



'Geriatrics for Juniors' Conference  
*Updates in Elderly Medicine for FY and CMT Doctors, and Nurse Practitioners*

Saturday 12th November 2022

Online Only

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1000 - 1015	Welcome & Introduction
1015 - 1045	Orthogeriatrics
	<p>Dr Joanne Dunbar Consultant Geriatrician South Tyneside and Sunderland NHS Foundation Trust</p>
1045 - 1115	Pleasantly confused? A rough guide to delirium
	<p>Dr Sarah Richardson Geriatric SpR and NIHR Academic Clinical Lecturer Newcastle University</p>
1115 - 1130	<u>Break - Please view the posters in the online platform</u>
1130 - 1200	Stroke - does it make you feel weak thinking about it?
	<p>Dr Christopher Taylor Consultant Stroke Physician Northumbria NHS Foundation Trust</p>

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1200- 1230

Parkinson's Disease

Dr Claire McDonald

Consultant Geriatrician and NIHR Academic Clinical Lecturer  
Gateshead NHS Foundation Trust  
Newcastle University

1230 - 1310

An approach to acute dizziness and vertigo

Dr Mike Wilkinson

Specialist in Geriatric Medicine Gateshead NHS Foundation Trust

Dean Metz

Specialist Vestibular Physiotherapist, South Tyneside and Sunderland NHS FT

1310 - 1430

**Lunch break**

Inc. Poster viewing and optional panel session:

**Ask the registrars:** Ask our panel about their day-to-day work as a Geriatrics registrar, their on-calls as the Medical Registrar and about research as a geriatrics trainee

SpR Panel

1430 - 1500

Haematology for the older adult

Dr Laura Aiken

Haematology  
SpR Newcastle

1500 - 1530

The medical examiner, medicolegal and resuscitation dilemmas

Dr Elizabeth Oliver

Consultant Stroke Physician  
Northumbria NHS FoundationTrust

1530- 1545

**Beak**

1545 – 1600

**Poster Prize Award Presentations**

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1600 - 1630	Palliative Care	
		Dr Kate Howorth Palliative Medicine Registrar St Benedict's Hospice, Sunderland
1630 - 1700	The art of deprescribing	
		Dr Dilani Perera Consultant Geriatrician South Tees NHS Foundation Trust
1700		<a href="#">Close</a>

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This year's Geriatrics4Juniors continues online this year. Meeting delegates, having interactive sessions and connecting doctors interested in geriatrics have been some of our favourite parts of previous face-to-face conferences. We hope to return to this next year but for 2022 please join us online from the comfort of your home.

The 'panel discussion will include representatives from sub-specialty areas and topics related to careers in Geriatric Medicine. Please come to the panel and have a chat and find out what makes us tick! Representatives include: Research; Stroke Medicine; Applying to geriatrics training programme and GP

Finally, our **OPMentor** scheme is an opportunity for junior doctors of any grade who are interested in geriatric medicine to find some informal support with their career development. We have a network of geriatricians across the UK willing to provide advice on careers, CV building, specialty applications, audit & quality improvement projects, research, and information about working in their region. Please visit <http://aeme.org.uk/opmentor/>

To register for the conference, please visit <https://www.bgs.org.uk/events/2022-g4j>

Please enter our [view our posters via https://posters.bgs.org.uk/event/2022-g4j-geriatrics-4-juniors](https://posters.bgs.org.uk/event/2022-g4j-geriatrics-4-juniors)

#G4J22

