

**Northern Ireland BGS Autumn Meeting**  
Riddel Hall, Stranmillis, Belfast  
Wednesday 09<sup>th</sup> Oct 2019

- 12.30-13.30** Lunch and registration
- 13.30-14.00** Dr. Richard Plumb, Clinical Senior Lecturer (Education)/  
Consultant Physician, BHSCT.  
*"Updated AGS Beers Criteria 2019 - how should this impact regional  
prescribing in older adults?"*
- 14.00-14.30** Niamh McGarry, Lead Care of the Elderly Pharmacist, BHSCT  
*"Drug interactions that might matter."*
- 14.30-15.00** Coffee
- 15.00-15.30** Dr. Conn Haughey, Macmillan Consultant in Palliative  
Medicine, WHSCT  
*"End of life care"*
- 15.30-16.00** Dr. Michael Goggin COE STR and Dr. Gary Benson Director NI Haemophilia  
Comprehensive Care Centre  
  
*"Acquired bleeding"*
- 16.00-16.30** NIBGS Business meeting  
CPD Code 128318 2 hours

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**Speaker Biographies**

**Dr Conn Haughey**

Dr Conn Haughey is a Consultant in Palliative Medicine in Altnagelvin Hospital and the North West Cancer Centre. He is a Fellow of the Royal College of Physicians of Edinburgh and was appointed as Clinical Lead in Palliative Medicine for the Western Trust in 2018. Alongside his specialty training, Dr Haughey completed a Masters with Distinction in the Ethics of Cancer and Palliative Care. He is a regular speaker at undergraduate and postgraduate teaching events, has a number of publications on ethics and symptom management and has contributed chapters to the latest UK Palliative Adult Network Guidelines and the Oxford Handbook of Palliative Care.

**Niamh McGarry, Lead Care of the Elderly Pharmacist, BHSCT.**

Niamh Mc Garry is a clinical pharmacist with a range of clinical, teaching, research and leadership backgrounds. She is currently based in BHSCT and has been specialising in Care of the Elderly for the last 4 years.

Abstract: Drug Interactions that might matter

Elderly are more prone to drug interactions. The number of listed drug interactions can be overwhelming. Looking up a drug interaction in the BNF could make you dizzy!

In this short session, I would like to suggest a few pointers for knowing when to pay attention to drug interactions and highlight a few that may be significant and worth looking out for.

**Dr Rick Plumb**

Clinical Academic (Clinical Senior Lecturer) in Education at QUB, I am a QUB graduate, in my post graduate training I specialised in Clinical Pharmacology and Therapeutics (CPT) and General internal medicine. For the last 12 years I have been lead academic for CPT education across the 5 years of undergraduate medicine and I have recently taken up the role of lead for Clinical Science and Practice in the new C25 QUB curriculum. I am chair of the Prescribing Safety Assessment Standard Setting Group run by the Medical Schools Council and the British Pharmacological Society, it is the first National online assessment sat by all UK medical school graduates – approximately 7,500 candidates sit this per year.

Abstract:

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Title: Updated AGS Beers Criteria 2019 - how should this impact regional prescribing in older adults?

The American Geriatrics Society reviewed and updated the AGS Beers criteria for potentially inappropriate medication use in older adults and published their expert panel findings in the Journal of the American Geriatrics Society (JAGS) in April 2019. This talk aims to summarise their current findings and reflect on how this may or may not influence regional prescribing in older adults here in Northern Ireland.

**Dr Gary Benson MB BCh BAO FRCP FRCPATH**

Clinical Director Blood Sciences

Northern Ireland Haemophilia Comprehensive Care Centre

Gary Benson graduated from Queen's University Belfast in 1999. His postgraduate training took him to the Altnagelvin, Causeway and Belvoir Park Hospitals before taking up specialty training in haematology in 2003 at the Belfast City Hospital. Dr Benson spent a year with Professor Christopher Ludlam at the East of Scotland Haemophilia, Edinburgh, before taking up post as the Director of the Northern Ireland Haemophilia Comprehensive Care Centre, where subspecialist clinics were established to include haemophilia carriers as well as high risk obstetrics for all women with bleeding disorders.

**Dr Michael Goggin MB BCh BAO BSc (Neuroscience) MRCP SCE (Geriatrics)**

ST6 Care of the Elderly, Ulster Hospital Dundonald

Michael Goggin graduated from Queen's University Belfast in 2006. His post graduate training included Foundation and Core Medical Training before he took a Specialty doctor position initially in Neurorehabilitation in Musgrave Park Hospital for 18 months. He then went on to take a Specialty doctor position in Stroke Medicine in Craigavon Area Hospital for 2 and a half years following which he went back into training in Care of the Elderly and General Internal Medicine and is currently ST6 in the Ulster Hospital. He is currently the junior doctor trainee representative on the board at the School of Medicine in NIMDTA.

**Abstract:** the presentation and investigation of a patient with bruising can often be a challenge particularly with comorbidities and polypharmacy. We present that case of an 85 year old presenting on a direct oral anticoagulant with extensive soft tissue bruising to the neck and upper limbs. The investigations and results are discussed and the need for second line investigations even in the presence of an oral anticoagulant are highlighted. The ultimate diagnosis of acquired haemophilia A was made and an overview of its treatment is shared.