Ireland, South East Technological University, Ireland</p> <p><i>This is a promotional symposium sponsored and organised by Body Doctor intended for GB HCPs only</i></p>
17.00	<p><b>Social programme: Welcome drinks</b> Join colleagues in <b>Vox 3</b> and enjoy a drink at the end of the day. We will also have meet up points for specific interests.</p>

# STREAM 3: VOX 5

## Preparing for the Specialty Certificate Exam in Geriatric Medicine(SCE)

### Tips for Passing the SCE in Geriatric Medicine

**Facilitators:** Alexander Thomson and Divya Tiwari

**14.00 - 15.00** This presentation is for those currently preparing for the Specialist Certificate Examination (SCE) in Geriatric Medicine.

The speakers will explain the background to the exam, how questions are constructed, and how to prepare and revise. Some example questions will be shown.

Dr Alexander Thomson, Consultant Geriatrician, Salford Royal Hospital and Dr Divya Tiwari, Consultant Geriatrician, Royal Bournemouth Hospital Foundation Trust

**15.00** Free time

## Clinical Quality Session

**Moderators:** James Adams and Sangam Malani

A selection of posters from submissions will be presented as oral presentations. The authors will be able to take questions and provide more detail to the inperson and online audience.

**15.30 Abstract 2159 Feasibility Study: The Use of the Edmonton Frail Scale in a Psychiatric Inpatient Facility**

**Dr Parul Shah** ; Keswadee Khongsueb; Esther Gathii; Dr Kieran Breen

**15.30 - 16.30** **15.45 Abstract 2265 Patient Experience and Outcome Measures in Virtual Wards at Swansea Bay University Health Board.**

**A.J.Burgess**; A.Mehta; E.K.Davies; N.Hapgood; E.A. Davies.

**16.00 Abstract 2246 Mind the HAP: an initiative to improve the diagnosis, management and prevention of Hospital Acquired Pneumonia on Elderly Care**

T Nanayakkara, **C McLaren**, R Miah, S Narayanasamy, V Kobbegala, S Iyer, A Chatterjee, K Faisal, S Black, D Weerasinghe

## SPONSORED SYMPOSIUM

**16.30** **Connecting the skin, eye and brain with nutrition: A new vision!**

Professor John Nolan, Director Nutrition Research Centre Ireland, South East Technological University, Ireland

*This is a promotional symposium sponsored and organised by Body Doctor intended for GB HCPs only*

**17.00** **Social programme: Welcome drinks**

Join colleagues in **Vox 3** and enjoy a drink at the end of the day. We will also have meet up points for specific interests.



Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.

### Dedicated Posters Presentation

Wednesday

15.00 -  
15.30

- 2207 Outcomes and decision-making around cardiopulmonary resuscitation in frail older adults: A mixed methods Quality Improvement Pro
- 2226 Assessing Quantitative Sonographic Changes in the Muscle Mass of Geriatric Patients Hospitalised Using Point of Care Ultrasound
- 2242 Retrospective study of inpatient falls resulting in patient harm April-September 2023: Comparing our care to the BSG guidelines.
- 2264 A Novel Frailty Specific Same Day Emergency Care (SDEC) Score ? An Initial Retrospective Validation Cohort.
- 2297 Impact of creation and subsequent expansion of the Acute Frailty Team at Queen Elizabeth Hospital, Gateshead on patient outcomes
- 2222 Individual telephone calls to frail older adults improve outpatient clinic attendance rates
- 2283 Early Supported Discharge for Fragility Fractures -Collaborative Working to Deliver Responsive High Quality Patient-Centred Care
- 2285 Medicines and Falls ? what does the audience participation indicate about future learning needs?
- 2306 Bone health after hip fracture; does introducing a 10 day vitamin D loading regime increase use of inpatient intravenous zoledro
- 2320 DNAR: All or Nothing: Impact of Education Sessions Re-Audit
- 2326 Improving Recording and Documentation Of Lying Standing Blood Pressure In Patients >65 Admitted With/ At High Risk Of Fall(s)
- 2151 A retrospective analysis of outcomes in inpatient fallers who sustain a Neck of Femur fracture
- 2269 Preventing Frailty Crises: improving the care of Frail patients in an Acute Hospital Ward Setting
- 2199 The Prevalence Of Pre-Admission Vitamin D Levels In The Management And Outcomes Of Proximal Femur Fractures
- 2293 Targeted Geriatric Assessment in the Emergency Department: does it make a difference?
- 2214 Using poisons centre data to identify potential safety risks associated with the use of monitored dosage systems.
- 2277 Predictive factors of Delirium in Neck of Femur Fracture and Post-Operative Outcomes at Morriston Hospital
- 2198 Evidence of systematic missingness in frailty data: A European Cohort Study
- 2197 Effectiveness of Horticultural Therapy on the Psychosocial and Physical Function of Older Adults with Normal Cognitive Function.
- 2324 Feasibility of screening for frailty, sarcopenia and nutritional status in elective surgery for colorectal cancer
- 2247 Clinical pharmacists working in primary care supporting people living with dementia: a UK survey
- 2153 Yesavage Geriatric Depression Scale (GDS) and mini mental test as characterization tools in a South American cohort with type 2

