

<b>Programme</b>		
9.30 – 09.55	Dudley	<b>Focus on Frailty</b> Dr Shams Duja, Consultant Physician & Geriatrician, The Dudley Group NHS Foundation Trust
09.55– 10.20	SATH	<b>Developing frailty services in Shropshire and Telford</b> Dr Suzy Thompson and Dr Ojaswini Pathak, Consultant Geriatrician, Shrewsbury and Telford Hospital NHS Trust <b>A role for Adults with Learning Difficulties</b> Dr Owen David, Consultant Physician and Governance Clinical Director USCG, Shrewsbury and Telford Hospitals
10.20 – 10.45	Stoke	<b>Transforming older peoples' services</b> Dr Amit Arora, Consultant Geriatrician and Associate Medical Director, University Hospital of North Midlands
10.45 – 11.10	SWBH	<b>Surgical Liaison at SWBH - the origins, the present and the future</b> Dr Huma Naqvi, Consultant Geriatrician, Sandwell and West Birmingham NHS Trust
11.10 Coffee Break		
11.40 – 12.05	Wolverhampton	<b>Community Geriatrics</b> Dr Stuart Hutchinson, Consultant Geriatrician, New Cross
12.05 – 12.30	Warwick	<b>Frailty services at Warwick Hospital</b> Dr Eliza Griffiths, Consultant geriatrician, Warwick Hospital
12.30 – 12.55	Rugby (community)	<b>Creating a Silver Service. The Westside Story</b> Susan Wyatt, Advanced Nurse Practitioner For Older People, Westside Medical Centre, Rugby
12.55 – 1.20	QE	<b>Research update</b> ACFs and Dr Thomas Jackson, Consultant Geriatrician, University of Birmingham
1.20 Lunch		
2.10 – 2.35	Worcester	<b>Why or wych in Worcestershire</b> Dr Ruma Dutta, Consultant Geriatrician, Worcestershire Royal
2.35 – 3.00	Heartlands	<b>Orthogeriatrics/FAEC</b> Angeline Simons, Consultant, Heart of England NHS Foundation Trust and Hardi Hassan
3.00 – 3.25	Solihull	<b>Community services /OPAL</b> Dr Teresa Quigley, Consultant Geriatrician, Solihull Hospital
3.25 – 4.15	Deanery	<b>Educational Supervisor training</b> Dr Rob Wears, Consultant Geriatrician, University Hospitals of Birmingham NHS Foundation Trust

CPD Accreditation: This meeting has applied for 6 CPD credits



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### Speaker biographies

#### Dr Shams Duja

I am Consultant Physician and Geriatrician at Dudley Group of Hospitals. My special interest is Movement Disorders. I am Parkinson's Excellence Network Lead for the West Midlands. As Care of the Elderly Department Lead at Dudley Group of Hospitals, I have been leading the Frailty in West Midlands Frailty Collaborative Group at different platforms. I am working closely with NHSE and NHSI to improve Frailty services in the region. Currently I am representing our trust in the development of MCP.

#### *Focus on Frailty*

Hospitals all over the UK are struggling at the front door and majority of patients attending ED are frail elderly patients. There is focus on recognising Frailty and providing Comprehensive Geriatrics Assessments to these patients to improve their quality of care and quality of life. We opened Frailty Assessment Unit in ED and are achieving 75%+ discharges same day with all patients having CGA.

#### Dr Owen David

I was attracted to England's most beautiful shire four years ago to find spectacular scenery, good grammar schools and a plethora of outdoor activities. More than that, the welcome at Shrewsbury and Telford Hospitals was akin to joining a broad family, supportive and offering opportunities. One of those was the chance to take on the informal role of being the trusts Adult Lead for Adults with Learning Difficulties. As a Geriatrician our skill set allow us easily to take on such additional roles if it feels right and above all interesting. Having met and helped the Adults from Unit 18 I can also say it was fun. So although I have a more serious role as Governance Lead for unscheduled care (medicine, ED and Acute) and act as Treasurer and Trustee for the British Geriatrics Society, it's this role that I'm most proud of.

#### Dr Suzanne Thompson

Consultant at Shrewsbury and Telford Hospitals since 2003. Trained at UCL Medical School. Post graduate training North and East London 1993-1999. West Midlands Region 2000- 2003. Honorary Clinical Lecturer Keele University School of Medical 2014 to date. Specialist interest in movement disorders.

