

Spring Meeting

6 - 8 April 2022
Online

Helpful hints

Attendance

You will receive a CPD certificate for the live days you have joined online only. Record attendance by the attendance button each day you attend. Attendance post-event won't be certified but certificates are not required to claim CPD.

[See here for more information](#)

Give feedback

Please take the time to fill out feedback after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation

Contribute

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too – please send it in. Join us on Twitter [@GeriSoc](#) using [#BGSConf](#)

Get Social

The BGS forum is open to all healthcare professionals to join, regardless of membership of the BGS. The Forum enables peer-to-peer support and allows users to share information about the healthcare of older people.

[Visit the BGS forum in advance of the meeting](#)

Sponsors

Challenge yourself - Please review the symposium information, and consider joining the session live or on demand.

Sponsored symposium 6 April 13.15 - 13.45
Sponsored by BESINS Healthcare

Hiding in plain sight: A common cause of normochromic anaemia and frailty in older men and how to treat it

Moderator: Professor Geoff Hackett, Consultant in Sexual Medicine, Little Aston. Past President BSSM.
Presenter: Dr Richard Quinton, Consultant Endocrinologist & Senior Lecturer, Royal Victoria Infirmary, Newcastle-upon-Tyne

The British Geriatrics Society acknowledges with grateful thanks the support given through sponsorship from:



Join us on Twitter [@GeriSoc](#) [#BGSConf](#)

About the speakers

Guest Lecturer

Guest Lecturer
Professor Dame Carol Black
Thursday 7 April 14.45

Professor Dame Carol Black is currently Chair of the British Library, the Centre for Ageing Better, and Think Ahead, the Government's fast-stream training programme for Mental Health Social Workers. She chairs NHS England/Improvement's Advisory Board on Employee Health and Wellbeing, and is Adviser to NHSI and PHE on Health and Work. She is also a member of RAND Europe's Council of Advisers, and of the Boards of the Institute for Employment Studies and UKActive.

In 2019 she completed a seven-year term as Principal of Newnham College Cambridge, where she was a Deputy Vice-Chancellor. She still sits on the University's Strategy Board on Student Mental Health and Wellbeing. She is a Patron of the Women's Leadership Centre in the Judge Business School.

Dame Carol has completed four independent reviews for the UK Government: of the health of the working-age population in 2008 as National Director for Health and Work; of sickness absence in Britain in 2011 as co-chair; of employment outcomes of addiction to drugs or alcohol, or obesity, in 2016; and on illicit drugs, demand, supply and treatment (Part I, for the Home Office, published in February 2020; Part 2 for DHSC imminent).

Professor Black is a past-President of the Royal College of Physicians, of the Academy of Medical Royal Colleges, and of the British Lung Foundation, and past-Chair of the Nuffield Trust for health policy. The Centre she established at the Royal Free Hospital in London is internationally renowned for research and treatment of connective tissue diseases such as scleroderma. She has been a Trustee of the National Portrait Gallery.



Hiding in plain sight:

A common cause of normochromic anaemia and frailty in older men and how to treat it

Details

Sponsored symposium by Besins
Healthcare UK

Wednesday, 6th April 2022

1pm GMT

Online at the BGS conference

This is a promotional symposium

Synopsis

Although testosterone levels progressively fall with ageing, mainly due to suppression of gonadotropin secretion with co-morbidities, the vast majority of older men retain Leydig cell responsiveness to gonadotropin stimulation.

However, a small percentage of older men exhibit profound Leydig cell dysfunction, with low testosterone and markedly raised LH & FSH levels (Primary Testicular Insufficiency - PTI). These men unquestionably benefit from testosterone replacement as per any other hormone deficiency.

Where are these men and how do we identify them?

Although issues of sexual function predominate among young and middle-aged hypogonadal men, this may no longer be an issue for older men and their partners, so their presentation is likely to be very different.

Sex hormones play a major role in achieving and maintaining bone health during normal reproductive life, but testosterone also has an additional role in stimulating erythropoiesis. Populations of older men having "anaemia of unknown cause" or "age-related osteoporosis" are likely to be powerfully enriched with individuals having PTI, with the combination of both anaemia and osteoporosis being a reliable wallpaper-match for undiagnosed/untreated hypogonadism.

Experience from medical inpatients in Newcastle-upon-Tyne Hospitals suggests a 50% prevalence of PTI among older men with otherwise unexplained anaemia, such that the average Consultant could expect to make a diagnosis of PTI on ward rounds once or twice each week.

Please join us for this session to learn more about the important role of testosterone treatment in men with PTI-related hypogonadism, particularly in those men with associated anaemia and/or frailty.



Chairman -

Professor Geoff Hackett
Consultant in Sexual
Medicine, Little Aston. Past
President BSSM.



