

# 2023 Northern Ireland Spring Meeting

20 April

Dunadry Hotel, Antrim and Online (Hybrid Meeting)

## Helpful hints:

### Attendance

Online: Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD via the RCP diary.

### Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider watching. Spending 5 minutes during the next 3 days to speak to a sponsor.

### Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in via the Ask function on the platform or by a microphone in the room.

For the tweeters @GeriSoc using #BGScnf.

### Get Social

Socialise: Chat with attendees, join the retirement dinner or interact in a group discussion.

**The British Geriatrics Society acknowledges, with grateful thanks, our Sponsors:**

#### AstraZeneca

AstraZeneca has provided a sponsorship grant towards this independent Programme. AstraZeneca has had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the AstraZeneca sponsored symposia presentations.

## Social Programme

Welcome back to inperson conference attendance!

We aim for the Spring Northern Ireland meeting to be an opportunity to refresh, relax and refocus. During the conference - please take time to reflect, sit a while or catch up with colleagues.

After the conference we will hold a dinner, celebrating those who have retired recently. We encourage you to take part, celebrating the careers of colleagues and enjoying their reflections.

### 18.00 Retirement dinner

Sign up for a ticket during registration or indicate on this form your dinner choices

<https://forms.office.com/e/AsbQbwv2P2>

## Accommodation

If you are looking at staying after the dinner please reach the hotel directly for room rates and availability.

### Dunadry Hotel, Antrim and Online (Hybrid Meeting)

Dunadry Hotel & Gardens

[www.dunadry.com](http://www.dunadry.com)

0044 (0)28 9443 4343

2 Islandreagh Drive, Dunadry, Antrim, County Antrim BT41 2HA

## Sustainability

This part of the programme contains information about attending the meeting in person and the changes to event delivery with sustainability in mind.

We are continuing with the use of digital platforms as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.

The meeting recordings will be accessible online, for you to watch on demand for 12 months, for all those attending in person. Please walk, cycle or travel by public transport where possible.

Try and remember to bring a reusable water bottle with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle the containers (Put the empties in the correct recycling point).

We are offering a greater choice of sustainable, meat-free options as part of our catering for the event.

Paperless meeting - We are not printing hard copies of the programme. Please consult the programme online for session details and timings: Its accessible online via your devices before and during the conference. Programmes will be posted on boards around the venue to consult.

CPD certificates are also emailed rather than printed. Remember to scan in each day you are attending at registration, or using the "Sign in for CPD today" on the online platform.

Paperless posters : We won't have physical posters at the meeting. Please look at the poster platform in advance and use the onsite computers and screens at the venue to browse and comment. Visit the poster site in advance of the meeting:

Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins

Flexible attendance options: In person or online

Registration for in-person attendance provides access to the online platform as well as the on-demand recordings from the whole event. Registering to watch online is a flat fee, meaning you are able to access the whole meeting live as well as watch back on demand.

There is a flexible transfer from in-person to online attendance as clinical service and life balance require.



Tweet @GeriSoc and use #BGSCConf

09:30:00	<b>Registration</b> In person attendees can register from 09:30. Online attendees should record attendance. View and comment on the <a href="#">posters on-demand via the new BGS Platform</a>	
10:00:00	<b>Welcome and Introduction; Professor Adam Gordon, BGS President</b>	
<b>Time</b>	<b>Session 1</b>  <b>Room: River Room</b> <b>Moderator: Jenny Thompson</b>	<b>Speaker details</b>
	<b>Workforce and service development</b>	
10:05	10.05 <b>Workforce- challenges and solutions</b>  Dr Amit Arora, Consultant Geriatrician, Vice President (Workforce), British Geriatrics Society, University Hospital of North Midlands  10.35 <b>How do we design, advocate for and deliver a more Integrated Care model for Older People</b>  Dr Mark Roberts, Consultant Older People's Medicine, Western HSC Trust Dr Patricia McCaffrey, Consultant Geriatrician, Southern HSC Trust	Dr Amit Arora is Vice President (Workforce) of the BGS and a Clinical Director for ECIST (NHS England). He has been a consultant geriatrician in the North Midlands since 2004. He is interested in all aspects of ageing including quality, policy and transformation. He has served in many national workstreams and is an active member of many advisory bodies related to healthcare and has contributed internationally. He has over 100 publications including invited book chapters, editorials, reviews and college reports. He is also the founding director of the Midlands Frailty Academy which provides frailty training to all grades of health and social care workers. In 2016, he developed the 'National Deconditioning Awareness and Prevention Campaign: Sit Up Get Dressed Keep Moving' the concept of which is now being adopted by many hospitals in UK and abroad and is highlighting the importance of activity in hospitalized older people. He is currently leading a national campaign #ReconditionTheNation  Mark is is Lead Consultant Integrated Care in the Fermanagh and Omagh region at Western Health and Social Care. His main interests are improving acute and anticipatory care for older adults and narrowing the gap between primary and secondary care teams.  Patricia is a Consultant geriatrician and Clinical lead for the Acute Care at Home Service in the Southern Trust.
11:30	<b>Free time</b> Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
12:00	<b>Session 2</b>  <b>Room: River Room</b> <b>Platform presentations</b> <b>Moderator: Jayne Lynch</b>	12.00 Reducing Door to Needle Time through Simulation-Based Education. J Irvine <sup>1</sup> ; M Bowman <sup>2</sup> ; K Dynan <sup>2</sup> ; C McCallion <sup>3</sup> ; J Thompson <sup>4</sup> ; V McDowell <sup>4</sup> ; K Williamson <sup>4</sup> ;  12.15 Improving the identification and management of delirium at the front door V Livie; J Crowther  12.30 Care Home Medication Issues - finding a solution. S Park; H McKee; S McKeegan; C Johnston  12.45 Electrophysiological (EEG) Indices of Mild Cognitive Impairment and Dementia in Parkinson's Disease: A Systematic Review Rebecca Egerton <sup>1</sup> , Emma Louise Cunningham <sup>1,2</sup> , Aoife Sweeney <sup>1</sup>
13:00	<b>Lunch</b> View and comment on the <a href="#">posters on-demand via the new BGS Platform</a>	
13:30	Sponsored Symposium <b>This is a promotional symposium sponsored and organised by AstraZeneca</b>	<b>Simplifying the management of heart failure across the range of ejection fraction</b> Dr Karen Darragh, Consultant Cardiologist, Causeway Hospital and NHSCT Heart Failure lead

