

2023 Wales Spring Meeting

24 March

Pre meeting day 23 March (Trainees, Special Interest Groups, Dinner)

Venue Cymru, Llandudno and Online
(Hybrid Meeting)

Helpful hints:

Attendance

Online: Attendance should be recorded by clicking "Sign in for CPD today" on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the live days you have joined online only. Attendance post-event won't be certified but certificates are not required to claim CPD via the RCP diary.

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Visit our sponsors

Challenge yourself - Please review the symposia and spotlight sessions, and consider watching. Spending 5 minutes during the next 3 days to speak to a sponsor.

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in via the Ask function on the platform or by a microphone in the room.

For the tweeters @GeriSoc using #BGScnf.


Get Social

Socialise: Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including the return of our Fringe with a special Film Club on Friday

The British Geriatrics Society acknowledges, with grateful thanks, our Sponsors:

Daiichi Sankyo

These companies have provided a sponsorship grant towards this independent Programme. They have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

<h2>Thursday 23 March Programme</h2> <p>Welcome back to inperson conference attendance! We aim for the Spring Wales meeting to be a space to refresh, relax and refocus. During the conference - please take time to reflect, sit a while or catch up with colleagues.</p> <p>Around the conference we will arrange some social activities which we encourage you to take part in, as well as explore the delights Llandudno has to offer.</p>	<h2>Sustainability</h2> <p>This part of the programme contains information about attending the meeting in person and the changes to event delivery with sustainability in mind.</p>	<h2>SIG meetings</h2> <p>Venue Cymru</p>
<p>Thursday 23 March 10:00 - 16:00 Trainees Meeting Organised by the Trainees this will be part of the established training for Registrars in Wales. Joining remotely is possible, but we encourage inperson attendance.</p>	<p>We are continuing with the use of digital platforms as a core part of our <u>conference and meetings delivery</u> and reducing material used at conferences through paperless conferences.</p> <p>The meeting recordings will be accessible online, for you to watch on demand for 12 months, for all those attending in person. Please walk, cycle or travel by public transport where possible.</p>	<h2>Frailty and Falls</h2> <p>Led by Dr Siobhan Lewis</p> <p>23 March 16:00 - 17:00</p>
<p>Thursday 23 March 15:00 - 16:00 Welsh Council Committee All BGS members in Wales are invited to join this to hear from the Council on their plans and actions in 2023, and to input to the direction and strategy for the next year.</p>	<p>Try and remember to bring a reusable water bottle with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle the containers (put the empties in the correct recycling point).</p>	<h2>Movement Disorders</h2> <p>Led by Dr Sion Jones</p> <p>23 March 16:00 - 17:00</p>
<p>Thursday 23 March 16:00 - 17:00 SIG Meetings All attendees invited to join these SIG meetings to focus on core competencies in health care of older people.</p>	<p>We are offering a greater choice of sustainable, meat-free options as part of our catering for the event.</p>	<h2>Stroke</h2> <p>Led by Dr Tom Hughes</p> <p>23 March 16:00 - 17:00</p>
<p>Thursday 23 March 20.00 Conference dinner The conference dinner returns with a social meal at Dylans restaurant. Sign up for a ticket during registration. If you'd like to join us please complete this form https://forms.office.com/e/Gra6JyDK4B before 5pm 16 March 2023</p>	<p>Paperless meeting - We are not printing hard copies of the programme. Please consult the programme online for session details and timings: It's accessible online via your devices before and during the conference. Programmes will be posted on boards around the venue to consult.</p>	 <p>Tweet @GeriSoc and use #BGSCConf</p>
<p>Other attractions in Llandudno and Conwy</p> <ul style="list-style-type: none"> • Llandudno Website • The smallest house in Britain (Conwy) • Other attractions 	<p>CPD certificates are also emailed rather than printed. Remember to scan in each day you are attending at registration, or using the "Sign in for CPD today" on the online platform.</p> <p>Paperless posters : We won't have physical posters at the meeting. Please look at the poster platform in advance and use the onsite computers and screens at the venue to browse and comment. Visit the poster site in advance of the meeting:</p>	
<h2>Accommodation</h2> <p>BGS have identified some good value rates at hotels with access to Venue Cymru</p> <p>Click here to see available options and rates</p> <p>Other sites and booking directly with the hotels may be cheaper - please do shop around.</p>	<p>Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins</p> <p>Flexible attendance options: In person or online Registration for in-person attendance provides access to the online platform as well as the on-demand recordings from the whole event. Registering to watch online is a flat fee, meaning you are able to access the whole meeting live as well as watch back on demand.</p> <p>There is a flexible transfer from in-person to online attendance as clinical service and life balance require.</p>	