Use the table below to help plan how you will spend your second day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	<b>STREAM 1</b> VOX 1 & 2	<b>STREAM 2</b> VOX 4 & Lakeside Foyer	<b>STREAM 3</b> VOX 5
8.30	<b>Policy breakfast</b> VOX 5		
9.30 - 10.30	<b>Respiratory</b> The Ageing respiratory system	<b>Medical ethics and law</b> Protecting liberties for older people-what is going on?	<b>Research</b> Association of Academic Geriatric Medicine (AAGM) symposium - Delirium
10.30	<b>Free time</b>		
11.00 - 12.00	<b>Respiratory</b> Respiratory Viruses Updates	<b>Medical ethics and law</b> Driving	<b>Research</b> Applying clinical research in clinical practice: the HERO trial
12.15	<b>President's poster round - VOX 4</b>		
13.15	<b>Lunch and dedicated poster viewing time</b>		
13.15	<b>Trainees Meetup - VOX 5 and Zoom</b>		
14.00	<b>Sponsored symposium - VOX 4</b> <i>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</i> Dr Sanjay Suman, Consultant Geriatrician & Clinical Director, Medway NHS Foundation Trust Kent This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4		
14.30 - 15.30	<b>Tissue Viability</b> Ulceration and non-healing	<b>Poster Lightning Round</b>	<b>Research Awards and Platform Presentations</b>
15.30	<b>Free time</b>		
15.45	<b>KEYNOTE</b> <b>Geroscience, a new approach to age-related morbidity</b> <b>Guest Lecture: Professor Janet Lord</b> Professor of Immune Cell Biology, Director of the MRC-Versus Arthritis Centre for Musculoskeletal Ageing Research University of Birmingham		
16.30	<b>Equality, Diversity and Inclusion</b> VOX 5		
17.30	<b>Social programme: Drinks and Canapes in Vox 3</b> Celebrate our demitting Age and Ageing Editor, Professor Rowan Harwood, and engage with colleagues in Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce and our Arts and Humanities group.		

## STREAM 1: VOX 1 & 2

### Respiratory

#### The Ageing respiratory system

**Moderator:** Lyndsey Dunn and Asim Majeed

9.30 - 10.30	<p>09.30 <b>The Ageing lung</b> Dr Diana Kavanagh, Respiratory Consultant, Sandwell &amp; West Birmingham NHS Trust</p> <p>10.00 <b>Asthma and COPD in the older patient</b> Dr Adeel Sahal, Consultant in Respiratory and General Internal Medicine, Sandwell &amp; West Birmingham NHS Trust</p>
10.30	<b>Free time</b>

### Respiratory

#### Respiratory viruses

**Moderator:** Angeline Price and Asim Majeed

11.00 - 12.00	<p>11.00 <b>Respiratory viruses overview and focussed update on RSV &amp; COVID</b> Dr Guy Hagan, Consultant in Respiratory and General Internal Medicine, City Hospital, Birmingham</p> <p>11.40 <b>Panel Discussion</b></p>
12.15	<p><b>President's poster round - VOX 4</b> Adam Gordon and Vicki Goodwin</p>
13.15	<p><b>Lunch</b> <b>Trainees Meetup - VOX 5 and Zoom</b></p>
14.00	<p><i><b>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</b></i> Dr Sanjay Suman, Consultant Geriatrician &amp; Clinical Director, Medway NHS Foundation Trust Kent This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only Vox 4</p>

**STREAM 2: VOX 4****Medical ethics and law**

## Protecting liberties for older people-what is going on?

**Moderators:** Martin Vernon and Ruth Law

9.30 - 10.30	<p>9.30 <b>Deprivation of liberty - managing the impossible?</b> Alexander Ruck Keene KC (Hon), Barrister, 39 Essex Chambers</p> <p>9.55 <b>Social care: where are we now?</b> Caroline Abrahams, Charity Director, Age UK</p> <p>10.15 <b>Abstract 2243 Modification effect of disability profiles on the association of blood pressure and mortality among older long-term care people</b> Yue Zhong, Chuanteng Feng, Lisha Hou, Ming Yang, Xinjun Zhang, Jinhui Wu, Birong Dong, Peng Jia, Shujuan Yang, <b>Qingyu Dou</b>.</p>
10.30	<b>Free time</b>
11.00	<p>11.00 <b>Fitness to Drive: Case scenarios</b> Dr Lynne Hutton, Consultant in Rehabilitation Medicine, Astley Ainslie Hospital</p> <p>11.30 <b>GMC Guidance on professional standards around confidentiality and driving</b> Helene Hillier, Regional Liaison Adviser - West Midlands General Medical Council</p> <p>11.50 <b>Abstract 2244 Effect of long-term care insurance in a pilot city of China: Health benefits among 12,930 disabled older adults</b> <b>Lijun Zeng</b> (<i>remote</i>), Yue Zhong, Yuxiao Chen, Mei Zhou, Shaoyang Zhao, Jinhui Wu, Birong Dong, <b>Qingyu Dou</b>.</p>
12.10	<p><b>President's poster round - VOX 4</b> Adam Gordon and Vicki Goodwin</p>
13.15	<p><b>Lunch</b></p> <p><b>Dedicated poster viewing time:</b> A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform</p> <p><b>Trainees Meetup - VOX 5 and Zoom</b></p>
14.00	<p><b>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</b> Dr Sanjay Suman, Consultant Geriatrician &amp; Clinical Director, Medway NHS Foundation Trust Kent</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only</p> <p>Vox 4</p>