#### Dr Amit Arora

Dr Amit Arora has been a consultant geriatrician in the North Midlands since 2004. He is interested in all aspects of ageing including quality, policy and transformation. He has served in many national workstreams and is an active member of many advisory bodies related to healthcare and has contributed internationally. He has over 100 publications including invited book chapters, editorials, reviews and college reports. He is also the founding director of the Midlands Frailty Academy which provides frailty training to all grades of health and social care workers.



In 2016, he developed the National Deconditioning Awareness and Prevention Campaign: Sit Up Get Dressed Keep Moving; the concept of which is now being adopted by many hospitals in UK and abroad and is highlighting the importance of activity in hospitalized older people.

*Transforming Older Peoples' Services*

This session will discuss some of the elements of 'what good looks like' in older people services. There will be real examples of how services have been/are being transformed in North Midlands, including some of the challenges and solutions.

**Dr Huma Naqvi**

Dr Huma Naqvi is a Consultant Geriatrician at Sandwell and West Birmingham NHS Trust with interests in Orthogeriatrics, surgical liaison, looking after older people well. Education lead role - Foundation Year 1 Program Director.

*Surgical Liaison at SWBH - the origins, the present and the future*

Abstract A summary of my humble beginnings at SWBH as an orthogeriatrician, stepping on toes and then delving into surgery and perioperative medicine

**Dr Eliza Griffiths**

I am a consultant geriatrician at Warwick hospital with an interest in frailty and Parkinson's disease. I have been in post 18 months having completed the west midlands geriatric training programme.

*Frailty services at Warwick Hospital*

An update on the frailty services at Warwick hospital our development over the past 12 months and our plans for the next 12 months.

**Dr Stuart Hutchinson**

20 years as a consultant, 3rd consultant post. Currently LTFT in community geriatrics/acute community medicine.

*Community geriatrics*

The features of a service that have allowed it to thrive. Politics and challenges

**Susan Wyatt**

Sue Wyatt is an Advanced Nurse Practitioner for the over 65s in a large General Practice.

This is a fairly unique role that encompasses all perspectives of ageing and managing the needs of older people in Primary care. Her day can include Comprehensive Geriatric Assessment, frailty, urgent appointments, advance care planning, medication reviews, palliative care and anything else that comes under the remit of Over 65's.

Sue has a Master's degree in Clinical Practice and further learning in complexity in older peoples care. Coupled with years of experience in secondary care she provides leadership in delivering and shaping a customised service.

*Creating a Silver Service, the Westside story.*

Meeting the requirements of the older person in primary care requires a tailored approach. Providing an ANP for the over 65's and creating a new service at Westside Medical Centre is transforming health and well-being and addressing complex needs for this population.

**Ruma Dutta**

Geriatrician with specialty interests in Falls, Dementia, Frailty in Worcestershire

*Why or why in Worcestershire*



- Worcestershire geography and demographics
- Worcestershire-wide programmes for Frailty
- This includes Hospital programmes approach
- Also Primary Care Programme approach

**Dr Thomas Jackson**

Dr Jackson currently works as a clinical academic geriatrician in the Institute of Inflammation and Ageing at the University of Birmingham.

His research interests include the immune-inflammatory basis of delirium, and how this impacts on the development of longer term cognitive outcomes, as well as work understanding how our ageing immune system may drive frailty and sarcopenia. His PhD was on pragmatic methods to identify dementia in older people with delirium and the affects of clinical subtypes and inflammatory profiles of delirium on outcomes. He is lead for Geriatric Medicine teaching across disciplines at the Medical and Dental School.

Clinically he works as a consultant orthogeriatrician at the Queen Elizabeth Hospital, Birmingham. He also regularly contributes to the unselected general medicine admissions take. He tweets using @delirious\_dr and is a believer in the potential for social media to increase research impacts. He sits on the board of the European Delirium Association and was recently awarded the British Geriatrics Society Rising Star award.

**Dr Robert Wears**

Trained in Manchester and graduated in 1986 before moving to the West Midlands. Consultant Geriatrician at Solihull Hospital since 1994. Currently BGS VP (training and education), chair SAC (geriatric medicine), director of quality for WM school of medicine and TPD geriatric medicine (West Midlands). Clinical interests include dementia, Parkinson's disease and nutrition. Non-clinical interests include puppy walking for the Guide Dogs for the Blind Association.