Presenter -

Dr Richard Quinton
Consultant Endocrinologist
& Senior Lecturer, Royal
Victoria Infirmary,
Newcastle-upon-Tyne.

Start	End	Session title	Details
08:00	17:30	Platform and poster presentations	Browse our virtual posters, watch the on demand President's Round abstracts and poster videos View the Age and Ageing Collections online All abstracts are published in a supplement for Age and Ageing once the meeting is over.
09:15	09:30	Intro and welcome Studio 3 Dr Jennifer Burns, BGS President	Join Dr Jennifer Burns, BGS President opening the 2022 Spring Meeting with announcements about the meeting, the past 6 months and looking ahead.
09:30	11:00	Dementia and Related Disorders #1 Community mental health Dr Claire Copeland & Dr Tomas Welsh Studio 1	09.30 Update on dementia Professor Alistair Burns, Professor of Old Age Psychiatry, The University of Manchester & National Clinical Director for Dementia and Older People's Mental Health 10.00 Dementia Intensive Support (DIS) Teams Dr Judy Rubinzstein, Consultant Psychiatrist at Cambridgeshire and Peterborough NHS Foundation Trust, Cambridge; Alison Wilkinson, Nurse consultant; Lucy Entwistle, DIS Team Leader, Peterborough NHS Trust 10.30 Best practice in mental health provision in care homes Dr Kapila Sachdev, Consultant Old Age Psychiatrist, East London NHS Foundation Trust.
09:30:00	11:00	Frailty and Sarcopenia and GI/ Nutrition Session #1 Biology of nutrition and sarcopenia/frailty Dr Oli Todd & Dr Anne Hendry Studio 2	09:30 Micronutrients Professor Philip Atherton, Professor of Clinical, metabolic & Molecular Physiology, Faculty of Medicine & Health Sciences, Nottingham University 09:50 Gut frailty and microbiotal changes Dr Claire Steves, Senior Clinical Lecturer and Consultant Geriatrician, GSTT and KCL 10:10 Sarcopenic obesity Professor Rachel Cooper, Musculoskeletal Epidemiology, Manchester Metropolitan University 10:30 Discussion
11:00	11:30	Free time	
11:00	11:30	Meet up: BGS Green Issues Chat Room	Moderators: Dr Bethan Davies and Dr Katrina Davies Zoom This session will cover an overview of the current position, and key targets for the NHS. It will cover how you can help, essential resources, networks and partnerships.
11:30	13:00	Dementia and Related Disorders #2 Platform Presentations Dr Atul Anand & Dr Claire Pulford Studio 1	11.30 Abstract 953: Previous SARS-CoV2 Infection, Age and Frailty Predict 6-Month BNT162b2 Vaccine-Induced Antibody Titre in Nursing Home Residents A Dyer; C Noonan; R Pierpoint; A Leonard; G Boran; G Brady; A Fallon; Cliona O'Farrelly; N Bourke; S Kennelly 11.45 Abstract 961; We care!: Care Workers' Self-Perceived Meaning of Residential Aged Care Work S Huang; L Lee; Y Lee; S Li; S Yau; S Lai; S Law 12.00 Abstract 1071: Incidence of recorded osteoporosis, osteopenia and fragility fracture in older people: analysis of UK primary care data C Avgerinou; I Petersen; A Clegg; R M West; D Osborn; K Walters 12.15 Abstract 983: Learning from the experiences of nurses in care homes during COVID-19 (THRIVE study): Steering the ship through the storm L Birt; K Lane; J Corner; K Sanderson; A Deakins; D Bunn.