**STREAM 3: VOX 5****Policy breakfast**

8.30	<p>The policy session will focus on workforce issues and the policy solutions to these. The session will be chaired by BGS Vice President for Workforce, Dr Amit Arora, and we will be hearing from:</p> <ul style="list-style-type: none"> <li>• Dr Amanda Koh and Dr Sarah True from the BGS Workforce Committee about the recent survey of Training Programme Directors</li> <li>• Lucy Aldridge, BGS Policy Coordinator, about the analysis of the RCP census</li> <li>• Sally Greenbrook, BGS Policy Manager, about the BGS membership survey</li> </ul> <p>This will be followed by a group discussion about the issues raised and how they can be addressed, particularly in the context of an upcoming general election. All welcome!</p>
------	---

**Association of Academic Geriatric Medicine (AAGM) symposium****Moderators:** Lousie Allan and Nathalie van der Velde

9.30 - 10.30	<p>09.30 <b>Reflections on implementing RecoverED: Facilitation strategies and support.</b> Dr Shruti Raghuraman, Research Fellow, University of Exeter and Mrs Abigail Laverick, Research Fellow Occupational Therapist, University of Exeter</p> <p>09.50 <b>Biomarkers in Delirium</b> Professor Daniel Davis, Professorial Research Fellow, University College London</p> <p>10.10 <b>Big Data in Delirium</b> Dr Rose Penfold, PhD Fellow, Edinburgh University</p>
--------------	--

10.30 **Free time****Research into Ageing****Applying clinical research in clinical practice: the HERO trial****Moderators:** Nathalie van der Velde and Jagadish Kumar Chhetri

11.00-12.00	<p>11.00 <b>Introducing the HERO trial</b> Professor Andrew Clegg, Professor of Geriatric Medicine and Geriatrician, University of Leeds &amp; Bradford Royal Infirmary &amp; Professor Vicki Goodwin, Professor of Ageing and Rehabilitation, University of Exeter</p> <p>11.10 <b>Summary of the clinical effectiveness results</b> Michelle Collinson, Principal Statistician, University of Leeds</p> <p>11.20 <b>Analyses from the process evaluation</b> Dr Abi Hall, Post doctoral researcher and Physiotherapist, University of Exeter</p> <p>11.30 <b>Health economic analyses</b> Professor Claire Hulme, Health Economist, Exeter University</p> <p>11.40 <b>Challenges and solutions associated with delivering the Trial and Embedding research intervention delivery in NHS therapy services</b> Matthew Prescott, Research trial manager and Physiotherapist, Bradford Teaching Hospitals</p> <p>11.45 <b>Considerations for future community rehabilitation research</b> Professor Vicki Goodwin, Professor of Ageing and Rehabilitation, University of Exeter</p>
-------------	--