09.30	Registration In person attendees can register from 09.30. Online attendees should record attendance. View and comment on the posters on-demand via the new BGS Platform		
09.30	BGS Wales Spring Meeting 2023 - Trainee Study Day Venue Cymru Llandudno		
	Room: Rhuddlan Room		
10:00	BPPV Sylvia Tomassen and Sarah Edwards, Senior Physiotherapists		
11:00	Break		
11.15	Osteoporosis Cases Dr Swapna Alexander, Consultant Geriatrician, North Wales Bone Unit		
12:15	Trainee Led Session Dr Cat Speare , ST5, Wrexham Maelor		
12:45	Lunch		
13:45	NHFD/KPIs Dr Sara Gerrie, Consultant Geriatrician Wrexham Maelor and North Wales Deputy TPD		Room: Gwydir Room
15:00	15:00 - Falls Clinic Dr Conor Martin, Consultant Geriatrician, Ysbyty Gwynedd		15:00 - 16:00 Welsh Council Committee All BGS members in Wales are invited to join this to hear from the Council on their plans and actions in 2023, and to input to the direction and strategy for the next year.
	SIG Meetings		
16:00	Room: Rhuddlan Room	Room: Gwydir Room	Room: Gwrych Room
	Frailty and Falls Led by Dr Siobhan Lewis All Wales CGA record. Richard Marsh, Cardiff and Vale Veronica Jarman Hywel Dda UHB There will be a presentation about the local work on an All Wales CGA record and there will be time for discussion around the implementation of an all wales document	Movement Disorders Led by Dr Sion Jones 16.00 Dr Biju Mohamed: Parkinson's App 16.20 Dr Glesni Davies: Dysphagia, Hard to Swallow 16.40 Dr Robin Davie: Carer Burden in PD	Stroke Led by Dr Tom Hughes 16:00 - 17:00
20.00	Conference dinner The conference dinner returns with a social meal at Dylans restaurant. Sign up for a ticket during registration. If you'd like to join us please complete this form https://forms.office.com/e/Gra6JyDK4B before 5pm 16 March 2023		

08:30	Registration In person attendees can register from 08:30. Online attendees should record attendance. View and comment on the posters on-demand via the new BGS Platform	
09:15	Join Dr Sam Abraham, Chair BGS Wales opening the 2023 Spring Meeting	
	Room: Crafnant Room	
09.30 - 11:00	Session 1: Psychiatry Moderator Dr Conor Martin	
09:30	09.30 Suicide and depression in the older adult Dr Jonathan Price, Consultant Psychiatrist	
	<p>10.15 Dementia research at Bangor University Profesor Gill Windle, Professor / Director of Impact and Engagement, Bangor University</p> <p>Dr Ian Davies Abbott, Lecturer in Healthcare Sciences (Mental Health Nursing), Dementia Studies Course Lead School of Medical and Health Sciences, Bangor University</p>	<p>Gill Windle (BSc; MSc; PhD) is a Chartered Psychologist and Gerontologist who specialises in interdisciplinary research. She is the Director of DSDC Wales and the Associate Director of the Wales Centre for Ageing and Dementia Research (CADR). Gill's research aims to improve the health, wellbeing and resilience of older people, people with dementia and their supporters, and improve care and service provision.</p> <p>Gill's work has been cited 4962 times, leading to an H-index of 26. She is ranked in the top 3.1% of 198,776 published authors worldwide on dementia (Source: Expertscape, November 2020). Her work has informed Welsh policy development, and in 2001 as a post-graduate research assistant she co-authored six literature reviews with Professor Vanessa Burholt to inform the development of the first Strategy for Older People in Wales. She also led a review to inform the Healthy Ageing Action Plan (Welsh Assembly Government 2005). Following her PhD in 2006, she was seconded to the Older People's Strategy Unit at the Welsh Assembly Government during the 2006/07 interim review period of the strategy, and was a member of the Strategy Advisory Group.</p> <p>Between 2016 and 2018 she was a member of the Welsh Government dementia strategy task and finish group, and is currently a member of a Welsh Government group overseeing the implementation and impact of the dementia strategy. As part of this work, she is involved in two working groups (implementation of dementia care standards; learning and development), and the North Wales dementia strategy implementation steering group.</p> <p>In recognition of her work she was awarded a personal chair by Bangor University in 2018.</p>
11:00	Free time Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
11:30 - 13:00	Session 2: Surgical liaison and rehabilitation Moderator Dr Sally Jones	
	11:30 Setting up a surgical liaison service Dr Huma Naqvi, Consultant Geriatrician, Sandwell and West Birmingham Hospitals NHS Trust	Huma is a Consultant Geriatrician at Sandwell and West Birmingham NHS Trust. Her clinical interests lie in Orthogeriatrics, surgical liaison, and looking after older people well. She also undertakes an education lead role as the Foundation Year 1 Program Director.
	12:00 Aphasia for Physicians Dr Rhys Davies, Consultant Neurologist, The Walton Centre NHS Foundation Trust	Rhys is a Consultant Neurologist, as well as Dementia Lead, and Clinical Director of Research, Innovation and Medical Education, at the Walton Centre NHS Foundation Trust in Liverpool. He is an Honorary Associate Clinical Professor, as Neurology Lead at the University of Liverpool Medical School. He is also active in the Association of British Neurologists Specialist Interest Group on Cognition in which he acts as Deputy Chair. He is also on the RCP Neurology SCE Board as it's Secretary.
	12:30 Discussion	
12:45	Lunch View and comment on the posters on-demand via the new BGS Platform	
13:30	Sponsored Symposium - sponsored by Daiichi Sankyo High risk atherosclerotic disease patients: What next? Dr Yee Ping Teoh, Consultant in Chemical Pathology & Metabolic Medicine, Wrexham Maelor Hospital, Betsi Cadwaladr University Health Board	