Start	End	Session title	Details
11:30	13:00	Dizziness Workshop Dr Toby Ellmers Studio 3	Dizziness Workshop Dr Toby Ellmers, Sir Henry Wellcome Fellowship Research Fellow, University of Exeter/Imperial College London Dr Diego Kaski, Consultant Neurologist and Honorary Clinical Senior Lecturer, UCL and Imperial College London
11:30	13:00	Frailty and Sarcopenia and GI/Nutrition #2 Clinical research evidence Professor Dawn Skelton and Ms Nicky Hayes Studio 2	11.30 What dietary patterns might help prevent sarcopenia and frailty? Professor Sian Robinson, Professor of Lifecourse and Lifestyle, NIHR Newcastle Biomedical Research Centre 11.50 Oral nutritional supplements for treatment of sarcopenia and frailty Prof Mary Hickson, Professor of Dietetics, University of Plymouth 12.10 When is it best to give protein supplements in relation to exercise? Professor Emma Stevenson, Dep Dean-NU Population Health Sciences, Newcastle University 12.30 Q&A panel discussion
13:00	14:00	Lunch break and Exhibition	
13:15	13:45	Sponsored symposium Sponsored by BES Healthcare Studio 3	Hiding in plain sight: A common cause of normochromic anaemia and frailty in older men and how to treat it Moderator: Professor Geoff Hackett, Consultant in Sexual Medicine, Little Aston. Past President BSSM. Presenter: Dr Richard Quinton, Consultant Endocrinologist & Senior Lecturer, Royal Victoria Infirmary, Newcastle-upon-Tyne
14:00	15:00	Dementia and Related Disorders Session #3 Crises in Dementia Dr Anita Goff & Dr Iain Wilkinson Studio 1	14:00 Managing crises in people with dementia Professor Martin Orrell, Director, Institute of Mental Health, University of Nottingham In recent years, crisis teams to help people with dementia be supported at home have been rapidly developing, and now form an important part of mental health services for older people. Managing crises at home can increase the skills of staff, family carers, and people with dementia enabling them to avoid (or delay) hospitalisation or long term care, and reducing costs. This session describes a study undertaken with family carers, people with dementia and staff to develop a model of best practice for dementia crisis teams.
14:00	15:00	Frailty and Sarcopenia and GI/Nutrition Session #3 Implementation into practice Dr Anne Hendry Studio 2	14.00 Nutritional Intervention for sarcopenia and frailty during acute hospitalisation Dr Natalie Cox, Specialty Registrar Geriatric Medicine, Wessex Region 14.20 Nutritional Intervention for sarcopenia and frailty in the community Ms Alison Smith, Prescribing Support Consultant Dietitian, Herts Valleys CCG & Ms Vittoria Romano, Specialist Nutrition Support Dietitian at Central London Community Healthcare NHS Trust 14.40 Intervention in care homes Professor Jane Murphy, Professor of Nutrition, Bournemouth University
14:00	15:00	Lightning round Selected abstracts will be presented live by the authors in 3 minute vignettes. Review the abstract poster in advance and join live to ask your questions about the research results and methodology Dr Divya Tiwari and Dr Alasdair Macrae Studio 3	936 Improving Delirium Screening in Older Adults at the Royal United Hospital, Bath 948 The development of a dysphagia cup to improve water intake and reduce caregiver burden in Changi General Hospital (CGH) 1054 Improving access to Electronic Palliative Care Coordination System (EPaCCS) within a community hospital 1063 The Challenges of Providing Adequate and Appropriate Nutrition and Hydration Care to Hospital Medical Inpatients 1062 Gait Speed and Executive Performance in people with Mild Cognitive Impairment 1065 The crucial factors determining the development of post-operative delirium and subsequent outcomes in proximal femur fractures 949 Outcome of outdoor activities as part of Person Centred Care on agitation, mood and sleep in a dementia ward in Singapore 942 The post-operative risks of stoma formation in the cognitively impaired 945 Effectiveness of Creatine Supplementation on Memory in Healthy Individuals: A Systematic Review and Meta-Analysis 1049 Improving telephone communication with families on a busy medical ward during the pandemic

Start	End	Session title	Details
15:00	15:30	Free time	
15:30	16:30	Dementia and Related Disorders #4 Cognitive impairment / Delirium detection Dr Rose Penfold & Ms Jacqueline Thompson Studio 1	15.30 DECIDE - Recurrent delirium over 12 months predicts dementia Dr Sarah Richardson, NIHR Academic Clinical Lecturer - Geriatric medicine, Newcastle University and The Newcastle Upon Tyne Hospitals NHS Foundation Trust 16.00 Use of bedside single lead EEG machines to detect delirium/non-delirium Dr Akif Gani, Consultant Geriatrician and Stroke Physician, Freeman Hospital
15:30	16:30	Frailty and Sarcopenia and GI/Nutrition #4 Current practice and next steps Dr Harnish Patel Studio 2	15.30 Current practice and next steps Dr Caroline Bowler, ST5, and Dr Lizzie Moriarty, Specialty Registrar ST6, Queens Medical Centre, Nottingham 16:00 Panel discussion – priorities for research and practice Professor Miles Witham, Ms Vittoria Romano, Professor Sian Robinson, Dr Caroline Bowler and Dr Lizzie Moriarty
15:30	16:30	Workshop - The Impact of Lifelong Disability on Ageing - Cerebral Palsy Dr Kirsty Colquhoun Studio 3	15:30 Introduction and case study Dr Kirsty Colquhoun, Consultant Geriatrician, Glasgow Royal Infirmary 15.45 Demographic changes of long-term conditions and the impact of childhood conditions on ageing Professor Nicholas Watson , Chair of Disability Studies, University of Glasgow 16.00 The impact of Cerebral Palsy on ageing Emma Livingstone, Speech and Language Therapist, Adult Cerebral Palsy Hub 16:15 Discussion
16:00	17:30	NAHP Communities of Practice Research Meeting Moderator:s Dr Frazer Underwood Zoom	NAHP Communities of Practice Research Meeting A BGS online meeting for Nurse and Allied Health Professionals interested in research to improve healthcare for older people. Who should join: All Nurse and Allied Healthcare professionals providing healthcare to older people interested in developing skills and abilities in research. Aims: <ul style="list-style-type: none"> • Improve attendees' skills in research projects to improve healthcare for older people • Inspire attendees to achieve personal excellence in their projects • Share focused best practice presentations and the latest research approaches • Takeaway new connections and develop support networks <p>We're looking forward to having you join us to learn, meet fellow healthcare professionals, and engage with our facilitators.</p> <p>This webinar will be an interactive session where participants will be asked to contribute questions to the presenters.</p> <p>We are using Zoom for this session. Register online here</p>
16:30	17.30	Community & Primary Care Group: Panel discussion with members	Facilitators: Philly O'Riordan and Holly Paris (new Community and Primary Care Group Co-Chairs), Ruth Law, Eileen Burns, Cliff Kilgore Zoom This interactive session will offer members the opportunity to discuss current issues, priorities and directions in primary and community care as part of the launch of the new BGS Community and Primary Care Group.

