

10.00			Trainees Meeting
Time TBA	Presidents Meeting – Stroke Research		10am-11.15 Frailty and front door geriatrics. Dr S Lewis 1115-1145. Coffee 1145-12-45 Continuous artificial nutrition and hydration Dr K Davis 12.45-1.30pm Journal Club
1.30	<i>Lunch</i>		
2.30	BGS Business Meeting		2.30-3.10 Update for trainees Dr J Butler 3.10-4pm SCE questions (or attend business meeting)
4.45	Coffee / Drinks		
5.15	<i>Special Interest Groups</i>		
	Parkinsons	Falls & Bone Health	Stroke
	Technology in Older People's Care Dr Lauren Evans.	The Falls Prevention Fuel Tank Mr Oli Williams Physiotherapist & Falls Program Manager Cardiff & Vale	Welsh Asscoaiton of Stroke Physicians Meeting (WASP)
	Drooling in Parkinson's – a benign condition? Benjamin Gibbons		
	Leveraging Cognitive Frailty to improve gait in PD. Dr Emily Henderson	National Audit of Inpatient Falls ... where next? Dr Antony Johansen & Mrs Denise Shanhan	Advances in Neuroradiology Dr Anand Sastry Consultant Interventional Neuroradiologist
6.30	Drinks Reception - Muscial Accompaniment by Harmoni Cymru		
7.30	Dinner		

Harmoni Cymru CIC are a group of musicians who take weekly interactive music sessions to wards within the Cardiff and Vale Health Board, particularly specialising in work with older people. They are a flexible ensemble consisting of flute, clarinet, violin, guitar and harp and provide a varied repertoire to engage and support patients, staff and visitors on wards.

9.00	Registration & Set Up of Posters	
9.25	Welcome	Chair Dr Jonathan Hewitt President of the Welsh BGS
9.35	M&M Audits Drive Real Improvements in Outcomes: Perspectives from Trauma Care	Mr David O'Reilly MD FRCS Consultant HPB & General Surgeon Cardiff & Vale & Royal Air Force
10.10	Platform Presentations (1)	<i>6 Minutes + 2 Minutes Qs</i>
	The Complexity & Outcomes of Acute Hospital Admissions for Frail Older People	Miss Abigail Dawson Medical Student
	A preliminary study of the clinical outcomes of acutely unwell patients with dementia	Daniel Duric
	Identifying Potentially Inappropriate Prescribing in Frail Older Hospital Patients, aged 65 and Over, Using the STOPP/START Criteria	Miss Rahana Khanam Medical Student
	<i>10.35 Coffee Break &amp; Poster Viewing</i>	
11.00		<i>Chair</i> Susan White
11.05	Wales National Delirium Audit	Dr Andy Haden Audit Lead & Consultant Geriatrician
11:30	RCP Falls and Fragility Fracture Audit Program	Dr Antony Johansen, NICE / NHFD Lead
12.05	<i>Debate &amp; Discussion of Delirium Management in Wales</i>	
	<i>12.20 Lunch &amp; Poster Judging</i>	
	Afternoon Session	<i>Chair</i> Dr Biju Mohammed
13.45	Training Update (Ger)	Dr Butler & Dr Rhian Morse Training Program Director & STC Chair
14.15	Training Update (GIM)	Dr Inder Singh, CMT Training Lead

14.25 Platform Presentations (2)	<i>6 Minutes + 2 Minutes Qs</i>
Quality Improvement Project to Standardise The Immediate Assessment of Inpatients Who Fall Within The Royal Gwent Hospital	Dr Richard Marsh (ST6)
Advance Care Planning-a proactive evidence based community MDT approach supporting older adults at risk of or living with frailty.	Rebecca Spicer-Thomas ACP Facilitator
A Quality Improvement project: Will introducing sleep packs and promoting sleep hygiene improve older patients' experience of sleep in hospital	Whittaker E & Puw E Medical Students
Are pressure ulcers an inevitable part of the dying process in patients receiving palliative care?	Dr Amy Ferris (Clinical Research Fellow)
15.00 Coffee Break	Judging
15.30 Working Together- Intermediate care and Welsh Ambulance service the Neath Port Talbot story	Dr Firdaus Adenwalla Consultant Intermediate Care Neath Port Talbot
16.15 Presentation of Prizes & Close of Meeting	Dr Jonathan Hewitt President of the Welsh BGS

*Including the award of the Woodhouse Prize in Geriatric Medicine to Ms Rahana Khanam*

## Venue Information

**Jury's Inn Cardiff**, 1 Park Pl, Cardiff CF10 3UD

[Click here to register online](#)

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:

A Menarini Farmaceutica, Bayer, Daiichi – Sankyo, Grunenthal, Internis  
Pharma, Kyowa Kirin, and Merck Sharp Dohme (MSD UK).