# VOX 4

## President's Poster Round

**Moderators:** Adam Gordon and Vicki Goodwin

12.15-13.15	<p>These are the top submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs. These will be published following adjudication.</p> <p>12.15 Abstract 2358 <b>Evaluation of a Novel Screening Protocol for Respiratory Viral Infections in Long-Term Care Homes</b> E Devereaux; C King; S Meeker; K Rockwood</p> <p>12.20 Abstract 2342 <b>A comprehensive profile of a retrospective care home cohort using linked health and social care data</b> M Knight, A Clegg, O Todd</p> <p>12.25 Abstract 2239 <b>Making Frailty Practice Robust: Using e-Learning to Facilitate Frailty Education</b> W McKeown; K Bhatt; G Collingridge; C Gyimah</p> <p>12.30 Abstract 2284 <b>NHS Staff Experiences of Racism from Patients and Carers: Survey from a London Older Persons Service</b> Camilla Parker ; S Ali, EL Sampson; D Sivapathasuntharam</p> <p>12.35 Abstract 2142 <b>Shared Decision-Making on Treatment Escalation Planning in the acute medical setting for older patients: a qualitative study</b> Bronwen Warner; MWells; CVindrola-Padros; SJBrett</p> <p>12.40 Abstract 2225 <b>Geriatric patients in virtual wards; technology adoption style, ease of use, and adherence to remote monitoring technology</b> J Pugmire; M Wilkes; Annabel Kramer; B Zaniello; N Zahradka</p> <p>12.45 Abstract 2287 <b>Residents with dementia had an increase in BMI after the introduction of an extra meal in nursing homes in Norway</b> Hilde Søreide; M Simonsen; A M Sandvoll; Ole T Kleiven.</p> <p>12.50 Abstract 2327 <b>Delirium predicts poor outcomes in Parkinson's disease</b> Florence Gerakios; AJ Yarnall; G Bate; L Wright; D Davis; BCM Stephan; L Robinson; C Brayne; G Stebbins; JP Taylor; DJ Burn; LM Allan; SJ Richardson; RA Lawson</p> <p>12.55 Abstract 2318 <b>The interrelationship between multiple long-term conditions (MLTC) and delirium: A scoping review</b> Sarah Richardson; AD Cropp; SW Ellis; J Gibbon; AA Sayer; MD Witham</p>
13.15	<p><b>Lunch &amp; Dedicated poster viewing time</b></p> <p>Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.</p> <p><b>Trainees Meetup - VOX 5 and Zoom</b></p>
14.00	<p><b>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</b></p> <p>Dr Sanjay Suman, Consultant Geriatrician &amp; Clinical Director, Medway NHS Foundation Trust Kent</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only</p> <p>Vox 4</p>

**STREAM 1: VOX 1 & 2****Tissue Viability**

## Ulceration and non-healing wounds

**Moderators:** Adam Gordon and Julianaa Raghu

14.30 - 15.30	<p><b>14.30 Assessment and diagnosis of common causes of skin ulceration</b> Joanna Swann, Senior lecturer in Tissue Viability. School of Nursing and Midwifery, Birmingham City University</p> <p><b>15.00 Common and complex reasons for non-healing</b> Heidi Sandoz Honorary Fellow University of Hertfordshire and Tissue Viability Clinical Nurse Specialist Hertfordshire Community NHS Trust</p>
15.30	Free time

**KEYNOTE****Geroscience, a new approach to age-related morbidity****Moderator:** Adam Gordon

15.45	<p><b>Guest Lecturer</b> <b>Professor Janet Lord</b> Professor of Immune Cell Biology, Director of the MRC-Versus Arthritis Centre for Musculoskeletal Ageing Research University of Birmingham</p>
16.30	<p><b>Equality, Diversity and Inclusion Schwartz round</b> Moderators: Moe Oo Thaw and Sarah Mistry Vox 5</p>
17.30	<p><b>Social programme: Drinks and canapes</b> Celebrate our demitting Age and Ageing Editor, Professor Rowan Harwood, and engage with colleagues in Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce and our Arts and Humanities group. Vox 3</p>
19.30	<p><b>Social programme:</b> Conference dinner and dancing Ticketed conference dinner, Vox. Tickets £35 *These social programmes are self funded, independent from our sponsor's support.</p>

**STREAM 2: Vox 4****Poster Lightning Round****Moderators:** Alasdair MacRae and Victoria O'Brien

14.30 - 15.30	<p>Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted .</p> <ul style="list-style-type: none"> <li>• 14.00 Abstract 2216 Geriatric overactive bladder &amp; Botulinum toxin A: Feasibility and tolerability in the outpatient setting under local anaesthetic <b>A Lavigne</b></li> <li>• 14.05 Abstract 2143 Minimal Ingredient Wipes for Geriatric Care <b>Jill Sommerville</b></li> <li>• 14.10 Abstract 2254 Improving the quality and breadth of advance care planning discussions on gerontology wards in an acute London trust <b>Scott Crabtree</b></li> <li>• 14.15 Abstract 2294 Improving communication and documentation in patients receiving End of Life care <b>Victoria Ahmad</b></li> <li>• 14.20 Abstract 2259 Assessing Antibiotic Usage on a geriatric ward <b>Melissa Trueman (remote)</b></li> <li>• 14.25 Abstract 2275 Enhancing Delirium Awareness Among Patients' Relatives: A Quality Improvement Project in Elderly Care <b>Darsana Bharathi</b></li> <li>• 14.30 Abstract 2328 Knowledge of dying in place and preferences for place of death among older adults in Hong Kong <b>Linda Lee</b></li> <li>• 14.35 Abstract 2350 A Scoping Review of Guidelines and Resources to Promote Evidence-Based Prescribing for Older People with Sensory Impairment <b>Brenda Morrison</b></li> <li>• 14.40 Abstract 2319 Deficits comprising multi-dimensional frailty indices based on routine data: sub-analysis of a scoping review <b>Schenelle Dlima</b></li> <li>• 14.45 Abstract 2351 Abstract Clinical Phenotype and Epidemiology of Delirium-Onset Dementia with Lewy Bodies - A Scoping Review <b>Isobel Mancey</b></li> <li>• 14.50 Abstract 2296 Co-developing a qualitative study exploring the determinants of safe anti-coagulation in frail older adults. <b>Khalid Ali</b></li> <li>• 14.55 Abstract 2258 The need for delirium education and psychosocial care after discharge: A realist analysis of interviews with key stakeholders <b>Shruti Raghuraman</b></li> </ul>
15.30	<b>Guest lecture in Vox 3</b>
16.30	<b>Equality, Diversity and Inclusion Schwartz round</b> <b>Moderators:</b> Moe Oo Thaw and Sarah Mistry Vox 5
17.30	<b>Social programme: Drinks and Canapes</b> Celebrate our demitting Age and Ageing Editor, Professor Rowan Harwood, and engage with colleagues in Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce and our Arts and Humanities group. Vox 3
19.30	<b>Social programme:</b> Conference dinner and dancing Ticketed conference dinner, Vox. Tickets £35 *These social programmes are self funded, independent from our sponsor's support.