Start	End	Session title	Details
08:00	17:30	Platform and poster presentations	Browse our virtual posters, watch the on demand President's Round abstracts and poster videos View the Age and Ageing Collections online All abstracts are published in a supplement for Age and Ageing once the meeting is over.
09:30	11:00	Association of Academic Geriatric Medicine (AAGM) symposium Research Platforms Professor Helen Roberts and Dr Atul Anand Studio 1	09:30 Rising Star Presentation Dr Jenni Burton, Clinical Lecturer/ST6, University of Glasgow and NHS Greater Glasgow and Clyde Platform presentations 10.00 Abstract 927: Mendelian randomization analysis shows a causal effect of noise exposure on Alzheimer's disease risk X Guo; R Li 10.15 Abstract 935: HowFit Exercise Plan: Digital Analytics Following Social Media Campaign M Hunsley, R Brown, L Young-Murphy, S Parry 10.30 Abstract 946: Multiple Organisational Factors are Associated with Adverse Patient Outcomes Post Hip Fracture in Hospitals in England & Wales R Patel; A Judge; A Johansen; EMR Marques; E Capelas Barbosa; J Griffin; A Bhimjiyani; M Bradshaw; K Whale; S Drew; R Goberman-Hill; T Chesser; XL Griffin; MK Javaid; Y Ben-Shlomo; CL Gregson 10.45 Abstract 996: Effect of COVID-19 on hip fracture care in Wales: an analysis of how organisation of services affected hospital length of stay A Probert; K Davis; I Singh; R Holleyman; C Gregson; A Johansen
09:30	10:30	Shaping the BGS's future strategy Ms Sarah Mistry, CEO, BGS	Shaping the BGS's future strategy Join the BGS CEO, Sarah Mistry, to contribute to the development of the BGS Strategic Plan 2023-26. We are keen to hear from BGS members (and future members) about what matters most to you as a member and what priorities you'd like to see the BGS focus on over the next three years. This will be a participatory session via Zoom.
09:30	11:00	Clinical Quality Session Studio 2 Professor Tom Downes, BGS VP Clinical Quality	09.30 Dr Ganan Sritharan, geriatrician and physician, vascular surgery liaison, Imperial College London 10.00 Developing a hospital at home service with advanced level practitioners – our Dundee journey Miss Jacqueline Thompson, Nurse Consultant, Elderly Care, North Cumbria Integrated Care Trust Platform presentations 10.30 Abstract 934: Improving the Quality of Frailty Discharge Summaries through Incorporation of a Comprehensive Geriatric Assessment J Weatherley; P Mithani; M Kaneshamoorthy 10.45 Abstract 1050: Delirium recognition and management in an inpatient rehabilitation unit. Dr I Stoodley; Dr R Kyzy ; Prof S Conroy; J McKenzie ; S Geen ; J Asino, E Cruz, Dr J Hazan
11:00	11:30	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session

