



**British Geriatrics Society**  
Improving healthcare  
for older people

# BGS Eastern Region Spring Meeting

14th February 2019

Benjamin Gooch Lecture Theatre, East Block Level 1

Norfolk & Norwich University NHS Foundation Trust

## Programme

09:30- 10:00 - Registration & Coffee

10:00 – 10:45 – “Nutrition in the Elderly” – Dr Dana Ismail, Consultant Gastroenterologist

10:45-11:15 - Coffee

11:15 – 12:00 – “Older People’s Emergency Department: The 1st 6 months” – Dr Sarah Bailey, Consultant OPM

12:00 – 12:45 - “ITU for the Older Person” – Dr Akesh Dhrampal, Consultant in Intensive Care

12:45 – 13:30 – Lunch (+ committee meeting)

13:30 - 14:15 – “Arrhythmias in the Elderly” – Dr Ian Williams, Consultant Cardiologist

14:15 – 14:30 - Coffee

14:30 – 15:15 – “Vitamin D” - Professor William Fraser, Professor of Medicine

15:15– Close of meeting

CPD Accreditation: This meeting has applied for 4 CPD credits

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from: Daiichi Sankyo, Kyowa Kirin and Vifor Pharma



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## Venue Information

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## Biographies

Dr Sarah Bailey – **Consultant in Older People’s Medicine, Frailty Lead, Norfolk & Norwich University NHS Foundation Trust**

Qualified from UCL medical school in 1995. I was a trainee in the Eastern Deanery registrar at Kings Lynn, Norwich and Bury St Edmunds hospital. During this time I completed a postgraduate diploma in palliative medicine in 2002. I was appointed into my substantive consultant post at the Norfolk and Norwich in 2006. I became Frailty Lead at the Norfolk and Norwich in 2016. My interests are acute geriatrics particularly the front door and also symptom control in long term conditions. I also have a keen interest in governance issues and am the **Clinical governance lead for older people’s medicine at the Norfolk and Norwich.**

Dr Ian Williams – Consultant Cardiologist, Norfolk & Norwich University NHS Foundation Trust

Dr Williams trained in cardiology, specialising in arrhythmia management and pacing devices, at King’s College Hospital. He was appointed as a consultant at the Norfolk and Norwich Hospital in 2005. He leads the Cardiac Rhythm Management Service. He has specific interests in complex pacing techniques, inherited arrhythmic syndromes, and the management of syncope.





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Dr Dana Ismail

Dr Dana Ismail completed his undergraduate training at the University of Sulaimani in Iraq. He undertook postgraduate training in both London and the Eastern region. Dr Ismail is currently working as a consultant gastroenterologist and the Norfolk & Norwich University NHS Foundation Trust. He has a specialist interest in intestinal failure and transplant, working closely with colleagues at both the Institute of Food Research at Norwich and Cambridge Research Group.



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