# STREAM 3: VOX 5

14.00	<p><i><b>Sponsored Symposium: Managing Hyperkalaemia in Multimorbidity and Frailty</b></i>  Dr Sanjay Suman, Consultant Geriatrician &amp; Clinical Director, Medway NHS Foundation Trust Kent</p> <p>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only  Vox 4</p>
-------	--

## Research into Ageing

### Rising Star and Research Awards

**Moderators:** Rowan Harwood and Jane Youde

14.30 - 15.30	<p>14.30 <b>Rising Star Presentation: Collaboration to build resilience in older age</b>  Dr Carly Welch, Consultant Geriatrician, Guy's and St Thomas' NHS Foundation Trust</p> <p>14.50 <b>Abstract 2236 Emergency department attendance stratified by cause and frailty status: a national cohort study of over 155 million patients</b>  <b>Balamrit Singh Sokhal;</b> Adrija Mateti; Joanne Protheroe Toby Helliwell; Phyo Kyaw Myint; Timir Paul; Christian Mallen; Mamas Mamas</p> <p>15.05 <b>Dhole Eddlestone Prize Winner Normative values for grip strength, gait speed, timed up and go, single leg balance, and chair rise derived from the Canadian longitudinal study on ageing</b>  Alex Mayhew, Epidemiologist, Aging Researcher and Postdoctoral Fellow, McMaster University</p> <p>15.25 <b>Abstract 2332 Feasibility and utility of introducing handgrip strength measurement for outpatients living with Parkinson's Disease</b>  <b>A Barnard;</b> I Wilkinson; C Eleftheriades; S Bandyopadhyay; S Philip.</p>
15.40	<p><b>Stream close - Head to Vox 1 &amp; 2 for Guest lecture at 15.45</b></p>
16.30	<p><b>Equality, Diversity and Inclusion Schwartz Round</b>  Moderators: Moe Oo Thaw and Sarah Mistry</p> <p>Join us for a participatory session looking at one aspect of EDI in the care of older people. Delivered as a Schwartz round, this session will enable you to learn from others and share examples of building a culture where older people and the multiprofessional teams working with them feel welcomed, supported and empowered to express themselves. Bring your questions and experience to explore how we can improve inclusivity in our practice.</p> <p>Miss Lynn MacDiarmid, Consultant Nurse, Leicestershire Partnership NHS Trust  Dr Huma Naqvi, Consultant Geriatrician, Post Graduate Clinical Tutor, Sandwell and West Birmingham NHS Trust#  Dr Moe Oo Thaw, Consultant Geriatrician with a special interest in Parkinson's disease, Sandwell General Hospital  Dr Laura Pugh, Consultant Geriatrician, Kings Mill Hospital  Mrs Jo Jennings, Course Director: Frailty &amp; Assistant Professor, Coventry University</p>
17.30	<p><b>Social programme: Drinks and Canapes in Vox 3</b>  Celebrate our demitting Age and Ageing Editor, Professor Rowan Harwood, and engage with colleagues in Group meetups - SAS Grade, Trainees, Nurses and AHPs, Researchers, Workforce and our Arts and Humanities group.</p>
19.30	<p><b>Social programme: Conference dinner and dancing</b>  Ticketed conference dinner at the Vox. Tickets £35  *These social programmes are self funded, independent from our sponsor's support.</p>

Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.