Start	End	Session title	Details
11:30	12:30	Research into Ageing Dragons' Den: Meet the researchers and academics Professor Miles Witham, Dr Oliver Todd, Dr Sarah Richardson, Dr Rose Penfold Studio 1	As part of its strategy to promote high-quality research, the BGS Research and Academic Committee (RADAC) encourages researchers to tell readers about their research journey - how they were drawn to research (or fell into it!); the obstacles they encountered on their journey; the effect of the journey on their self- and career development, and the lessons that they believe might help those following the same path. Join this session live to ask your burning questions, bring along your ideas and discuss with the group, any funding or methodology questions, we can help you with. Join Professor Miles Witham, Dr Oliver Todd, Dr Sarah Richardson, and Dr Rose Penfold amongst others
11:30	12:30	Infection and Sepsis Dr Divya Tiwari Studio 2	11.30 Sepsis and the older deteriorating patient Professor Matt Inada-Kim, National Clinical Director- Infection, Antimicrobial Resistance & Deterioration, National Clinical Lead COVID Oximetry@home/virtual ward, National Specialty Advisor Sepsis, NHS England & Improvement 12.00 Respiratory infections in older adults including Covid-19 Professor Wilkinson, Professor of Respiratory Medicine and Honorary NHS Consultant Physician, Southampton
12:30	13:30	Lunch	Lunch break
13:30	14:30	Stroke # 1 Treatment and Rehabilitation Dr Sangam Malani and Professor Rowan Harwood Studio 4	13:30 Updates on hyperacute care including thrombolysis and thrombectomy Dr Michelle Dharmasiri, Consultant Stroke Physician, Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust 14:00 Rehabilitation - new advances Professor Gillian Mead, Professor of Stroke and Elderly Care Medicine University of Edinburgh
Advertisements Future BGS conferences			

British Geriatrics Society
Improving healthcare for older people

Cardiovascular SIG 2022

Hybrid 2 September 2022 London

- Atrial Fibrillation
- Heart Failure
- Ischaemic Heart Disease
- Valve Disease
- Key Cardiovascular trials update
- Cardiovascular changes to Curriculum
- Evidence into practice



BGS

British Geriatrics Society
Improving healthcare for older people

Trainees Meeting 2022

Hybrid 16-17 June 2022 Bristol

- Dementia Diagnosis
- Frailty and Sarcopenia
- Movement Disorders
- Community Geriatrics
- Quality Improvement
- Surgical liaison
- Continence
- Stroke
- Research
- Curriculum Updates



BGS

Start	End	Session title	Details
13:30	14:30	Biology of Ageing Professor Michael Vassallo Studio 1	<p>13.30 Novel falls risk factors in people with multiple comorbidities and assessment of physical function Dr Pelagia Koufaki, Reader in the Dietetics, Nutrition & Biological Sciences, Physiotherapy, Podiatry & Radiography Division, Queen Margaret University</p> <p>14.00 The epidemiology of ageing and future implications on care. Professor Fiona Matthews, Dean of Research and Innovation, Faculty of Medical Sciences, Professor of Epidemiology, Population Health Sciences Institute Newcastle University</p>
13:30	14:30	Platform presentations Dr Anne Hendry Studio 2	<p>13.30 Abstract 1005: Health-related quality of life and future risk of health outcomes among older adults living in Australia and the United States AZZ Phyo; J Ryan, D Gonzalez Chica ; N Stocks; R Woods; A Mur-ray; C Reid; M Nelson; A Tonkin; E Storey; D Gasevic; S Orchard; R Shah; and R Freak Poli on behalf of the ASPREE Investigator Group</p> <p>13.45 Abstract 1024: The impact of frailty on 30-day mortality following primary hip and knee arthroplasty due to osteoarthritis M J Cook; M Lunt; T Board; T W O'Neill</p> <p>14.00 Abstract 1025: The impact of deprivation and frailty on the likelihood of receiving hip and knee arthroplasty due to osteoarthritis M J Cook; M Lunt; T Board; T W O'Neill</p> <p>14.15 Abstract 1030: Experiences of early supported discharge services following a stroke: a qualitative evidence synthesis E. O Connor; E. Dolan; F. Horgan; K. Robinson; R. Galvin.</p>
13:30	14:30	Workshop: Digital Health Enablers - Issues around increased use of technology Dr Yoganathan Suthahar & Dr Khai Lee Cheah Studio 3	<p>Access to technology – older people with Dementia Dr John Woolham, NIHR/SSCR Senior Research Fellow (Retired), Health and Social Care Workforce Research Unit Policy Institute at King's Dr Nicole Steils, Research Fellow, NIHR Health & Social Care Workforce Research Unit (HSCWRU)</p>
14:30	14:45	Comfort break	Grab a coffee, take a quick walk or have a stretch session
14:45	15:30	Guest lecture Professor Dame Carol Black Professor Adam Gordon, BGS President Elect Studio 1	<p>Professor Dame Carol Black is currently Chair of the British Library, the Centre for Ageing Better, and Think Ahead, the Government's fast-stream training programme for Mental Health Social Workers. She chairs NHS England/Improvement's Advisory Board on Employee Health and Wellbeing, and is Adviser to NHSI and PHE on Health and Work. She is also a member of RAND Europe's Council of Advisers, and of the Boards of the Institute for Employment Studies and UKActive.</p> <p>In 2019 she completed a seven-year term as Principal of Newnham College Cambridge, where she was a Deputy Vice-Chancellor. She still sits on the University's Strategy Board on Student Mental Health and Wellbeing. She is a Patron of the Women's Leadership Centre in the Judge Business School.</p> <p>Dame Carol has completed four independent reviews for the UK Government: of the health of the working-age population in 2008 as National Director for Health and Work; of sickness absence in Britain in 2011 as co-chair; of employment outcomes of addiction to drugs or alcohol, or obesity, in 2016; and on illicit drugs, demand, supply and treatment (Part I, for the Home Office, published in February 2020; Part 2 for DHSC imminent).</p> <p>Professor Black is a past-President of the Royal College of Physicians, of the Academy of Medical Royal Colleges, and of the British Lung Foundation, and past-Chair of the Nuffield Trust for health policy. The Centre she established at the Royal Free Hospital in London is internationally renowned for research and treatment of connective tissue diseases such as scleroderma. She has been a Trustee of the National Portrait Gallery.</p>