Who have supported this event by purchasing exhibition stand space

### Biographies

Dr Emily Henderson

Dr Emily Henderson is an Academic Consultant with an interest in Parkinson's disease and related disorders and Honorary Consultant Senior Lecturer at the University of Bristol. She was awarded a fellowship from Parkinson's-UK and The Association of British Neurologists to undertake a PhD in preventing falls in Parkinson's. The results of this phase II trial were published in Lancet Neurology in 2016. Her research interests lie in gait disorders and cognitive function, movement disorders and clinical trials in older people. She was recently awarded as PI, a NIHR HTA grant for £2.1 million to run a phase III trial of cholinesterase inhibitors for falls in Parkinson's disease across 26 UK centres. She is Lead for the South West Parkinson's Excellence Network and Lead for Ageing and Subspecialty Lead for Parkinson's disease in the West of England Clinical Research Network (CRN). Nationally, she is British Geriatric Society Movement Disorder Section (BGSMDS) Chair, sits on the National Parkinson's Disease Portfolio Development Group (PD-PDG) and is a Faculty member of the Parkinson's Academy.

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David O'Reilly MD FRCS

Wing Commander David O'Reilly is a consultant general and hepatobiliary surgeon based at the University Hospital of Wales. His clinical interests include advanced laparoscopic hepatic and endobiliary surgery and trauma, particularly trauma quality improvement. Appointed in Cardiff in 2015, he has led major service redesigns and extended the use of laparoscopic surgery in his subspecialty. David qualified in Cardiff before joining the RAF. Most of his surgical training was in London, particularly at the Royal London Hospital, and he did a post-CCT fellowship at the QEH, Birmingham. David gained an MD based on his work at Dstl Porton Down and the US Army Institute of Surgical Research, San Antonio TX. He has seen active service in Iraq and Afghanistan.

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Denise Shanahan MSc BSc(Hons) Dip HSW RN

Consultant Nurse Older Vulnerable Adults & Cardiff University Honorary Lecturer

Denise is a Registered Nurse (RN) and was appointed as Consultant Nurse for Older Vulnerable Adults in 2006 with a Health Board wide remit. Denise has worked with older people in a variety of settings including acute medicine, stroke care, continuing health care, slow stream rehabilitation, day hospital and more latterly community settings including care homes. Her current research focuses on RN's experiences of delivering end-of-life care for older vulnerable adults (with frailty).

Denise led the All Wales adult In-Patient Falls Indicator work and is a member of the Falls and Fragility Fracture Audit Programme Advisory Group. She is leading on the falls nursing e-

documentation work stream as part of the wider NHS Wales digitisation work. She is also acting as Chair of the Welsh Nursing and Midwifery Statutory Advisory Committee.

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Antony Johansen

Dr. Antony Johansen trained as a geriatrician in Cambridge, Oxford, Southampton and London before returning home to Cardiff, where for the past 20 years he has been a Consultant Orthogeriatrician at the University Hospital of Wales. His main clinical work is with frail and older trauma patients; leading orthogeriatric services across the whole of the trauma service. His research interests are wide – including the epidemiology of fracture and osteoporosis, fracture prevention, and multidisciplinary care for older people with fracture.

Nationally, he has championed Orthogeriatrics as a specialty – having contributed to **Wales' National Service Framework for Older People**, the **British Orthopaedic Association 'Blue Book' on Fragility Fracture**, and the NICE Guideline on Hip Fracture. Since 2013 he has been clinical lead orthogeriatrician for the National Hip Fracture Database (NHFD) based within the Royal College of Physicians in London.

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Mr Oli Williams.

Oliver Williams qualified as a Physiotherapist in 2008, working primarily in neurological rehabilitation and in the community setting as the Physiotherapy Team Lead in the Vale Community Resource Service. Since January he has been in the role of Falls Strategy Implementation Lead with Cardiff and Vale University Health Board, as part of the Patient Safety Team.

Oliver created the Falls Prevention Fuel Tank video for raising awareness of the risk factors for falls. He is currently working on an intergenerational falls awareness project with local primary schools, Cardiff University students and local older residents, for which he has been accepted as a Bevan Exemplar.

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Dr Firdaus Adenwalla

Dr Firdaus Adenwalla is a consultant geriatrician in Neath Port Talbot. His special interests are development of Day hospital services, Falls prevention and Community Geriatrics. In 2005 he along with colleagues set up the Acute clinical team in Neath Port Talbot which is now a well-established

service that forms part of the Community Resource team and provides comprehensive medical care in the community.

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Dr Anand Sastry

Dr Anand Sastry is a consultant Interventional Neuroradiologist in the University Hospital of Wales. He previously trained in University Hospital Birmingham.

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