### Dedicated Posters Presentation

Thursday

13.15 -  
14.00

- 2210 The Adjustable Transobturator Male System (ATOMS) for urinary incontinence: 9 year sub analysis within the geriatric population
- 2308 A Pilot Project Implementing a Dysphagia Screening Tool For Femoral Fracture Patients.
- 2316 Adverse events associated with anticholinergic burden among geriatric patients admitted to a tertiary care hospital in South Ind
- 2330 Community Frailty Hotline Service: an innovative hospital avoidance model for frailer older people in Mid and South Essex Health
- 2354 Clinical assessment and documentation of delirium in older patients undergoing vascular surgery: a quality improvement project
- 2307 ICPOP Community Rehabilitation Service
- 2317 Geriatrician-led Perioperative Services: an example of Value-Based Care
- 2347 EXPEDITE: a sustainable initiative to improve Average Length of Stay (ALOS) in an Acute Geriatric Ward in Singapore
- 2349 How to provide a cost effective geriatric peri-operative service within general surgery in line with NELA BPT
- 2203 Avoiding therapeutic nihilism in critically ill older adults: a single centre approach to enhanced care in patients with frailty
- 2311 Doing nothing is NOT an option - Successful collaboration as part of wider quality improvement exercise in frailty services
- 2322 Passing the Baton from Emergency visit to Community Care: factors that impact delivery of Targeted Geriatric Care?
- 2245 Disease Trajectories and Medical Expenditures of Older Long-term Care Residents in China: Prospective Observational Study
- 2191 Physiotherapists' perspectives of barriers and facilitators to effective community provision after hip fracture
- 2304 Models of care and the role of clinical pharmacists in UK primary care for older people: findings from a scoping review
- 2200 Association between gait speed deterioration and EEG abnormalities.
- 2213 The prevalence of medication-related harm in people with dementia: a systematic review
- 2248 Clinical Relevance of Donanemab Treatment
- 2272 Methodological challenges and strategies in understanding the lived experiences of childless Chinese older couples
- 2321 Therapeutic use of film screenings for care home residents: A scoping review.
- 2346 Modified Hospital Frailty Risk Score (mHFRS) as a Tool to Identify Frail Hospitalised Older Adults

Use the table below to help plan how you will spend your final day at the conference. More detailed information about the sessions in each stream can be found on the following pages.

	STREAM 1 VOX 1 & 2	STREAM 2 VOX 4	STREAM 3 VOX 5
9.30 - 11.00	<b>Falls &amp; Syncope</b> Is it a Fall or a Faint?	<b>Journey through the GI Tract</b> Good Oral Health	<b>Education &amp; Training</b> Educational resources and approaches to improve Geriatric Medicine training
11.00	<b>Dedicated poster viewing time</b>		
11.30 - 12.30	<b>Falls &amp; Syncope</b> When and who to refer	<b>Geroscience</b>	<b>Education &amp; Training</b> Joining and working together to improve undergraduate education in geriatric medicine: Launch of the UK Geriatric Medicine Educators Collaborative
12.30	<b>Free time</b>		
12.45-13.30	<b>KEYNOTE</b> <b>Marjory Warren Guest Lecture</b> <b>The Artificial Doctor</b> Professor Andrew Elder, President RCPE, Consultant Physician, Honorary Professor, University of Edinburgh		
13.30	<b>Lunch and dedicated poster viewing round</b>		
14.00	<b>Rehabilitation Matters Launch</b> VOX 4		
14.30 - 16.00	<b>Falls &amp; Syncope</b> Management of syncope - Case Studies	<b>Nursing and Allied Health Community of Practice</b> Leadership	<b>Diploma in Geriatric Medicine (DGM)</b>
16.00	<b>Closing Address</b> Closing words from the President		
16.15	<b>CONFERENCE CLOSE</b>		

## STREAM 1: VOX 1 &amp; 2

**Falls & Syncope**

## Is it a Fall or a Faint?

Moderators: Jugdeep Dhesi and Lynn McDiarmid

9.30 -  
11.00

09.30 'Falling for syncope. When is a fall a faint?'

Dr Steve Parry, Consultant Geriatrician, Newcastle Hospitals Trust

10.00 The Link between Orthostatic Hypertension and Falls

Dr Robert Briggs, Consultant Geriatrician Dublin

10.30 Driving implications for those with Syncopes/TLOC.

Dr Michael Norton, Consultant Community Cardiologist, South Tyneside &amp; Sunderland NHS FT &amp; North East Ambulance Service

11.00

Free time

**Falls & Syncope**

## Diagnosis and management in Acute settings

Moderators: Jugdeep Dhesi and Kerry Parkinson

11.30 -  
12.30

11.30 When to refer to a colleague?

Dr Lara Mitchell, Consultant Geriatrician, Queen Elizabeth University Hospital, Glasgow

12.00 Devices in Syncope

Dr David Corcoran, Consultant Cardiologist, Queen Elizabeth University Hospital & Honorary Clinical Lecturer, University of Glasgow (*remote*)12.30 -  
12.45

Free time

## KEYNOTE

**Marjory Warren Guest Lecture**

Moderator: Jugdeep Dhesi

12.45

**The Artificial Doctor****Professor Andrew Elder**

President RCPE, Consultant Physician, Honorary Professor, University of Edinburgh