Start	End	Session title	Details
15:30	16:00	Comfort break	Grab a coffee, take a quick walk or have a stretch session
16:00	17:00	President's Poster Round Dr Jennifer Burns, BGS President and Dr Emily Henderson, VP Research and Academic Development Studio 1	<p>16.00 Abstract 989 Is Diet Quality as Important as Diet Quantity in the Older Adult? Micronutrient Deficiency, Frailty and Sarcopenia C Jennings; A Slee; C E Weekes</p> <p>16.05 Abstract 1027 Developing a Minimum Common Dataset for Hip Fracture Audit: helping countries to set up national clinical audits A Poacher ; C Ojeda-Thies ; Andrew Hall ; Emer Ahern ; Louise Brent4; Matt Costa ; Antony Johansen</p> <p>16.10 Abstract 1059 Physical Activity Among Older People Admitted to a University Hospital in Malaysia WH Leong; MY Chew; ZY Lee; CX Lim; NAI bin Norizam; RY Ong; HM Khor; T Ong</p> <p>16.15 Abstract 1070 Impact of economic factors, social health and recent stressors on physical health?related quality of life trajectories AZZ Phyo; D Gonzalez-Chica; N Stocks; R Woods; J Fisher; T Tran; A Owen; S Ward; C Britt; J Ryan; R Freak-Poli on behalf of the ASPREE Investigator Group</p> <p>16.20 Abstract 1080 Nurses' preference for tools to identify frailty in major trauma patients: findings from the FRAIL-T in major trauma study H Jarman, R Crouch, M Baxter, Chao Wang; E Cole</p> <p>16.25 Abstract 924 Experiences of Health Service Use for People living with Parkinson's Disease: A National Survey E O' Shea; A Rukundo; S Timmons</p> <p>16.30 Abstract 979 Factors that Influence Older Adults' Participation in Physical Activity: A Systematic Review of Qualitative Studies SJ Meredith; N Cox; K Ibrahim; J Higson; J McNiff; S Mitchell, M Rutherford; A Wijayendran; S Shenkin; A Kilgour; SER Lim</p> <p>16.35 Abstract 994 Current secondary prevention after hip fracture in England and Wales; results from the National Hip Fracture Database (NHFD) Z Mohsin; K Javaid; A Johansen</p> <p>16.40 Abstract 1013 Diagnostic Test Accuracy of Frailty Screening Tools Using Data in Electronic Primary Care Records S Makin;C Brack;M Kynn;P Murchie</p> <p>16.45 Abstract 1069 Elderly Frailty Toolset as a predictor of length of stay and discharge destination after Transcatheter Aortic Valve Implantation Patel N; Hui W; Omoniyi O; Martin W; Weir-McCall J; D'Errico L; O;Sullivan M; Davies W; Costopoulos C; Costanzo P</p>
16:00	17:30	NAHP Communities of Practice Advance Clinical Practice	<p>A BGS online meeting on Advance Clinical Practice</p> <p>All trainee and established Advanced Clinical Practitioners providing healthcare to older people are invited to attend. The aims of this session are to:</p> <ul style="list-style-type: none"> • Enhance and broaden the knowledge and skills of attendees working with older adults living with frailty • Inspire trainees to achieve personal excellence in developing as Advanced Clinical Practitioners (ACPs) by provision of peer support from established ACPs • Share focused best practice presentations and the latest research in healthcare of older people • Takeaway new activities and ideas to develop attendees skillsets <p>We're looking forward to having you join us to learn, meet fellow healthcare professionals, and engage with our facilitators.</p> <p>This meeting will be an interactive session where participants will be asked to contribute questions to the presenters.</p> <p>We are using Zoom for this session. Register online here</p>
16:00	17:00	Stroke # 2 Secondary Prevention and Post Stroke Problems Dr Sangam Malani and Professor Rowan Harwood Studio 4	<p>16:00 'Hidden' post-stroke problems-and their management (to include mood, emotional problems, fatigue). Dr Yvonne Chun, Specialist Registrar in Stroke Medicine and Geriatric Medicine, PhD and Research Fellow at University of Edinburgh</p>

