

0900	Registration and Coffee
0925	Welcome and introductions
09.30-10.15	'Ageing well with good oral health' <b>Mili Doshi MBE, Surrey &amp; Sussex Healthcare NHS trust</b>
10.15-11.00	"How geriatric medicine influences the NHS" <b>Professor David Oliver, Royal Berkshire NHS Foundation Trust</b>
11.00-11.15	<b>Coffee and poster viewing/ adjudication</b>
11.15-12.15	<b>Platform presentations</b> <ul style="list-style-type: none"> <li>• Frailty across boundaries: using discharge summaries to improve collaboration, Dr. Eva Kalmus and Dr. Chooi Lee</li> <li>• Virtual Reality videos used in undergraduate medical teaching: Results of a pilot study; Arican I., Holden F., Bell C.</li> <li>• Improved access to Consultant Geriatrician input; A frailty scoping project in a community Hospital in Sussex, Dr Francesca Hall, Dr Laura Ferrigan</li> <li>• Reducing readmissions from the Amputee Rehabilitation Unit (ARU), Lambeth to A&amp;E and beyond, Girish Murali, Joana Magalhaes, Hongguang Zhu, Jeevakan Subramaniam, Jodie Spyrou, Samantha de Silva, Clare Thomson</li> <li>• Drug-related Hospital Admissions (Preliminary Results), Morrissey YCM , Beeson C, Jenkinson MLJ</li> </ul>
12.15-12.45	<b>Me and my medicines</b> <b>Graham Prestwich, Public and Patient Engagement Lead</b> <b>Yorkshire &amp; Humber ASHN</b>
12.45-13.45	LUNCH and poster viewing
13.45-14.15	<b>PA ambassadors update</b> <b>BGS Meetings team/ CEO update- Sarah Mistry CEO BGS</b>
14.15-15.00	Regional BGS Business meeting and prize-giving
15.00-15.15	Tea
15.15-16.00	An update on the WHO healthy ageing strategy (with some detail on the assessments and interventions on intrinsic capacity) <b>Professor Finbarr Martin, Emeritus Geriatrician, GSTT and KCL</b>
16.00-16.15	Closing remarks
16.15	Meeting Close

CPD Accreditation: This meeting has applied for 5 CPD credits



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### **Speakers biographies**

Dr Mili Doshi

Mili Doshi is a Consultant in Special Care Dentistry at East Surrey Hospital and the Royal Hospital for Neurodisability in Putney. Mili has always been very committed to improving oral health services for adults with special care needs and integrating oral health into general health. Mili is the current president for the British Society of Gerodontology. Mili is the clinical lead for the Health Education England initiative working to improve oral health for adults in hospitals called 'Mouth Care Matters'. After developing the programme at East Surrey Hospital this initiative has been rolled out in over 100 trusts in England.

Prof David Oliver

Professor David Oliver was appointed to the Trust as an Elderly Care Consultant in 2009. He had previously been a Consultant and Clinical Director at South London NHS Trust from 1998 to 2004. David is a Kings Fund Fellow (integrated Care) and was President of the British Geriatrics Society until the end of 2016

Graham Prestwich

Since 2002, Graham has been active in supporting and encouraging authentic, and meaningful involvement of people in the design, improvement and delivery of their health and care services. Following on from a degree in Pharmacology in 1975 and three years of research into the mechanism of action of tamoxifen in the treatment of breast cancer, Graham followed a sales and marketing career in the medicines industry. For the three years up to 2007, he was the project manager for an international collaboration - developing, implementing and evaluating novel chronic disease management strategies in



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healthcare systems in London, Finland and Italy. Graham retired in 2007 and established his own company delivering bespoke engineering services and at the same time, expanded his interest in healthcare. This led to a part-time role working at the NHS Information Centre (now NHS Digital) as the Interim Quality Programme Manager for three years.

Graham was appointed as the lay member of the Board of Leeds North CCG in 2013 and continued in this role until March 2018. During this time and amongst other CCG roles, he established and was chair of the Patient Assurance Group. He also developed and chaired the Patient Reference Group for the West Yorkshire and Harrogate STP, before it became an Integrated Care System. Graham expanded his involvement in a variety of organisations and groups all with the intent of improving and growing 'real' involvement in care. This included becoming a member of the Elective Care and Standardisation of Commissioning Policies Programme Board, lay member of NHS England's Independent Investigations Governance Committee, lay contributor to a number of research projects and lay member of the Leeds Area Prescribing Committee (APC). It was as the lay member of the APC that Graham developed and promoted an entirely patient led approach to help people use their medicines more effectively and safely, this became 'Me and My Medicines'. Graham joined the Yorkshire and Humber Academic Health Science Network (AHSN) as the part time lead for patient and public involvement in June 2018. In this role, he brings a lay perspective and approach to a strategy that is encouraging the inclusion of the patient voice and experience at key stages in each service improvement and delivery project. Graham has maintained strong links across a wide variety of groups and communities to help bring a range of experiences to the conversations. Those links include Healthwatch Leeds, the North Regional Medicines Optimisation Committee and the National Medicines Optimisation programme Board for the AHSN. Graham's goal is for people to have the right support, coaching and involvement in their care so that they can contribute to achieving better health and wellbeing outcomes. He firmly believes this can only be achieved by having a health and care service that understands, and efficiently meets both the diverse and often challenging needs of individuals and the population.

Prof Finbarr C Martin

Emeritus Consultant Geriatrician at Guy's and St Thomas' NHS Trust in London and Professor of Medical Gerontology at King's College London, UK Finbarr Martin trained in general and geriatric medicine in London, and has a postgraduate research degree in muscle wasting. As a geriatrician at Guy's & St Thomas' for 32 years, he worked in and helped develop a broad range of acute and community clinical services for older people. He led the national audit programme in falls and fragility fractures until 2018. He continues to contribute to NHS service improvement work. His research publications (>140 peer-reviewed with current H Index of 39) concern the geriatric syndromes and the application of CGA in medical and surgical areas and care homes. He was a non-executive director of NICE 2013-2016, president of the British Geriatrics Society 2010-12, a member of the WHO Clinical Consortium on Healthy Ageing (2016- ) and is currently president of the European Geriatric Medicine Society 2018-19.