Time	Session 3	Speaker details
	<b>Room: River Room</b> <b>Deconditioning</b> <b>Moderator: Rosemary Kelly</b>	
14:00	<b>Deconditioning: Recognising and addressing the other pandemic</b>  Professor Brian Dolan OBE, Director of Health Service 360, UK, Visiting Prof of Nursing, Oxford Institute of Nursing, Midwifery and Health Research and Honorary Professor of Leadership in Healthcare, University of Salford.	Brian's clinical background in mental health and emergency care and worked in academic medicine and policy development as well as being an Executive Director in a large NHS Hospital Trust. He is Honorary Professor of Leadership in Healthcare University of Salford, and Honorary President of AGILE - the UK network of Chartered Physiotherapists working with Older People.  Brian is also Co founder of Health Service 360 with Prof Lynda Holt and currently work in UK, New Zealand and Australia, particularly with organisations seeking to engage staff in new ways of working, through 1:1 and group coaching, real-time service improvement and culture change.  Professor Dolan created #endPJparalysis and #last1000days campaigns which are about encouraging patients to get up, dressed and moving while in hospital and about valuing time as none of know when our last 1000 days begins. He is also Author/Editor of seven books, mainly on leadership, emergency nursing and education. With Prof Lynda Holt, CEO, Health Service 360 have co-hosted the 36-hour #EndPJparalysis Global Online Summits which can be accessed (free) via endpjparalysis.org  Professor Dolan was awarded OBE in 2019 NY Honours List 'For services to nursing and emergency care'.
15:00	<b>Free time</b> Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
15:30	<b>Session 3</b> <b>Clinical updates</b> <b>Moderator: Rosemary Kelly</b>	
	<b>15.30 Physiotherapy interventions to counter frailty</b> Lisa Hughes, Advanced practitioner Physiotherapist Frailty, SE Trust  <b>15.50 The role of OT in frailty</b> Claire Burneside, Specialist Occupational therapist in Frailty, SE Trust  <b>16.10 Integrated approach to Palliative Heart Failure management, the journey so far</b> Dr Andrew Kerr, Clinical Management Specialty Doctor Lagan Valley Hospital Lisburn Dr Rachel Campbell, Consultant Palliative Medicine, SE Trust	Lisa is an advanced physiotherapy practitioner in frailty working in Lagan Valley Hopsital. She is the physiotherapist for the Lagan Valley Hospital Frailty Intervention Team. Lisa provides cover to the acute wards, frailty/falls clinics and has developed services aimed at meeting the needs of people living with frailty.  Claire is an Advanced Practitioner Occupational Therapist for Frailty since August 2020, having previously been the OT lead for the Integrated Frailty Service in Liverpool and a Senior Occupational Therapist since 2010 based in both acute and community settings. Claire is currently based in Lagan Valley hospital and is a member of the Frailty Intervention Team, which is a multi-disciplinary team focused on the identification, treatment, rehabilitation and effective discharge of older adults living with frailty from the acute setting. Since commencing her role, Claire has developed standards and processes within the OT team to improve service delivery to this patient group, including closer liaison with in-patient and community colleagues. Claire's practice is driven by improving quality of care, promoting patient autonomy and being able to deliver a service we can be proud of.  Andrew graduated from Queen's University Belfast in 2013, completing my foundation programme within Northern Ireland. During that time I developed an interest in quality improvment and undertook a clinical fellow post in 2016 within the South Eastern Trust exploring clinical management and quality improvement. I have had the opportunity to undetake my MSc in Business Management at Ulster University and have utilised these skills to develop ambulatory cardiology services on the Lagan Valley site. Outside of work I volunteer as the Regional Manager for St John Ambulance (NI).  Rachel is a Consultant in Palliative Medicine working in the South Eastern Health and Social Care Trust between the Ulster Hospital and Community Lisburn Services. She has a particular interest in supporting patients with Non malignant diagnoses.
16:35	<b>Discussion</b> <b>Room: River Room</b> Recruiting the new generation: Organising G4J Connect Northern Ireland Town Hall to discuss local clinical, research and workforce topics	
17:45	Closing words	
18.00 - 22.00	Conference dinner: Tickets required 18.00 for drinks in the bar, dinner starting at 18.30 in the River Room	

# Join us

in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

**And more!**

## Join the BGS for FREE as a student!

**BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.**

Simply visit [www.bgs.org.uk/join](http://www.bgs.org.uk/join) to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

**Discounts** on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

**Networking** with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!

Become a member today! Join online at [www.bgs.org.uk/join](http://www.bgs.org.uk/join)

# BGS

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Improving healthcare  
for older people

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