Start	End	Session title	Details
08:00	09:00	NAHP Breakfast & Social coffee	Join others for a social coffee - Please join us on on Zoom. Catch up with other Nurse and AHP colleagues
09:30	11:00	Tissue Viability Dr Juliette Lewis and Ms Dominique Woods Studio 1	<ul style="list-style-type: none"> • Assessment and diagnosis of common causes of skin ulceration • Management of ulceration and infection (including dressings, topical and systemic antibiotics, compression treatment) • Multidisciplinary team working (including podiatry, vascular surgery, diabetes, tissue viability nurses) <p>Dr Amy Ferris, Consultant in Geriatric and General Medicine, Cardiff and Vale University Health Board</p> <p>Dr Annie Price Specialist Registrar in Rehabilitation Medicine, Cardiff and Vale University Health Board</p> <p>Professor Keith Harding, Clinical Professor, School of Medicine, Cardiff University</p>
09:30	11:00	Rehabilitation #1 Rehabilitation Services During and Post COVID Dr Esther Clift and Professor Rowan Harwood Studio 2	<p>09.30 Rehabilitation services: Stroke and neuro rehabilitation Dr Akif Gani, Consultant Geriatrician and Stroke Physician, Freeman Hospital</p> <p>10.00 Post operative rehabilitation Dr Michael Fertleman, Consultant Orthogeriatrician, Imperial College, London</p> <p>10.30 Services and recovery post COVID Professor Adam Gordon, BGS President Elect</p>
11:00	11:30	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session
11:00	11:30	Specialities meet up points - Trainees Zoom	We'd like to invite you to join, via Zoom, the Trainees meet up. This will be an informal discussion and opportunity to connect with others in training roles and catch up. This meeting is open to all. You don't need to be registered for the Spring meeting and can join using Zoom
11:00	11:30	Specialities meet up points - Retired Members Zoom	We'd like to invite you to join, via Zoom, the Retired members meet up. This will be an informal discussion and opportunity to connect with others retired from their fulltime roles and catch up. This meeting is open to all. You don't need to be registered for the Spring meeting and can join using Zoom

Start	End	Session title	Details
11:30	12:30	Lightning round Selected abstracts will be presented live by the authors in 3 minute vignettes. Review the abstract poster in advance and join live to ask your questions about the research results and methodology Dr Divya Tiwari and Dr Alasdair Macrae Studio 1	1067 Improving Stool Chart Documentation on a Care of the Elderly Ward 959 Optimising medical care in older emergency urology patients using a geriatrician-led peri-operative service 932 A QI project to improve use of bowel charts in clinical practice 938 "To dip or not to dip": Improving the management of lower Urinary Tract Infections in older people 976 Quality of discharge summaries from a care of the elderly ward - a Quality Improvement Project 951 Setting up a Geriatric Liaison Service within Urology in a District General Hospital 1000 Sarcopenia and frailty are associated with increased healthcare utilisation in community-dwelling older adults 1082 Optimising constipation in orthogeriatric fractured neck of femur patients through Naloxegol use 1010 Improving the Care Pathway for Frail Patients in an Irish Rehabilitation Hospital 937 Community Orientation and Hybrid Physicians in Ambulatory Emergency Care for Older People
11:30	12:30	Rehabilitation #2 Developing a rehabilitation ethos Professor Tom Downes and Professor Dawn Skelton Studio 2	11.30 Clinical assessment of the older patient for rehabilitation Dr Alison Cowley, Associate Chief AHP Research & Innovation, Clinical Support R&I Divisional Lead Research Physiotherapist (PrAISED) Practice Development Lead (Research & Innovation), Honorary (Clinical) Assistant Professor, University of Nottingham 12.00 Exercise uptake using the COM-B model for older people: exercise concordance, and initiating exercise Dr Esther Clift, Consultant Practitioner in frailty, Southern Health NHS Foundation Trust and Chair BGS Nurse and AHP Council
11:30	12:30	Workshop: DGM clinical examination in 2022- come and speak to the examiners! Professor Michael Vassallo and Ms Jo Jennings	Get information about how the exam runs, get revision tips, have your questions answered in an informal supportive workshop
12:45	13:30	Reflections on older people's healthcare Dr Jennifer Burns, BGS President Studio 1	Join BGS President Jenny Burns, President-elect Adam Gordon, Chair of the NAHP Council Esther Clift and recent Co-Chair of the GeriGPs Group Maggie Keeble for a discussion of older people's healthcare, past, present and future, moderated by BGS Hon Secretary, Anne Hendry. The panel will reflect on questions posed by BGS members and explore the opportunities and challenges ahead for improving the quality of care older people receive. Join: <ul style="list-style-type: none"> • Dr Jennifer Burns, BGS President • Professor Adam Gordon, BGS President Elect • Dr Anne Hendry, BGS Honorary Secretary • Dr Esther Clift, BGS Nurse and AHP Council Chair • Dr Maggie Keeble, Demitting Chair GeriGPs
13:30	14:30	Lunch	Lunch break and Exhibition