	View and comment on the posters on-demand via the new BGS Platform	
	Room: Crafnant Room	
14:00 - 15:45	Session 3: Frailty and Bone Health Moderator Dr Conor Martin	
14:00	14.00 Six Goals for Urgent and Emergency Care: Frailty and hospital flow Dr Siobhan Lewis, Consultant Geriatrician, Cardiff and Vale UHB	Dr Siobhan Lewis has been working as a consultant geriatrician at the University Hospital of Wales, Cardiff since 2016. She works at the hospital interface, splitting her time between working in the frail older person's assessment and liaison (FOPAL) team, who bring geriatric assessment to the front door of the hospital with a focus on rapid discharge and admission avoidance, the newly opened Acute Frailty Unit, and the Elderly Care Assessment Service (ECAS) who provide rapid access community CGA.
14:30	14.30 Frailty, fragility, fracture Professor Antony Johansen, Orthogeriatrician, University Hospital of Wales	Antony Johansen is a consultant orthogeriatrician in the trauma unit of Cardiff and Vale UHB, an honorary professor in Cardiff University, orthogeriatric clinical lead for the National Hip Fracture Database (NHFD) and senior clinical lead for RCP London's Falls and Fragility Fracture Audit Programme
	14.45 Welsh fracture liaison service Dr Inderpal Singh, Consultant Physician & Geriatrician with interest in Falls and Bone Health Clinical Director, YYF, CMT Programme Director, HEIW Honorary Senior Lecturer, School of Medicine, CU National Clinical Lead, Falls and Frailty	Dr Inderpal Singh is a consultant geriatrician at Aneurin Bevan University Health Board, Wales and Honorary Senior Lecturer, Cardiff University. His qualifications include MBBS (1997); MD (2002); MRCP UK (2006); MSc-Ageing, Health and Disease (2011) and FRCP (2015). He is a TPD (IM Training) and working collaboratively with HEIW since 2015 to enhance the educational experience of trainee doctors and implement Shape of Training. His research focuses on education, inpatient falls, osteoporosis and dementia. He has authored over 25 research papers, reviews and book chapters. He has been awarded with ABUHB "Leadership award" in 2014; ABUHB "Research for patient benefit award" in 2015; "NHS Wales award" in 2017 and "Excellence in Teaching award" by Cardiff University School of Medicine in 2019. In 2020, Dr Singh has been appointed as a National Clinical Lead (Wales), Falls and Frailty.
15:00	Free time Grab a drink, visit our sponsors and view the posters in the exhibition area, or go a quick walk, stretch or just relax.	
15:30 - 16:30	Platform Presentations Moderators: Dr Karl Davis and Professor Adam Gordon	15.30 Abstract 1546 A Novel treatment for Sialorrhoea in Parkinson's J Adenwalla1; C Marquis1; C Williams2; B Mohamed1 ; C Thomas1 15.45 Abstract 1473 The Risk of Intracranial Haemorrhage (ICH) in Anticoagulated Older People presenting to the Emergency Department (ED) with Falls A Yusoff ; K Collins; A J Burgess ; D J Burberry; E A Davies 16.00 Abstract 1504 Identifying Older Frail Patients Suitable for Same Day Emergency Care; The Applicability of Patient Selection Scoring Systems A.J. Burgess ; D.J. Burberry; E.A. Davies 16.15 Abstract 1550 Perioperative care of older people undergoing elective surgery: An evaluation of initial service delivery in CAVUHB. Alex Elliott-Green1 , Margaret Coakley1, Nia Humphry1.
16:30	Conference Close	

British Geriatrics Society
Improving healthcare for older people

2023 Spring Meeting

Hybrid (in person and online)
17-19 May, EICC Edinburgh

Programme highlights:

- Perioperative care of older people - Celebrating 20 years
- Cardiovascular health
- Frailty and sarcopenia
- Dementia and delirium
- Rehabilitation
- Workforce



www.bgs.org.uk/events



British Geriatrics Society
Improving healthcare for older people

2023 Trainees Meeting

Hybrid (in person and online)
6-7 July, Manchester

Programme highlights:

- Stroke
- Rehabilitation
- Palliative Care
- Surgical liaison
- OncoGeriatrics
- Cognition
- Planning your career
- SCE exam preparation
- Quality improvement



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Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

Digital **subscription** to our high impact factor scientific journal, *Age & Ageing*

...and much more!

Become a member today! Join online at www.bgs.org.uk/join

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