13.30

**Lunch and dedicated poster viewing round**

Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform

14.00

**Rehabilitation Matters launch**

Vox 4

## STREAM 2: VOX 4

**The journey through the GI Tract**

## Good oral health

**Moderators:** Angeline Price and Deborah Gompertz

9.30 - 11.00	<p>9.30 <b>The Impact of poor oral health on older people with multimorbidities</b> This session will cover the results arising from the COVID-19 pandemic on oral health in older people as well as access to dental health services for older people, and practical tips for common issues arising such as lost dentures. It will also look at providing good oral healthcare for those with resistant behaviours and will be facilitated by:</p> <p>Mili Doshi, Consultant in Special Care Dentistry East Surrey Hospital and Professor Gerry McKenna, Clinical Professor, School of Medicine, Dentistry and Biomedical Sciences, Queens University Belfast</p> <p>10.30 Abstract 2323 <b>Prevalence of delirium, dementia and cognitive test deficits, hospital-wide and by specialty in &gt;50,000 unplanned admissions</b> E Boucher; J Gan; S Shepperd; ST Pendlebury</p> <p>10.45 Abstract 2250 <b>A Mixed-Method Feasibility Study of an Intervention to Reduce Sedentary Behaviour in Community-Dwelling Older Adults Aged &gt;75</b> R Tadrous; A Forster; A Farrin; P Coventry; A Clegg</p>
11.00	Free time

**Geroscience****Moderators:** Adrian Blundell and Bethan Arnold

11.30 - 12.30	<p>This session will cover how clinicians can support or begin involvement in biogerontology research. It will demonstrate with practical applications and guidance from specific examples of biogerontological research that has a direct clinical application, how healthcare of older people can benefit.</p> <p>Professor Lynne Cox, Associate Professor of Biochemistry, University of Oxford</p>
12.30 - 12.45	Free time
12.45	<p><b>Vox 1&amp;2 Marjory Warren Guest Lecture</b> The Artificial Doctor <b>Professor Andrew Elder</b> President RCPE, Consultant Physician, Honorary Professor, University of Edinburgh</p>
13.30	<p><b>Lunch and dedicated poster viewing round</b> Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform</p>
14.00	<p><b>Rehabilitation Matters launch</b> <b>Moderator: Anne Hendry Vox 4</b></p>



## STREAM 3: VOX 5

**Education & Training**

Educational resources & approaches to improve Geriatric Medicine training

**Moderators:** Grace Pearson, Ellen Tullo, Beatrix Nagyova

9.30 - 11.00	<p><b>09.30 Formats of education and potential for VR, AI and other novel methodologies in teaching.</b> Professor Andrew Teodorczuk, Prince Charles Hospital Northside Clinical Unit, University of Queensland</p> <p><b>10.00 The Leeds Frailty Education Programme</b> Dr Sean Ninan, Consultant Geriatrician, Leeds Teaching Hospitals NHS Trust</p> <p><b>10.30 Abstract 2344 The British Geriatrics Society's Training Programme Director survey 2023: A summary of our findings</b> Dr Sarah True; Dr Amanda Koh; Dr Amit Arora</p> <p><b>10.45 Abstract 2224 What Are We Teaching UK Medical Students About Ageing? Results of the third BGS National Curriculum survey</b> A Watson; GME Pearson; G Fisher; M Redgrave; A Khoshnaghsh; R Winter; T Masud; A Blundell; AL Gordon; EJ Henderson</p>
11.00	<b>Free Time</b>
	<p><b>Education &amp; Training</b> Joining and working together to improve undergraduate education in geriatric medicine: Launch of the UK Geriatric Medicine Educators Collaborative <b>Moderators:</b> Grace Pearson, Ellen Tullo, Rebecca Winter.</p>
11.30	<p>Educators from all fields and stages of healthcare professions education are welcome to join us for this 1-hour interactive, hybrid workshop we will introduce the Geriatric Medicine Educators Collaborative (GMEC). We will begin with introductions from GMEC founders, Becky, Ellen, Grace. To follow, there will be an interactive discussion with opportunity to share your challenges and priorities for undergraduate education in geriatric medicine (so, please think about these in advance). We will conclude by collectively agreeing upon the remit, aims, and sub-groups of GMEC in the field undergraduate education in geriatrics.</p>
12.30	<b>Free time</b>
12.45	<p><b>Vox 1&amp;2 Marjory Warren Guest Lecture</b> The Artificial Doctor <b>Professor Andrew Elder</b> President RCPE, Consultant Physician, Honorary Professor, University of Edinburgh</p>
13.30	<p><b>Lunch and dedicated poster viewing round</b> Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience.</p>
14.00	<b>Rehabilitation Matters launch Vox 4</b>

Dedicated poster viewing time: A selection of posters from submissions will be displayed. The authors will be able to take questions and provide more detail to the inperson audience. Those online can submit questions via the BGS Poster platform.