Start	End	Session title	Details
14:00	16:00	NAHP Communities of Practice Future Leaders Meeting	A BGS online meeting on developing future Nurse and Allied Health professional leaders. These sessions will be of interest to anyone who is interested in change, making improvements or developing/honing your leadership skills. Each session is interactive with a presentation from experienced leaders in their field and an opportunity for discussion. Please bring your questions and personal experience to this group. This online meeting will be an interactive session where participants will be asked to contribute questions to the presenters. We are using Zoom for this event. You can register online here
14:30	15:30	Lightning round Selected abstracts will be presented live by the authors in 3 minute vignettes. Review the abstract poster in advance and join live to ask your questions about the research results and methodology Dr Divya Tiwari and Dr Alasdair Macrae Studio 1	971 Perioperative medicine prescribing in older adults ? Improving prescribing accuracy using Quality Improvement Methodology 1058 Establishing a Virtual Multidisciplinary Team Meeting for Care Home Residents in Newcastle-upon-Tyne 1074 Quality Improvement Project aimed to reduce the average number of patients developing constipation on Bournville Ward in QEHB 981 Fiona Stanley Fremantle Hospital Group's CHOICE project supports early discharges and minimises length of stay for frail patient 980 The Fiona Stanley Fremantle Hospital Group's CHOICE project enhances the person centred experience for frail elderly patients 1046 Standardising the approach to postural hypotension: A Quality Improvement Project 1064 Think Stool Chart 950 Use of a "covid bundle" to improve patient care during Wave 2 in a busy DGH 964 Mouthcare Matters: QI project to improve oral health in elderly hospital inpatients 1052 Clinical Medication Reviews and Optimisation for Inpatients Identified as Frail on the Elderly Care Wards at East Lancashire
14:30	15:30	Rehabilitation #3 Developing a rehabilitation ethos Dr Pandora Wright Studio 2	14.30 Mobility Assessment Tools Dr Julie Whitney, Consultant Practitioner in Gerontology, Kings College Hospital 15.00 Encouraging and enabling older people to remain active Róisín Fallen-Bailey, Physiotherapist & HEE/NIHR Pre-Doctoral clinical academic fellow, Newcastle Upon Tyne Hospitals
14:30	16:45	Trainees and Trainers session Stroke Training Dr Sue Pound and Dr Becky Winter Studio 3	14:30 Introduction and welcome 14.35 Curriculum update-rationale, new training programme, and rationale including impact on enhancing stroke workforce Anthony Pereira, Consultant neurologist and stroke physician at St George's Hospital 15:15 Life as a stroke SpR Dr Weiran Liu, Stroke SpR at Addenbrookes, currently doing his sub-specialty year 15:45 Transition to stroke consultant and how to get the best out of your stroke training Dr Jatinder Minhas, Consultant Stroke Physician and Associate Professor at Leicester 16:15 Q&A and Discussion
15:30	15:45	Free time	Grab a coffee, do a quick walk or join the wellbeing room for a stretch session
15:45	16:45	Workshop: Quality Improvement Zoom	This workshop is designed to support attendees to develop their understanding of the processes involved in quality improvement and seek one to one advice on furthering a project they are working on. You will need to have an existing piece of QI work to bring with you and discuss to participate in the workshop. We aim to discuss the nature and purpose of quality improvement, the stages of QI methodology, and the steps for ensuring effective QI supervision. We encourage all grades who wish to improve their QI skills to attend.
15:45	16:45	Biology of Ageing Professor Michael Vassallo Studio 2	15.45 The Ageing Skin Dr. Lawrence Scerri, Consultant Dermatologist, Mater Dei Hospital, Senior Lecturer, University of Malta 16.15 Urinary Incontinence and ageing Professor Adrian Wagg, Chair in Healthy Ageing, University of Alberta
15:45	16:45	Workshop: Mentorship in Research for Training roles and future researchers Dr Oly Todd and Dr Rose Penfold Studio 1	Jessica Millward, Associate Principal Investigator Scheme Coordinator, NIHR Clinical Research Network Cancer Dr. Abigail Barkham, Consultant Nurse for Frailty/UCR Mid Hampshire Visiting Fellow Bournemouth University
16:45	17:00	Closing words from BGS President Studio 1	Join Dr Jennifer Burns, BGS President, closing the 2022 Spring Meeting, reflecting on the past 3 days of speakers, presentations and abstracts.