

# Improving Continence Care in Older People

11th September 2020  
Virtual Meeting

**Bladder and bowel problems are common but neglected areas of Geriatric medicine practice. This virtual meeting will focus on providing comprehensive, up to date information and practical tips from leading experts in the field. It is intended for clinicians and healthcare professionals working with older people in acute and community settings.**

## Joining a virtual meeting

Participants can expect the same high-quality educational content as in a face-to-face meeting, and there will be opportunities for virtual delegates to network before, during and after each meeting. Participants joining live will be able to engage with presenters and sponsors through interactive activities during the session, as well as through 1 to 1 and group calls and chats. Recordings of the presentations will be accessible post-event.

Participants will attend via Swapcard who provides simple access via web browser, tablet or phone. A browser other than Internet Explorer (IE) needs to be used.

## CPD accreditation

BGS has applied for **5 CPD accreditation with the RCP**. Participants watching the live event must sign in with their full name when joining. If participants join viewing as a group they must contact us by email with their full name, email address and place of work to [registrations@bgs.org.uk](mailto:registrations@bgs.org.uk). Participant must register before the live event start to claim CPD credits. **We cannot send CPD certificate to participants who haven't registered in advance.**

Participants accessing the archived version of the live event may record this in their CPD diary using the approval code provided for the live event for up to 12 months after the event date.

## Who should register

The meeting will be of benefit to all healthcare professionals involved in falls and mobility medicine, geriatric medicine and healthcare of older people:

- Consultants and professors in geriatric medicine
- Specialty Doctors
- Specialist Registrars (StRs) in geriatric medicine and related specialties
- Nurse consultants, nurse specialists and advanced nurse practitioners
- GPs and GP trainees
- Physiotherapists, occupational therapists and allied health professionals
- Researchers into ageing and age-related conditions
- Core medical trainees and foundation year doctors
- Medical students

## Meeting aims

- Further attendee's overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendee's skills in the treatment and care of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

# PROGRAMME

09.00 **Abstracts - On demand throughout the event**  
Browse through the selected posters

09.00 **Exhibition opens**  
*Exhibition area*  
Explore the exhibition zone and schedule a discussion with our sponsors

09.30 **Opening presentation**  
Join the Bowel and Bladder SIG chair Dr Vikky Morris in this interactive opening session. Learn from the conference moderator how to make the most out of the event including options to socialise with other attendees and meet our exhibitors.

## Plenary session #1 with live Q&As

Moderator: Dr Vikky Morris

10.00 **Sociocultural aspects of sexual health and ageing**  
Dr Jenny Dalrymple, Specialist sexual health nurse and clinical academic research fellow, Sandyford Sexual Health Service, Glasgow City Health and Social Care Partnership

10.00 **10.20 Sexual health in older people**  
11.00 Dr Olwen Williams, Consultant in sexual health and HIV, Glan Clwyd Hospital, BCUHB

10.40 **Discussion: What were you afraid to ask about sex and seniors?**  
Dr Harriet Wallace, Consultant GU Medicine, Leeds Sexual Health and Leeds Teaching Hospitals Trust and Dr Sathish Thomas William, Consultant HIV/GUM, The Starling Clinic, Musgrove Park Hospital

11.00 **Free time**  
Grab a coffee, do a quick walk or socialise with other participants

## Plenary session #2 with live Q&As

Moderator: Dr Vikky Morris

11.15 **11.15 Nocturia**  
Dr Susy Orme, Consultant in elderly medicine, Barnsley Hospital

11.15 **11.45 Management of bladder and sexual dysfunction in patients with neurological diseases**  
Dr Jalesh Panicker, Consultant neurologist and reader in clinical neurology and uro-neurology, The National Hospital for Neurology and Neurosurgery and UCL Queen Square Institute of Neurology

12.15 **Socialise with colleagues and participants**  
Take the opportunity to socialise with other participants 1-to-1 or join a group discussion

**Grab one of the few spaces for the live group discussion!** These highly interactive sessions are a unique opportunity to socialise with colleagues, meet new people and learn from each other during this virtual conference. Hosted on Zoom to allow you to use your camera and microphone, you will join a group of up to 10 people for an informal chat. Space is limited and booking is essential via the event on SwapCard.

12.15 **Exhibition area**  
*Exhibition area*  
Explore the exhibitors zone and schedule a discussion with our sponsors.

# PROGRAMME

## Plenary session #3 Advanced Session Spinal injuries (major trauma)

Moderator: Dr Michael Horner

12.45 - 13.15 **Neurogenic bowel - spinal cord injury "The nature of the beast"!**  
Mr Siddeshwar Patil, Consultant in spinal injuries, and Ms Joanne Rodley, Ward sister, Yorkshire Regional Spinal Injuries Centre, Pinderfields Hospital

13.15 **Free time**  
Grab a coffee, do a quick walk or socialise with other participants.

	<b>Workshop faecal incontinence</b> Moderator: Dr Michael Horner	<b>Workshop prolapse</b> Moderator: Dr Vikky Morris
13.30 - 14.30	<b>Investigations and management of faecal incontinence in frail older patients</b> Dr Michelle Thornton, Consultant, NHS Lanarkshire	<b>What to do and how to assess in prolapses</b> Dr Fiona Marsh, Consultant uro-gynaecologist, Leeds Teaching Hospitals NHS Trust

14.30 **Socialise with colleagues and participants**  
Take the opportunity to socialise with other participants 1-to-1 or join a group discussion

14.30 **Exhibition area**  
*Exhibition area*  
Explore the exhibitors zone and schedule a discussion with our sponsors.

## Plenary session #4: Dealing with incontinence in difficult behaviour settings

Moderator: Dr Michael Horner

14.45 - 15.45 **14.45 Continence challenges in older people with dementia and delirium**  
Paul Brown, Consultant psychiatrist, Old Age Psychiatry, NHS Greater Glasgow and Clyde

**15.05 Bladder symptoms in Parkinson's - finding a way through the maze**  
Matthew Smith, Trainee Neurologist, PhD in Uro-Neurology

**15.25 Discussion**

15.45 **Closing remarks**  
Join the Bowel and Bladder SIG chair Dr Vikky Morris in this interactive closing session to reflect on the days learning.