### Dedicated Posters Presentation

Friday

**13.15 -  
14.00**

- 2341 Qualitative assessment of introducing bone health assessment for Parkinson's disease patients in a University Hospital Setting
- 2145 Physical and mental health needs of older transgender adults in the U.K.: A scoping review
- 2148 Filtering 75 Domiciliary Visit letters through a CGA sieve: Does Community Geriatrics need a clearer job plan?
- 2150 Understanding the COTE lingo: a quality improvement project
- 2168 A survey of non-consultant hospital doctors' perspectives, knowledge, and practices towards delirium in a large Irish Hospital
- 2184 QIP: To Assess the Effect of Education, Timesheets and Timers on the Administration Times of Parkinson's Medications
- 2223 Older patients admitted with a Fragility Fracture ? a Review of Discharge Summary Documentation in accordance with HIQA National
- 2233 Incidence of Inappropriate CPR in the Emergency Department ? Is ReSPECT making a difference?
- 2276 IN REACH. It's everyone's responsibility. Improving inpatient access to food and drink.
- 2278 Adding value to the patient experience through a clinically optimised pathway approach
- 2279 Experiences of healthcare staff in an acute hospital-nursing home collaboration: a quantitative study
- 2271 Older Trauma in the Emergency Department
- 2329 A quality improvement project to improve bone health plan in Trauma and Orthopaedic discharge summaries
- 2343 A Retrospective Analysis of Improvement Strategies in the Prevention of Inpatient Falls at a District General Hospital
- 2144 Improving PA Students confidence in managing geriatric patients with a bespoke teaching programme and a novel bleep simulation
- 2165 Barriers perceived by medical students when considering a career in geriatric medicine.
- 2253 Establishing a national network of trainee representatives in geriatric medicine higher specialty training.
- 2263 Learning Geriatric Syndromes through Case-Based Discussion (CBD)
- 2249 Exploring the Experiences of Sedentary Behaviour in Older Adults Aged ≥75 Years
- 2300 A survey on the underlying knowledge of doctors? in conducting polypharmacy review and medication optimisation in older adults.
- 2336 Prevalence of Anticholinergic Burden across a cohort of frail older adults in a District General Hospital in South West Wales
- 2352 "Disease Burden of Respiratory Syncytial Virus (RSV) in Adults 60+ in the United Kingdom: Targeted Literature Review (TLR)
- 2331 Collaboration between a nursing home and an ambulatory geriatric-psychiatric team to patients with Behavioral and Psychological

**STREAM 1: VOX 1 & 2****Falls & Syncope**

Case studies of complex patients – a live syncope MDT

**Moderators:** Adrian Blundell and Liz Lawn**14.30 -  
16.00**

Join a panel formed from Neurology, Cardiology and older people's health care ward teams to discuss a series of case studies live. If you would like to submit scenarios please email [conferences@bgs.org.uk](mailto:conferences@bgs.org.uk) before 17 May 2024.

Dr Robert Briggs, Geriatrician; Dr Jo Hampton, Geriatrician; Dr Ben Wright, Neurologist

**STREAM 2: VOX 4****Nursing and Allied Health Community of Practice Leadership****Moderators:** Esther Clift and Lyndsey Dunn**14.30 -  
16.00**

The Importance of Kindness in Leadership

The session will involve interactive discussions exploring the meaning of Kindness and why it is a critical component of effective leadership.

This session is a BGS communities of practice online meeting. This meeting will focus on developing future Nurse and Allied Health professional leaders' skills and abilities.

**STREAM 3: VOX 5****Diploma of Geriatric Medicine (DGM)**

Overview of the DGM and update

**Moderators:** Michael Vassallo and Jo Jennings**14.30 -  
16.00**

**14.30 Abstract 2241 "You learn by doing, and by falling over": A simulation-based approach to frailty, falls and fractures.**

A Price; B Robbins; D Hettle; GME Pearson

**14.45 Abstract 2251 "Geriatric Medicine Competencies Required By All Hospital Doctors Caring For Older Adults: A Scoping Review**

**E Buckley (remote); D Bennett<sup>1</sup> A Barrett; C' O' Tuathaigh; J Cooke**

This session will be of interest to anyone who is interested in getting more involved or becoming an examiner for the DGM. The session is interactive and an opportunity for discussion.

**15.00 Overview of the Diploma in Geriatric Medicine**

Professor Michael Vassallo, Consultant Geriatrician,  
Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust

**15.20 The new clinical exam**

Dr Joe Grey, Consultant Geriatrician University Hospital of Wales

**15.40 Tips on Preparing for clinical exam**

**16.00**

**Closing words from BGS President, Professor Judgeep Dhesi**

**16.15**

**Conference Close**





**British Geriatrics Society**  
Improving healthcare  
for older people

Marjory Warren House  
31 St John's Square  
London EC1M 4DN

Telephone +44 (0)20 7608 1369  
Email [registrations@bgs.org.uk](mailto:registrations@bgs.org.uk)  
Website [www.bgs.org.uk](http://www.bgs.org.uk)